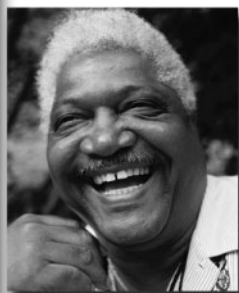


**2004-2005**

# **Guide to Services for Older Delawareans**



**DELAWARE HEALTH  
AND SOCIAL SERVICES**

**DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES**



Changes to the information in the 2004-2005 **Guide to Services for Older Delawareans Through August 2005:**

- p. **6** DSAAPD, Kent/Sussex Counties office phone number is now 302-424-7310.
- p. **10** GULL House, 302-226-2160
- p. **10** Medical Adult Day Care is now New Horizons Adult Day Care at 302-223-1430
- p. **12** Alzheimer's Association, 302-854-9788 (Kent and Sussex Co.)  
1-800-292-3900
- p. **33** Better Business Bureau of Delaware Inc. 302-230-0108
- p. **52** Add: Delaware Community Reinvestment Act Council (DCRAC) at 302-654-5024
- p. **63** Delete: Lifeline Add: American Red Cross Lifeline, 1-800-959-6989
- p. **63** Add: Response Link, 302-836-2979
- p. **65** ADDUS HealthCare, 302-995-9010
- p. **66** Heartland Hospice, 261 Chapman Road, Newark, DE 19702, 1-800-311-3184
- p. **68** Add: Vitas Hospice, 302-451-4000
- p. **111** Add: [www.pparx.org](http://www.pparx.org)
- p. **112** Add: Community Health Care Access Program, 1-800-996-9969
- p. **123** Medicare phone numbers should all be 1-800-633-4227. Quality Insights is correct.
- p. **128** Add: Progressions, Rockford Center, 100 Rockford Drive, Newark, DE 19713, 302-996-5480
- p. **143** AARP Delaware, 302-498-6501
- p. **144** American Heart Association, 1501 Casho Mill Road, Newark, DE 19711  
302-454-0613
- p. **145** Add: Cancer Care Connection, 302-266-9686 and 1-866-266-7008
- p. **148** Add: National Association of Retired Federal Employees (NARFE),  
302-227-2736
- p. **148** Add: Lives Worth Saving Hotline (if you need a transplant) 1-800-637-2316
- p. **160** Georgetown CHEER Center, 546 S. Bedford Street, Georgetown, DE 19947  
302-856-5187
- p. **163** AIDS Delaware, 302-226-5350, 1-800-422-0429
- p. **164** Arthritis Foundation, 1-800-283-7800
- p. **164** Add: Mental Health Association, 302-765-9740
- p. **169** Other Transportation Providers. Callers are advised that several of these companies may be out of business
- p. **169** Add: Safe Ride Medical Transportation, 1-888-658-4100
- p. **169** Accessible Van Rental Add: Wheelers, 1-800-456-1371
- p. **172** Foster Grandparent Program, Debnam Building, 1901 N. DuPont Hwy.  
New Castle, DE 19720, 302-255-9688
- p. **179** Add these websites:  
[www.health.org](http://www.health.org) National Clearinghouse for Alcohol and Drug Information  
[www.aoa.dhss.gov](http://www.aoa.dhss.gov) National Aging Information and Referral Support Center

Please contact Carol Barnett at **1-800-223-9074** or [Carol.Barnett@state.de.us](mailto:Carol.Barnett@state.de.us) with any changes for future printings of the 2004-2005 Guide to Services for Older Delawareans.





## How to choose a senior community. Start with choices.

*It's been over 20 years since Sunrise Senior Living started giving seniors more choices about the way they want to live.*

Today, Sunrise offers a variety of living arrangements, amenities and services, meal plans, social activities, transportation options, and personalized assistance and care. Our resident-centered approach to senior living puts seniors first, giving them options to meet their individual needs and wishes.

Visit or call a Sunrise Senior Living community, and choose the life that's right for you. In Delaware, we offer Independent Living, Assisted Living, Alzheimer's Care and Nursing and Rehabilitative Care.

*Please call us for a presentation and complimentary luncheon.*



<b>Newark</b>	<b>Millcroft</b>	255 Possum Park Road	<b>302-366-0160</b>	IL, AL, NC
<b>Wilmington</b>	<b>Forwood Manor</b>	1912 Marsh Road	<b>302-529-1600</b>	IL, AL, NC
<b>Wilmington</b>	<b>Foulk Manor North</b>	1212 Foulk Road	<b>302-478-4296</b>	IL, AL, NC
<b>Wilmington</b>	<b>Foulk Manor South</b>	407 Foulk Road	<b>302-655-6249</b>	AL, ALZ, NC
<b>Wilmington</b>	<b>Shipley Manor</b>	2723 Shipley Road	<b>302-479-0111</b>	IL, AL, NC
<b>Wilmington</b>	<b>Sunrise of Wilmington</b>	2215 Shipley Road	<b>302-475-9163</b>	AL, ALZ

IL=Independent Living AL=Assisted Living ALZ=Alzheimer's Care NC=Nursing & Rehabilitative Care

[www.sunriseseniorliving.com](http://www.sunriseseniorliving.com)



# Table of Contents

---

Adult Day Care .....	8
Adult Protective Services .....	11
Alzheimer's Disease .....	12
Assisted Living .....	13
Caregiving Resources .....	22
Case Management/Assessment of Needs .....	27
Companion Programs .....	30
Consumer Information .....	33
Crime Prevention and Victims Assistance .....	38
Education .....	41
Employment .....	45
Financial Information and Assistance .....	49
Food Programs .....	54
Homemaker/Home Health Care/Hospice .....	61
Housing .....	73
Information and Advocacy .....	90
Joining Generations/Family Circle Programs .....	98
Legal Services .....	102
Long Term Care Ombudsman Program .....	106
Medical/Health Care .....	108
Medicare and Medicaid/Health Insurance Counseling .....	122
Mental Health/Counseling .....	127
Mental Health/Counseling .....	130
Organizations (Senior Citizen) .....	142
Pre-Admission Screening Program .....	150
Respite Care .....	151
Senior Centers .....	155
Social Security and Supplemental Security Income (SSI) .....	161
Support Groups .....	163
Transportation .....	166
Volunteerism .....	172
Web Sites .....	179
Index .....	182
Index of Advertisers .....	194





# enhancing quality of life from a to z...

volunteers

product donations

contributions


sponsorships

community service

This is our commitment to our customers and our communities. We take pride in providing volunteers and support and in serving as good corporate citizens.

[www.astrazeneca-us.com](http://www.astrazeneca-us.com)

AstraZeneca is proud to support the Delaware Health and Social Services

**AstraZeneca**   
life inspiring ideas





## State of Delaware Office of the Governor

Dear Friends:

One measure of the quality of life we enjoy in Delaware is attributable to the scope and quality of services and programs listed in this user-friendly directory available at no cost from the Division of Services for Aging and Adults with Physical Disabilities.



On the pages that follow, you can see that no matter where you live in Delaware, there are many community-based services available to help you and your family. These services and the caring people who provide them are increasing to meet the present and emerging needs of our state's growing older population.

I am confident that Delaware's Division of Services for Aging and Adults with Physical Disabilities will continue to be a significant contributor to the quality of life for our state's older residents and a strong advocate on their behalf.

Sincerely,

A handwritten signature in cursive script that reads "Ruth Ann Minner".

Ruth Ann Minner  
Governor



# We're the neighbors our neighborhoods count on.

We're known for our friendly people and reliable service.

But our neighborhoods count on us for more.

They look to us to help support community programs  
and organizations in whatever way we can.

And we're happy to help.



*Connected to **your** Community*





**DELAWARE HEALTH  
AND SOCIAL SERVICES**

DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES

---

Dear Delaware Resident:

Delaware Health and Social Services' Division of Services for Aging and Adults with Physical Disabilities is committed to helping older Delawareans and persons with physical disabilities improve their quality of life and lead active and productive lives, with the greatest level of independence.



Our broad range of direct consumer services is described on the following pages. We also fund many additional community-based services through the Delaware social service agencies in this directory.

The Division's services are funded by the Older Americans Act, the Social Services Block Grant, the Medicaid Waivers for Elderly and Physically Disabled and Assisted Living, and appropriations by the State of Delaware.

Our experienced, professional staff is at your service. Please call us if we can help you.

Sincerely,

*Allan R. Zabach*

Director



*At your service . . .*

# **Delaware's Division of Services for Aging and Adults with Physical Disabilities**

## **DELAWARE HEALTH AND SOCIAL SERVICES DIVISION OF SERVICES FOR AGING AND ADULTS WITH PHYSICAL DISABILITIES**

*At your service throughout Delaware*

### **Client Services**

#### **New Castle County**

University Plaza  
Oxford Building, Suite 200  
256 Chapman Road  
Newark, Delaware 19702  
(302) 453-3820  
(800) 223-9074  
Fax (302) 453-3836  
TTY (302) 453-3837

#### **Kent/Sussex Counties**

Milford State Service Center  
18 North Walnut Street  
Milford, Delaware 19963  
(302) 422-1386  
(800) 223-9074  
Fax (302) 422-1346  
TTY (302) 422-1415

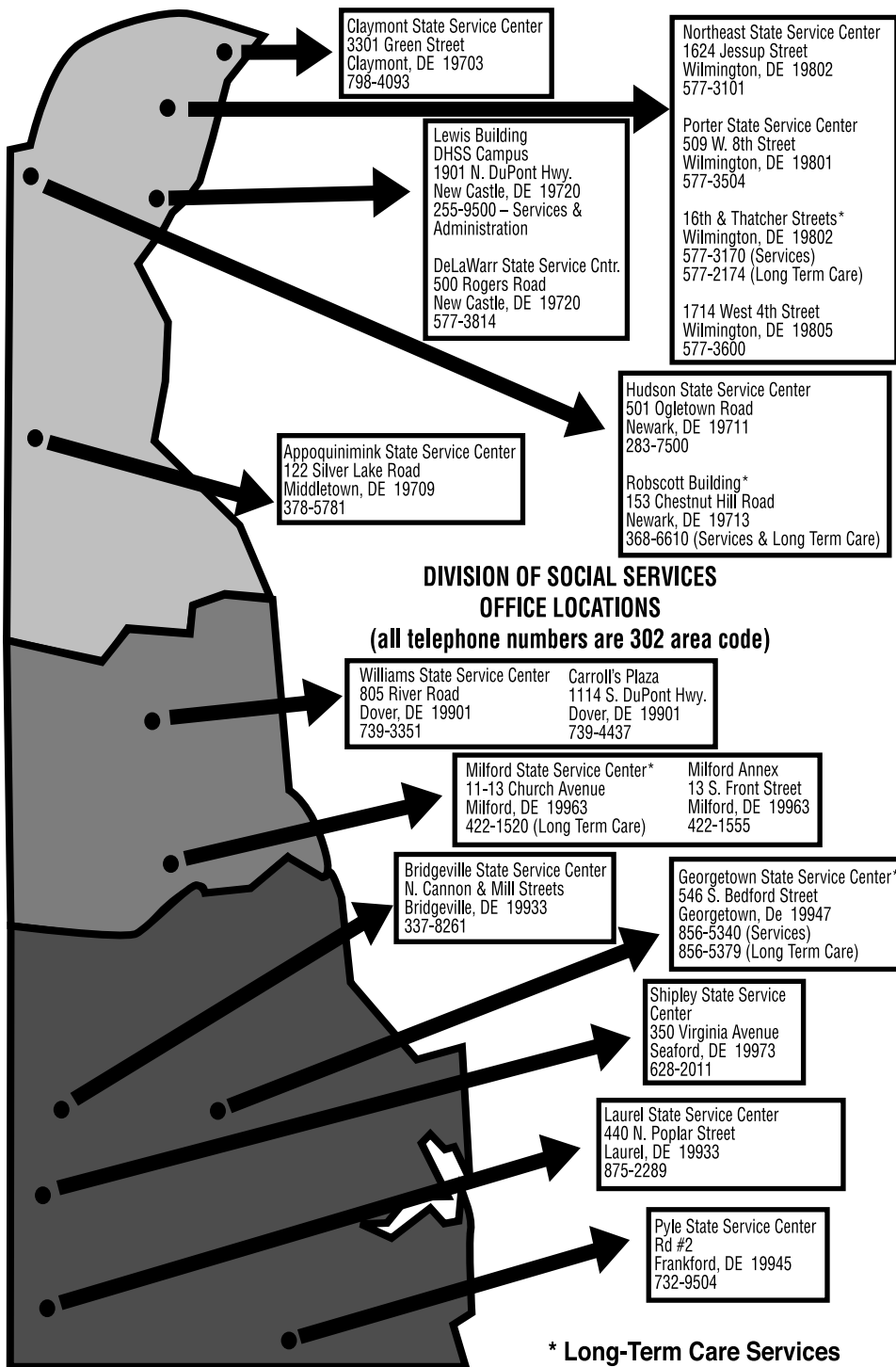
### **Administration**

#### **First Floor Annex**

Main Administration Building  
1901 North DuPont Highway  
New Castle, DE 19720  
(302) 255-9390  
(800) 223-9074  
Fax (302) 255-4445

**At your service on the World Wide Web!**  
**[www.DSAAPD.com](http://www.DSAAPD.com)**





\* Long-Term Care Services



# *A*ult Day Care

---

Adult Day Care, a program for functionally-impaired persons, provides supervised therapeutic, recreational, and social activities for individuals who do not require 24-hour institutional care, but cannot live independently due to physical or mental impairment. Provided here is a list of adult day care facilities licensed in the State of Delaware.

Most adult day care programs provide the following services:

- Transportation
- Food service
- Nursing care (monitoring conditions, administering medications)
- Medical care (emergency treatment)
- Recreational activities
- Therapy (physical, speech, occupational, reality orientation)
- Social work services (counseling, linkage with other services)
- Support Groups

## WILMINGTON

### Senior Adult Day Program

Delaware Elwyn  
321 E. 11th Street  
Wilmington, DE 19801  
658-8860

### Gilpin Hall

### Adult Day Program

1101 Gilpin Avenue  
Wilmington, DE 19806  
654-4486

### Riverside Health Care Center

700 Lea Blvd.  
Wilmington, DE 19802  
765-4175

## NEW CASTLE COUNTY

### Easter Seals Delaware and Maryland's Eastern Shore

61 Corporate Circle  
New Castle, DE 19720  
324-4444



## Eden Rock

2210 Swiss Lane  
Wilmington, DE 19810  
**475-9400**

## Evergreen Center I

### Alzheimer Day Treatment

Christiana Care  
Visiting Nurses Assn.  
Building F  
3000 Newport Gap Pike  
Wilmington, DE 19808  
**995-8448**

## Newark

### Active Day Center

200 White Chapel Drive  
Newark, DE 19713  
**533-3543**

## KENT COUNTY

### Daybreak Mature Adult Care Center

1121 Forrest Ave.  
Dover, DE 19804  
**734-1200**

*Visit us on the web!*

**www.DSAAPD.com**



### **DELAWARE HEALTH AND SOCIAL SERVICES**

DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES

## DELAWARE ELWYN

### **SENIOR ADULT DAY PROGRAM**

*Providing Day Care Services to Seniors with  
Mental and Physical Impairments...and Relief  
and Peace of Mind for Their Caregivers.*

- ◆ Health and Social Services, Personal Care,  
Therapeutic Recreation and Socialization.
- ◆ Certified, Professional Staff; Nursing Care,  
Nutritional Services, Physical, Occupational  
and Speech Therapy.
- ◆ Door-to-Door Transportation  
throughout New Castle County.
- ◆ Variety of Payment Options.



For More Information Call 657-5609  
Delaware Elwyn  
321 E. 11th Street • Wilmington, DE  
*Two Blocks from Rodney Square*



## *A*dtult Day Care

### **KENT COUNTY** *continued*

#### **Easter Seals Delaware and Maryland's Eastern Shore**

100 Enterprise Place  
Suite 1

Dover, DE 19904

**678-3353**

#### **Medical Adult Day Care**

Delaware Hospital for  
the Chronically Ill (DHSS)

100 Sunnyside Road

Smyrna, DE 19977

**653-8556 Ext. 216**

### **SUSSEX COUNTY**

#### **Easter Seals Delaware and Maryland's Eastern Shore**

504 W. Market Street

Georgetown, DE 19947

**855-9815**

#### **Evergreen Center II Alzheimer Day Treatment**

Christiana Care

Visiting Nurse Association

611 S. DuPont Hwy.

Milford, DE 19963

**422-1575**

#### **GULL House (Geriatric Unit for Living and Learning)**

Beebe Medical Center

23 Terrace Road

Rehoboth, DE 19971

**222-2160**

#### **Laurel**

#### **Adult Day Care Program**

113 N. Central Avenue

P.O. Box 64

Laurel, DE 19956

**875-2536**

## ***Read It On Line!***

Many publications are available for free on our web site, including the popular ***Guide to Services for Older Delawareans***. Visit the "Publications" section of our site for more information!

**[www.DSAAPD.com](http://www.DSAAPD.com)**



**DELAWARE HEALTH  
AND SOCIAL SERVICES**

**DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES**



# *A*dtult Protective Services

---

Delaware Health and Social Services (DHSS), Adult Protective Services Program receives and investigates reports of abuse, neglect or exploitation of physically and/or mentally impaired adults, age 18 and over.

In such cases, a social worker will contact the individual, assess his/her needs, and work with the client to resolve the situation. Referrals can be made anonymously and confidentiality is strictly observed.

For more information, call:

## **DHSS Division of Services for Aging and Adults with Physical Disabilities**

New Castle County ..... 453-3820

Kent/Sussex County ..... 422-1386

Statewide Toll Free ..... 1-800-223-9074



## **DELAWARE HEALTH and SOCIAL SERVICES DIVISION of SERVICES for AGING and ADULTS with PHYSICAL DISABILITIES**

### **Client Services**

#### **New Castle County**

University Plaza, 256 Chapman Road

Oxford Bldg., Suite 200

Newark, DE 19702

302-453-3820 • 800-223-9074

Fax 453-3836 • TTY 453-3837

#### **Kent/Sussex Counties**

Milford St. Service Ctr.

18 North Walnut Street, First Floor

Milford, DE 19963

302-422-1386 • 800-223-9074

Fax 422-1346 • TTY 422-1415



# Alzheimer's Disease

---

Alzheimer's Disease is a degenerative medical condition that results in memory loss, decline in mental capacity, and reasoning ability. This disease is progressive, meaning that the intellectual impairments created by the disease may begin as an unexplained forgetfulness and end up as a complete disability.

## Alzheimer's Association, Delaware Chapter

Services Include: on-going monthly support groups; Respite Care Assistance Programs; Statewide Community Education; Caregivers; Professional Conferences; Speakers Bureau; Library; Information & Referral Network.

2306 Kirkwood Hwy., Wilmington, DE 19805 ... 633-4420  
Kent/Sussex Toll free ..... 1-800-219-7666

## *Read It On Line!*

Many publications are available for free on our web site, including the popular *Guide to Services for Older Delawareans*. Visit the "Publications" section of our site for more information!

**www.DSAAPD.com**



**DELAWARE HEALTH  
AND SOCIAL SERVICES**

DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES



# Assisted Living

## ASSISTED LIVING FACILITIES

Assisted living facilities are the newest housing option in Delaware. Assisted living provides a combination of housing, personal services, and health care. At the time of this guide's printing, the following Assisted Living facilities were licensed. Licenses for additional facilities may be pending.

### NEW CASTLE COUNTY

#### Arden Courts Manor Care

700½ Foulk Rd.

Wilmington, DE 19803

762-7800

#### Captain's Deck

7807 Governor Printz Blvd.

Claymont, DE 19703

798-3500

### Arden Courts

Alzheimer's Assisted Living

When you're looking for dignified, upscale living for your loved one with a memory impairment, look past the ordinary. Discover a unique approach to answering the needs of your loved one. Arden Courts invites you to see our specialized approach and learn how it can help your loved one live life as self-sufficiently as possible.



[www.hcr-manorcare.com](http://www.hcr-manorcare.com)



Discover the  
*Extraordinary*

To arrange for a personalized tour of Arden Courts or to receive a free Alzheimer's Information Kit, call (302) 762-7800.

### Arden Courts

*Alzheimer's Assisted Living*®

700 1/2 Foulk Road  
Wilmington, DE 19803  
(302) 762-7800



## *Assisted Living*

### **NEW CASTLE COUNTY *continued***

#### **Eden Rock**

2210 Swiss Lane  
Wilmington, DE 19810  
**475-9400**

#### **Forwood Manor Assisted Living**

1912 Marsh Road  
Wilmington, DE 19810  
**529-1601**

#### **Foulk Manor North**

1212 Foulk Rd.  
Wilmington, DE 19803  
**478-4296**

#### **Foulk Manor South**

407 Foulk Road  
Wilmington, DE 19803  
**655-6249**

#### **Gardens at White Chapel**

200 E. Village Rd.  
Newark, DE 19711  
**366-8100**

## **SETTING NEW STANDARDS IN PERSONAL CARE**

### *An Attractive Health care Alternative*



Assisted Living at ***Windsor Place***... a place you can call home... with complete confidence that your medical and personal assistance needs will be met by our caring staff.

- Licensed nurses on-site 24 hours a day.
- 24-hour emergency response system.
- Personalized care programs.
- Housekeeping and Linen services.
- Scheduled transportation.
- Short-term stays and adult day care.



**6677 Lancaster Pike Hockessin, DE 19707 302.239.3200**





**MOM'S NOT ANSWERING.**

*She's out again.*

It used to be that when Mom didn't answer I imagined the worst. Now that she's living in a Genesis ElderCare® assisted living community, I've come to realize that if she hasn't called it means she's busy enjoying all the wonderful activities Genesis Assisted Living Communities has to offer.

**To learn more about our independent and assisted living communities, please call us today.**

**THE ATRIUM  
AT CHURCHMAN  
VILLAGE**

*Independent Living Facility*  
Newark, Delaware  
**302-998-6900**

**HERITAGE  
AT DOVER**

Dover, Delaware  
**302-735-8800**

**SEAFORD CENTER  
ASSISTED LIVING  
COMMUNITY**

Seaford, Delaware  
**302-629-3575**

**HERITAGE  
AT MILFORD**

Milford, Delaware  
**302-422-3303**



Genesis ElderCare®

**TTY 800-232-5460**







## EDEN ROCK

2210 Swiss Lane  
Ardentown, De 19810

*"A country estate for Assisted living"*

- 24 suites
- activities programs
- historic vintage 1790's site
- 4 acres of beautiful grounds
- 3 nutritionally balanced meals daily
- nursing staff on site 24 hours
- adult day services
- respite care
- medical transportation

**Phone: (302) 475-9400**

**Fax: (302) 475-9716**

## *A*ssisted Living

### NEW CASTLE COUNTY *continued*

#### The Lorelton

2200 W. Fourth St.  
Wilmington, DE 19805  
**573-3580**

#### Methodist Country House

4830 Kennett Pike  
Wilmington, DE 19807  
**654-5101**

#### Millcroft Assisted Living

255 Possum Park Road  
Newark, DE 19711  
**366-0160**

## Experience *"The"* LORELTON Difference"

We're a locally owned and operated assisted living community that understands the needs of older adults who require assistance.

We offer a choice of competitive financial programs. FULLY REFUNDABLE deposits start at \$2,000 and provide a 6% annual return on optional increases. And you only pay for customized personal care when you need it.

Our quiet and convenient location, spacious one and two bedroom apartments and share suites with private rooms and baths, make us different.



*Assisted Living Community Since 1987*

**Call Marylindley Wilson at (302) 573-3580  
for your personal visit to experience "The Lorelton Difference."**



*The*

**LORELTON** 2200 West Fourth Street • Wilmington, DE 19805



# WHAT IS ASSISTED LIVING?

Caring  
for you,  
and giving  
you peace  
of mind.

At The Gardens at Whitechapel, your care is our primary concern. That's why we've built an assisted living community that's ready to help whenever you need it. With our compassionate caregivers and personalized care plans that you help in designing, The Gardens at Whitechapel is a place you will always feel safe and secure.



And our goal is to provide this security while still promoting your independence. Our residents enjoy their choice of daily activities and their own private apartment which they choose from several sizes. It takes only a small refundable deposit to hold one, with no long-term contracts or buy-in fees ever.

Call today to schedule a complimentary lunch and personal visit.

## THE GARDENS AT WHITECHAPEL



*Assisted Living Community*

200 East Village Road • Newark, DE 19713  
**302-366-8100**





## Assisted Living

### NEW CASTLE COUNTY *continued*

#### Rockland Place

1519 Rockland Rd.  
Wilmington, DE 19803  
**777-3099**

#### Shipley Manor Assisted Living

2723 Shipley Road  
Wilmington, DE 19810  
**479-0111**

#### Somerford

501 S. Harmony Rd.  
Newark, DE 19713  
**283-0540**

#### Sunrise Assisted Living of Wilmington

2215 Shipley Road  
Wilmington, DE 19810  
**475-9163 • 735-8800**

#### Windsor Place

6677 Lancaster Pike  
Hockessin, DE 19707  
**239-3200**

### KENT COUNTY

#### Green Meadows at Dover

150 Saulsbury Road  
Dover, DE 19904  
**674-4407**

# State Street

## THE COMMUNITY THAT TREATS YOU LIKE FAMILY.



Aunt Mary's vivid memories from that sock hop in '56. Dad's enduring tales about his Navy ship in '49. Grandma's touching retelling of that Thanksgiving in '61 when it snowed three feet. It seems that stories like these are ingrained in everyone's family album. And they're examples of what makes life so special at State Street.

Here, every resident is part of the family. Yet, each is an individual, with their own life stories and their own unique needs – all the constant and personal focus of our caring staff. Come home to a place that always treats you like family, State Street.

- 24-hour staffing
- Customized care options
- Onsite physical, occupational & speech therapy
- Short & long-term respite
- Scheduled transportation available
- Semi-private & private apartments



21 North State Street  
Dover, DE 19901  
**302/674-2144**

Call to schedule a tour and  
receive our information packet  
or visit us on the web at:

[www.statestreetal.com](http://www.statestreetal.com)





**Heritage at Dover**  
**Assisted Living Community**  
 1203 Walker Road  
 Dover, DE 19904  
**735-8800**

**State Street Assisted Living**  
 21 N. State Street  
 Dover, DE 19901  
**674-2144**

**Westminster Village**  
 1175 McKee Road  
 Dover, DE 19904  
**674-8030**

**SUSSEX COUNTY**  
**Brandywine Assisted Living**  
**at Seaside Pointe**  
 100 Seaside Boulevard  
 Rehoboth Beach, DE 19971  
**226-8750**

**Heritage at Milford**  
 500 S. DuPont Boulevard  
 Milford, DE 19963  
**422-8700**

**Methodist Manor House**  
 1001 Middleford Rd.  
 Seaford, DE 19973  
**629-4593**



**Brandywine because...**



*Call today and discover how  
 Brandywine Assisted  
 Living Residences  
 are making a difference  
 in the lives  
 of senior adults.*

### **It's A Vacation For You And A Vacation For Mom.**

It's true. Last month, my husband and I booked a cruise to celebrate our 25th anniversary. But we were reluctant to leave my mom who lives with us. Mom was recovering from a mild stroke and is doing fine. Still, we felt she shouldn't be alone. That's when I called Brandywine Assisted Living to inquire about their short-term respite care.

When I got there for a tour with my mom, I saw men practicing billiards, ladies enjoying afternoon tea and a whole group of people taking an aerobics class. I even saw a limo picking up another group of friends for a shopping excursion. Mom and I were surprised and happy, and we both agreed, at Seaside Pointe she'd be on vacation, too.

My husband and I had a wonderful vacation. And, after bringing mom back to our house, she immediately asked when we'd be going on vacation again.

Discover how Brandywine Assisted Living at Seaside Pointe can offer both you and your loved one a great vacation and see for yourself how we are meeting needs and exceeding expectations...every day.



100 Seaside Boulevard  
 Rehoboth Beach, DE 19971  
**302-226-8750**

**Brandywine**  
 Assisted Living  
 Other locations available.  
 www.Brandycare.com







*The Village at*  
**Green Valley**  
ASSISTED LIVING

***Family Owned & Operated***  
***Affordable Assisted Living Community***

*Private entrance, adjacent to  
Green Valley Terrace, where nursing &  
rehab are available if additional  
services become needed.*

**The Village at Green Valley**

231 South Washington St.  
Millsboro, DE 19966

**302.934.7300**

302.934.9399 fax  
gvtadmit@gahsi.com  
[www.gahsi.com](http://www.gahsi.com)



*A proud member of Greenacres Health Systems.*

E.O.E.

## *Assisted Living*

### **SUSSEX COUNTY *continued***

#### **Seaford Center**

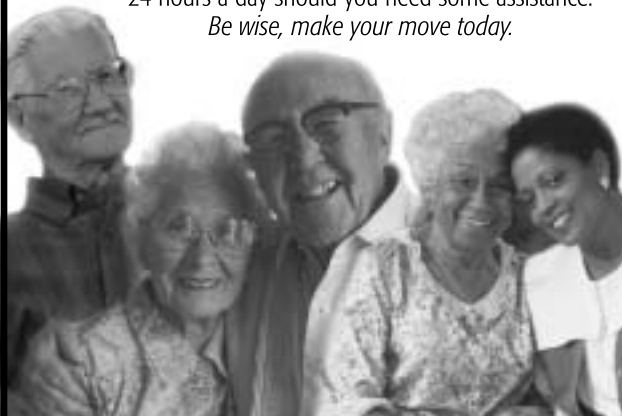
1100 Norman Eskridge  
Highway  
Seaford, DE 19973  
**629-3575**

#### **The Village at Green Valley**

231 South Washington St.  
Millsboro, DE 19966  
**934-7300**

## **Be Happy. Be Healthy. Be Wise.**

At ***Rockland Place*** you'll be happy making new friends and participating in social and cultural events. Be healthy with our wellness programs and a caring staff available 24 hours a day should you need some assistance.  
*Be wise, make your move today.*



### **ROCKLAND PLACE**

**Independent and  
Assisted Living**

**Pathways Residence  
for the Memory Impaired**

**(302) 777-3099**

1519 Rockland Road  
Wilmington, DE 19803  
[www.newtonseniorliving.com](http://www.newtonseniorliving.com)



**24 hour Personal Care Services • Weekly Housekeeping • Daily Meals**



# Making Every Moment Matter<sup>®</sup>

**Assisted Living and  
Alzheimer's Care**

**Respite Care**

**Free Educational Seminars**

**Family Support Groups**



**Somerford<sup>®</sup>**

*Assisted Living & Alzheimer's Care*

**302-283-0540**

4175 Ogletown Road Newark, DE

***www.somerford.com***



## **The Support you need... The Independence you *Want*...**



**Heritage at Dover**

Capitol HealthCare Services  
Genesis ElderCare<sup>®</sup> Network

Assisted Living Community

**1203 Walker Road  
Dover, DE 19904  
(302) 735-8800**



**Heritage at Milford**

Genesis ElderCare<sup>®</sup> Network  
Capitol HealthCare Services

Assisted Living Community

**500 South DuPont Blvd.,  
Milford, DE 19963  
(302) 422-8700**



# Caregiving Resources

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## CARE Delaware (Caregiver Assistance-Respite-Education)

CARE Delaware is a statewide program of services for caregivers caring for frail older persons and older relative caregivers such as grandparents caring for children. Services include daily and short-term respite care, training, support groups, individual needs assessments and care planning and helpful information for caregivers from 27 community based caregiver resource centers.

The Delaware Division of Services for Aging and Adults with Physical Disabilities (DSAAPD) has built partnerships with the Division of Libraries, public libraries and senior centers to serve as Caregiver Resource Centers. These centers operate as libraries for videos, books, pamphlets and other materials on caregiving. Materials can be reviewed at the resource centers or checked out for use at home. Some centers have staff on hand on a part-time basis.

## NEW CASTLE COUNTY

**Appoquinimink  
Community Library**  
118 Silver Lake Road  
Middletown, DE 19709  
(302) 376-4190

**Bear Public Library**  
101 Governor's Place  
Bear, DE 19701  
(302) 838-3300

**Corbit-Calloway  
Memorial Library**  
2nd & High Street  
Odessa, DE 19730  
(302) 378-8838

**Graham Senior Center**  
1709 Gilpin Avenue  
Wilmington, DE 19806  
(302) 655-0266



**Hockessin Public Library**  
1023 Valley Rd.  
Hockessin, DE 19707  
(302-239-0706)

**Howard Weston  
Senior Center**  
1 Bassett Ave.  
Manor Park  
New Castle, DE 19720  
(302) 328-6094

**Kirkwood Highway Library**  
6000 Kirkwood Hwy.  
Wilmington, DE 19808  
(302) 995-7662

**Mid-County Senior Center**  
First Regiment Road  
Wilmington, DE 19808  
(302) 995-6555

**Newark Senior Center**  
(Staffed Resource Center: one-on-one help is available here)  
200 White Chapel Drive  
Newark, DE 19713  
(302) 737-2336

**St. Anthony's Senior Center**  
1703 W. 10th St.  
(1st. Floor)  
Wilmington, DE 19805  
(302) 421-3735

**Caring for an older friend or relative?**

**HOPE.**  
*It's a phone call away.*



When caring for a loved one becomes overwhelming, it's easy to lose hope. Take care of yourself with help from CARE Delaware.

CARE Delaware serves the needs and interests of caregivers through information, referral, support and education. We can help you find renewed hope—by assessing your needs and connecting you with resources, local services, support groups, and training. With our support, you'll be better able to take care while you give care.

Stop, and get a fresh start by calling the Delaware HelpLine at **1-800-464-HELP**.  
Or visit: **[www.DSAAPD.com](http://www.DSAAPD.com)**

**CAREDelaware**  
Caregiver Assistance-Respite-Education





### **NEW CASTLE COUNTY** *continued*

#### **Wilmington Senior Center**

(staffed Resource Center: one-on one help is available here)

1901 N. Market Street  
Wilmington, DE 19802  
**(302) 651-3400**

#### **Women's Resource Center**

800 N. Walnut St.  
Wilmington, DE 19801  
**(302) 654-3103**

### **KENT COUNTY**

#### **Modern Maturity Center**

(staffed Resource Center: one-on one help is available here)

1121 Forrest Avenue  
Dover, DE 19904  
**(302) 734-1200**

### **SUSSEX COUNTY**

#### **Senior Companion Program First State Community Action Agency**

Stanford L. Bratton Building  
308 North Railroad Ave.  
Georgetown, DE 19947  
**(800) 372-2240**

#### **Bridgeville Senior Center** (staffed Resource Center: one-on one help is available here)

414 Market Street  
Bridgeville, DE 19933  
**(302) 337-8771**

#### **Delmar Public Library**

101 N. Bi-State Blvd.  
Delmar, DE 19940  
**(302) 846-9894**

#### **Georgetown CHEER**

Community Center (Staffed  
Resource Center: one-on  
one help is available here)

20520 Sandhill Rd.  
Georgetown, DE. 19947  
**(302) 854-9555**

#### **Greenwood Public Library**

Mill Street  
Greenwood, DE 19950  
**(302) 349-5309**

#### **Harbor Lights CHEER Senior Center**

34211 Woods Edge Dr.  
Lewes, DE 19958  
**(302) 645-9239**

#### **Laurel Senior Center**

P.O. Box 64  
13 N. Central Ave.  
Laurel, DE 19956  
**(302) 875-2536**



Milford Senior Center  
111 Park Avenue  
Milford, DE 19963  
(302) 422-3385

Milton Public Library  
121 Union Street  
Milton, DE 19968  
(302) 684-8856

Millsboro Public Library  
217 W. State Street  
Millsboro, DE 19966  
(302) 934-8743

Nanticoke Senior Center  
310 Virginia Avenue  
Seaford, DE 19973  
(302) 629-4939

Rehoboth Beach  
Public Library  
226 Rehoboth Ave.  
Rehoboth, DE 19971  
(302) 227-8641

Seaford District Library  
402 N. Porter Street  
Seaford, DE 19973  
(302) 629-2524

South Coastal Library  
43 Kent Ave.  
Bethany Beach, DE 19930  
(302) 539-5231



## GRANDPARENTS & RELATIVES RAISING OTHERS' CHILDREN

Contact

**JOINING GENERATIONS**

at **255-9390** or **1-800-223-9074**

for information on the statewide *Family Circles*  
support & education group program, Grand Time Off and  
Camp Respite School Break/Summer Camps.



**DELAWARE HEALTH  
AND SOCIAL SERVICES**

DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES



## Caregiving Resources

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**Adult day care services** provide care for older adults who are physically impaired or mentally confused who require increased supervision. In addition, adult day care programs provide social, recreational and health activities. This service is an ideal for families and friends who provide ongoing care to older adults and need a break from their daily caregiving responsibilities.

Christiana Care's Evergreen Center I offers caregivers some time off from caring through a Saturday Adult Day Care program. The new program accommodates frail elderly, 60 years of age or older, who are: 1) cognitively or mentally impaired; or 2) are unable to perform two activities of daily living (dressing, toileting, bathing, eating) without the assistance of another person.

This program is provided two Saturdays per month from 8:00 a.m. to 4:30 p.m. Activities include music, arts & crafts, exercise programs, word games and outdoor time. Clients receive a light breakfast, noon meal, and afternoon snack. Transportation to and from the Evergreen Center I is available through DART Paratransit. The Evergreen Program Director can assist caregivers with applications to DART, if other modes of transportation are unavailable.

For more information, contact:

Evergreen Center I

Building F, 3000 Newport Gap Pike

Wilmington, DE 19808 ..... (302) 995-8448

*Visit us on the web!*

Visit our user-friendly web site for information of interest to older persons, adults with physical disabilities, caregivers, service professionals, and others in Delaware.

**[www.DSAAPD.com](http://www.DSAAPD.com)**



**DELAWARE HEALTH  
AND SOCIAL SERVICES**

**DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES**



# Case Management & Assessment of Needs

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DHSS Division of Services for Aging and Adults with Physical Disabilities Community Services Program provides social workers who can visit older persons and adults with physical disabilities in their homes and help to develop a plan in order to assist the person to remain in the community. The social worker completes an assessment and coordinates services and assistance from family, friends and others in order to meet the client's needs. The social worker then helps the person to obtain the services and monitors the arrangements for any changes which may be needed. The client and his/her family are the primary decision-makers in this process.

**In caring for the elderly or disabled, the worry and confusion can be as difficult as the decisions.**

**IKOR® could be the last phone call you have to make.**



Our RN/certified case managers provide you with the tools to decide what is best, when it is best, and monitor the care once the decision has been made.

We are not affiliated with any caregiving organization, so the advice we give is objective. We are your advocates.

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PA: 610-444-1454

MD: 410-341-6636

TOLL FREE: 877-IKORUSA

EMAIL: [ikor@ikorusa.com](mailto:ikor@ikorusa.com)

Member: American Board of Nurse Assessment Coordinators, National Association of Professional Geriatric Care Managers, American Board of Certified Case Managers, American Board of Disability Analysts.



## **Case Management & Assessment of Needs**

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For more information, call:

### **DHSS Division of Services for Aging and Adults with Physical Disabilities**

New Castle County ..... 453-3820  
Kent/Sussex County ..... 422-1386  
Statewide Toll Free ..... 1-800-223-9074

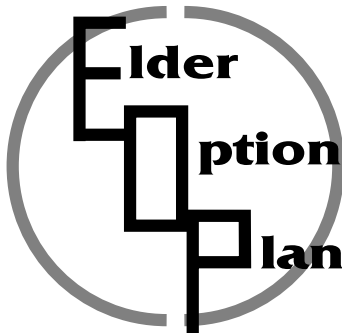
Other organizations within the state also provide case management and assessment of needs services. The following are private case management agencies:

**Age Well Consulting**  
**438-9419**

**Elder Option Planners, LLC**  
1311 N. Rodney St.  
Wilmington, DE 19806  
**777-3900**

**IKOR**  
P.O. Box 287  
Yorklyn, DE 19736  
**489-3100**  
**(877) IKORUSA**

**Life Solutions, Inc.**  
504 West 9th Street  
Wilmington, DE 19801  
**622-8292**



1311 N. Rodney Street,  
Wilmington, Delaware 19806

**(302) 777-3900**

**FAX (302) 656-3316**

e-mail: [meredith@brandywine.net](mailto:meredith@brandywine.net)

**planners, LLC**

*Helping families with care coordination and  
living accommodation planning for older adults.*



Senior Partner, Inc.  
P.O. Box 1908  
Wilmington, DE 19899  
764-7880

Senior Social Services  
203 Wooddale Ave.  
New Castle, DE 19720  
328-4485

Supportive Care Services  
507 West 9th Street  
Wilmington, DE 19801  
655-5518

The Family and  
Workplace Connection  
3511 Silverside Road  
Wilson Building  
Wilmington, DE 19810  
479-1679

## *Visit us on the web!*

Visit our user-friendly web site for information of interest to older persons, adults with physical disabilities, caregivers, service professionals, and others in Delaware.

**[www.DSAAPD.com](http://www.DSAAPD.com)**



***DELAWARE HEALTH  
AND SOCIAL SERVICES***

**DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES**



# Companion Programs

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Companion programs for seniors are designed to provide companionship to those older people who are lonely and may not be in contact with family or friends for a variety of reasons. The companion program listed below include both face to face and telephone visitation programs.

## ***SENIOR COMPANION PROGRAM***

The Senior Companion Program, operated by Community Action, is a program that links older volunteers to other older individuals who need assistance with the activities of daily living. For more information, call:

**KENT/SUSSEX COUNTIES**

**First State Community Action Agency**

P.O. Box 877, Georgetown, DE 19947 **856-7761**

## ***FRIENDLY VISITING PROGRAM***

The Friendly Visiting Programs are volunteer programs designed for older adults who live alone, have no relatives nearby and seldom leave the house due to poor health or other circumstances. Volunteers may simply talk, help with a hobby, write letters, read aloud or discuss available programs and social services with the individual. For more information, call:

**SUSSEX COUNTY**

**Visiting Friends**

**CHEER**

Sussex County Senior Services, Inc.

5 Sandhill Rd., Georgetown, DE 19947 **856-5187**



## **TELEPHONE REASSURANCE PROGRAM**

This program provides telephone calls to individuals over the age of 60 who are homebound and/or live alone. Each day a caller with the program telephones the older adult at a specific time to ask if he/she is safe and well, requires special assistance, or has any problems. The program provides important reassurances and social contact for those who might otherwise be isolated. For more information, call:

### **NEW CASTLE COUNTY**

**CONTACT Delaware, Inc. -  
Reassurance Program**

P.O. Box 9525

Wilmington, DE 19809

**761-9800**

**1-800-262-9800**

**Interfaith Volunteer Caregivers  
Delaware Ecumenical Council**

240 N. James St. B-2

Wilmington, DE 19804

**225-1040**

### **KENT COUNTY**

**Modern Maturity Center**

1121 Forrest Avenue

Dover, DE 19904

**734-1200**

### **SUSSEX COUNTY**

**CHEER**

**Sussex County Senior  
Services, Inc.**

546 S. Bedford Street

Georgetown, DE 19947

**856-5187**

**Generations**

**Home Care, Inc.**

205 East Market Street

Georgetown, DE 19947

**856-7774**

## **SENIOR ROLLCALL LIFELINE**

The New Castle County Police “Senior RollCall Lifeline” is a telephone reassurance program that offers daily contact to senior citizens residing in **New Castle County**. Residents interested in enrollment need to meet one of the following requirements:



# Companion Programs

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- Individuals over the age of fifty-five who live alone and have no daily contact with friends or relatives.
- Individuals over the age of fifty-five who have a disability that inhibits mobility and have no daily contact with friends or family.
- Individuals over the age of fifty-five who have no persons in the immediate area to conduct daily checks on their well-being.
- Married couples over the age of fifty-five who have no daily contact with friends or family.
- Individuals with unique medical needs who have no daily contact with family or friends will be given special consideration.

Senior RollCall Lifeline Office ..... 239-5151  
New Castle County Senior Services ..... 395-5600

## Questions About Advance Directives? *We've got Answers.*

Many people have questions about Advance Directives (also known as Living Wills). Visit our web site for information about advance directives and how they work. While you're there, you can also download a copy of Delaware's Advance Directive Form.

**[www.DSAAPD.com](http://www.DSAAPD.com)**



**DELAWARE HEALTH  
AND SOCIAL SERVICES**  
DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES



# *C*onsumer Information

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## ***BETTER BUSINESS BUREAU OF DELAWARE, Inc.***

The Better Business Bureau handles consumer complaints dealing with products and services, including problems with contracts, warranties, the buying and selling of goods and home improvements. It provides actual intervention on behalf of the consumer or can refer the consumer to an appropriate agency. Consumers are encouraged to call the Bureau before hiring a new contractor to confirm that there are no complaints lodged against the company or individual.

The Bureau also has a community education function, educating the public about consumer problems in different service and product areas, and speaking to various groups and organizations. Brochures are available on different types of consumer problems. Single copies are free upon request. For more information, call:

**Better Business Bureau of Delaware, Inc.**

1010 Concord Avenue, Suite 101

Wilmington, DE 19802 ..... **594-9200**

Kent and Sussex Counties ..... **1-800-464-6331**



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FUNERAL HOMES  
& CREMATORY

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[www.chandlerfuneralhome.com](http://www.chandlerfuneralhome.com)

**S**ome people think more families choose us because of our professionalism, attention to detail, and our caring, compassionate services. We think the main reason comes back to being a family ourselves...we understand how you want to be treated. We think people want a family they can trust.



## **HOME BUILDERS ASSOCIATION OF DELAWARE**

Call the Home Builders Association of Delaware with questions about a home builder you are considering hiring or with any problems you may be having with a home builder you have hired. The Association can contact the builder to discuss the situation if the home builder is an Association member.

Home Builders Association  
of Delaware ..... 994-2597

## **DEPARTMENT OF JUSTICE – CONSUMER PROTECTION UNIT**

577-8600 or 1-800-220-5424

The Consumer Protection Unit's purpose is to protect the general public against consumer fraud and deceptive trade practices through



# **Flo's No Fool.**

She's wise to Medicare fraud and abuse tactics. Flo knows how to spot them, and report them. She learned how from the Delaware Medicare Fraud Alert Program. And she's just one of thousands of Delaware seniors who won't be conned.

### **Protect yourself from Medicare Fraud and Abuse.**

Call the Delaware Medicare Fraud Alert Hotline – and join Flo in showing abusers that Delaware seniors can't be fooled.

## **1-800-223-9074**

This message was funded, in part, by a grant from the Administration on Aging, Department of Health and Human Services. The expressed views are solely those of the Delaware Division of Services for Aging and Adults with Physical Disabilities.





enforcement of state statutes, consumer education, and legislative advocacy. These goals are met by educating consumers through community programs and newsletters, as well as providing information about consumer rights and responsibilities to any consumer that calls.

The unit also investigates consumer complaints against businesses and tries to mediate a resolution, when appropriate. If investigation reveals that a law is being violated, the unit will pursue enforcement action. The unit has the legislative mandate to enforce thirteen different laws statewide: (1) Landlord/Tenant Code; (2) Mobile Home Lots and Leases Act; (3) Consumer Fraud Act; (4) Deceptive Trade Practices Act; (5) Home Solicitation Sales Act; (6) Automobile Warranties Act (Lemon Law); (7) Health Spa Regulation Act; (8) Consumer Contract Act; (9) Pyramid Schemes and Multi-Level Sales Act; (10) Real Estate Time Sharing Act; (11) Lease Purchase Act; (12)

The 2004/2005  
Guide to Services for  
Older Delawareans  
is available in  
Spanish.  
For a copy,  
call  
1-800-223-9074.



# BLAIR<sup>®</sup>

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920 S. Madison St., Wilmington, DE 19801

Across from the Christina River.  
Minutes off Route I- 95, exit 6

Mon. - Sat.  
10am to 9pm  
Sunday  
11am to 5pm

**302-661-2899**



## ***C*onsumer Information**

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Farm Equipment Warranties Act, and (13) the Credit Information Privacy Act. In addition, the unit monitors consumer legislation and advocates laws that better protect Delaware's consumers.

Phone intake is Monday-Friday, 8:30 a.m. - 12:30 p.m. Investigators are available between these hours to answer any questions or concerns of consumers. The office is open Monday-Friday, 8:30 a.m. - 5:00 p.m.

### **WILMINGTON/NEW CASTLE COUNTY**

#### **Department of Justice – Consumer Protection Unit**

Carvel State Office Building

820 French Street, Wilmington, DE 19801

NEW CASTLE COUNTY ..... 577-8600

STATEWIDE ..... 1-800-220-5424

### ***OFFICE OF THE PUBLIC ADVOCATE***

The Office of the Public Advocate handles problems dealing with the major public utilities regulated by the Public Utilities Commission. In addition to handling billing problems concerning the major utilities etc., the Office makes referrals to appropriate social service and energy assistance agencies to help clients with their utility problems.

Concerning all questions about billing, call the utility first before enlisting the assistance of the Office of the Public Advocate. For more information, call:

#### **Office of the Public Advocate**

Carvel State Office Building — 4th Floor

820 French Street

Wilmington, DE 19801 .. 577-5077, 888-607-2427



**OFFICE OF INSURANCE COMMISSIONER**

The Office of the Insurance Commissioner may be called for questions or problems about insurance, including Medicare. The Office also produces consumer publications on insurance issues. For more information, call:

- Insurance Department
  - 841 Silver Lake Boulevard
  - P.O. Box 7007, Dover, DE 19904
  - CONSUMER SERVICES ..... 1-800-282-8611
  - FRAUD PREVENTION ..... 1-800-632-5154
  - ELDERinfo
    - Health Insurance Counseling ..... 1-800-336-9500

**ELDER LAW PROGRAM**

The Elder Law Program, operating statewide through the Community Legal Aid Society, provides assistance with consumer problems. A more detailed description of the program appears in the Legal Services Chapter. For details call:

- WILMINGTON/NEW CASTLE COUNTY
  - 100 W. 10<sup>th</sup> St.
  - Wilmington, DE 19801 ..... 575-0666
- KENT COUNTY
  - 640 Walker Rd., Dover, DE 19904 ..... 674-8500
- SUSSEX COUNTY
  - 144 E. Market St.
  - Georgetown, DE 19947 ..... 856-0038



# Crime Prevention & Victim Assistance

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## ***DELAWARE CRIME STOPPERS***

Delaware Crime Stoppers, Inc., is a non-profit corporation that offers a means by which Delawareans may provide, at no personal risk, information on serious unsolved crimes in the community. Crime Stoppers works with the police by providing leads that are verified and investigated. When the investigation results in an arrest and an indictment, the caller may be eligible for a reward up to \$1,000. Anonymity is assured every caller. To provide information, call:

Delaware Crime Stoppers ..... 1-800-TIP-3333  
DOMESTIC VIOLENCE HOTLINES  
.....762-6110, 422-8058, 745-9874 (bi-lingual)

## ***ELDERLY CRIME VICTIM SERVICE***

The service will provide follow-up services as needed to crime victims age 50 and over who are victims of a variety of crimes including robbery, destruction of property, verbal assault, purse snatching, domestic violence or sexual abuse. Services offered include accessing medical help and counseling, accompaniment to court and referrals to other social services.

Delaware Center for Justice Inc.  
100 West 10th St.  
Wilmington, DE 19801 ..... 658-7174



**POLICE VICTIMS ASSISTANCE PROGRAM**

Anyone who has been the victim of a crime can call the Police Victims Assistance Program. A victim’s assistance officer will provide counseling and make referrals to social and private agencies for anyone who has experienced domestic violence or disputes, sexual assault, child abuse or neglect, or, elder abuse or neglect. Victim’s assistance officers also work with families who have suffered homicide, suicide, or fatal accidents. The officers provide legal information about complaints and will help victims and their families understand the criminal justice system. For more information or assistance call:

- Delaware State Police ..... 1-800-VICTIM-1
- Delaware Victim Service Centers:  
633-5000, ext. 229; 697-3602; 856-5296
- New Castle County Police ..... 573-2800
- Dover (City) Police ..... 736-7134
- Wilmington (City) Police ..... 654-5151, 656-4357
- Kent/Sussex County ..... 422-1562

**DEPARTMENT OF JUSTICE –  
VICTIM/WITNESS SERVICES UNIT**

The Department of Justice Victim/Witness Services Unit provides information on criminal justice procedures, notification of case status information, support counseling and accompaniment to many victims and witnesses in pending criminal cases. As an advocate for the victim, the program assists in replacing stolen identification cards, property return, employer intercession, completing Victim Loss Statements and filing Violent Crimes Compensation Board claims.



## Crime Prevention & Victim Assistance

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Referrals to community resources may be offered. The Rape Response Unit provides social work services for pending sexual offense cases. For more information or assistance, call:

### WILMINGTON/NEW CASTLE COUNTY

Victim/Witness Services Unit ..... 577-8500

Rape Response Unit ..... 577-8500

KENT COUNTY ..... 739-4211

SUSSEX COUNTY ..... 856-5352

STATEWIDE ..... 1-800-870-1790

## ***VIOLENT CRIMES COMPENSATION BOARD***

This program compensates innocent victims of violent crimes, paying for costs that are not covered by insurance such as Medicare, Medicaid or private insurance. The program compensates for net lost income and expenses incurred due to personal injury, disfigurement disability, or mental suffering. Medical costs are paid directly. There is no compensation for loss of personal property. The program also addresses community education, providing speakers on the compensation program and violent crime.

If you have been the victim of a violent crime (and the crime has been reported to the police), you may file a claim form with the Violent Crimes Compensation Board. If you are unable to visit the office, an investigator can come to your home or the hospital. For more information, call:

### **Violent Crimes Compensation Board**

1500 E. Newport Pike, Suite 10

Wilmington, DE 19804 ..... 995-8383

In State only ..... 1-800-464-4357



# Education

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## **ACADEMY OF LIFELONG LEARNING**

The Academy of Lifelong Learning provides an opportunity for continued intellectual stimulation for persons over age 50.

Sponsored by the University of Delaware's Division of Continuing Education, the Academy offers an opportunity for seniors to teach, learn and travel with peers. Members teach a wide variety of courses to participants.

A fee is charged for membership. Membership offers participation in the activities of the Academy, including attendance at up to five non-credit classes of your choice, and enjoyment of the many cultural and

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SENIORS, EMPTY NESTERS AND CAREGIVERS**

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**P.O. BOX 549  
HOCKESSIN, DE 19707  
302/239-4644**



## Education

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enrichment programs offered. For more information, call:

### The Academy of Lifelong Learning

Arsht Hall, 2700 Pennsylvania Avenue

Wilmington Campus

Wilmington, DE 19806.....573-4417

Lewes, DE 19958..... 645-4111

## **ADULT PLUS +**

Adult Plus + provides opportunities for lifelong learning, enrichment, and enjoyment. Classes are held at the Georgetown campus of Delaware Technical and Community College. For more information, call:

Delaware Technical and Community College

P.O. Box 610

Georgetown, DE 19947 ..... 856-5618

## **LIBRARY SERVICES**

Two programs at the Delaware Division of Libraries offer services **free of charge** through the mail to people unable to visit their local public library due to disabilities:

### Books By Mail

Popular paperback books are loaned to people who are homebound or institutionalized due to a physical disability or visual impairment. Large print books and high interest, low vocabulary books for new readers are also available.

1-800-282-8696



# Library for the Blind and Physically Handicapped

Talking books and playback equipment are provided on loan through the mail to people who are unable to read standard print due to a temporary or permanent visual, physical or reading disability.

1-800-282-8696

## **UNIVERSITY OF DELAWARE COOPERATIVE EXTENSION SERVICE**

The University of Delaware Cooperative Extension Service offers a variety of informal educational programs on topics such as food preparation, food management, nutrition, interpersonal relationships, housing and clothing adaptation or alteration, and money management. All services are free. For more information, call:

University of Delaware Cooperative Extension Service	
New Castle County .....	831-2667
Kent County .....	730-4000
Sussex County .....	856-7303

## **FREE OR REDUCED TUITION RATES AT DELAWARE COLLEGES AND UNIVERSITIES**

The following institutions of higher learning provide free or reduced tuition to older Delawareans. For more specific information, please contact the institution.

## **DELAWARE STATE UNIVERSITY**

Delawareans age 62 and over may attend classes for credit or audit tuition-free on a space available basis. There is a registration fee (part-time and full-time students \$30), and charges for books,



supplies, lab and shop fees. Free tuition does not include non-credit and special interest courses. For more information call:

Office of Student Accounts ..... 857-1081

### **DELAWARE TECHNICAL & COMMUNITY COLLEGE**

Delaware residents 55 years of age or older may enroll tuition free in all Delaware Tech catalog courses on or after the first day of classes if spaces are available. Books, supplies, lab, and shop fees will be charged. There are some limitations on tuition free enrollment. Non-credit courses are not included in this policy; therefore, tuition must be paid.

Stanton/Wilmington-Senior Learning Link.. 830-5206

Kent County ..... 741-2861

Sussex County .....856-5618

### **UNIVERSITY OF DELAWARE**

Older adults, age 60 and over, may attend classes for credit or audit tuition-free, on space available basis, if they are enrolled in an academic undergraduate or graduate degree program at the University of Delaware. There is no registration fee (except for the summer session), but there are charges for books, supplies, lab fees, and other administrative fees. Free tuition does not include non-credit and special interest courses. For more information, call:

University of Delaware ..... 831-2741

### **WIDENER UNIVERSITY, UNIVERSITY COLLEGE**

Tuition-free enrollment for a maximum of six credits per semester of undergraduate study is offered to Delaware Valley residents 65 years of age or older.

Widener University ..... 610-499-4292



# Employment

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## **DEPARTMENT OF LABOR**

Older Delawareans are served by a variety of employment and training programs through the Department of Labor. The Department also offers individual counseling, job referral, placement and job seeking skills training. Staff will interview prospective workers to match qualified job seekers with employers.

### **WILMINGTON**

Division of Employment  
and Training  
4425 North Market Street  
Wilmington, DE 19802  
**761-8085**  
**761-8139/8138 Veterans**  
**Employment and**  
**Training Services**

### **NEW CASTLE COUNTY**

Division of Employment  
and Training  
Pencader Corporate Center  
225 Corporate Blvd.  
Suite 211  
Newark, DE 19702  
**453-4350**

### **KENT COUNTY**

Division of Employment  
and Training  
P.O. Box 616  
1114 S. DuPont Highway  
Suite 104  
Dover, DE 19903-0616  
**739-5473**

### **SUSSEX COUNTY**

Division of Employment  
and Training  
P.O. Box 548,  
Route 113  
Georgetown, DE  
19947-0548  
**856-5230**



### **SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM**

The Senior Community Service Employment Program provides subsidized, part-time employment opportunities for low-income persons age 55 and above. The program also provides supportive services, training and assistance with seeking employment in the private sector. For more information, call:

#### **WILMINGTON/**

#### **NEW CASTLE COUNTY**

Wilmington Senior Center, Inc.  
1901 N. Market Street  
Wilmington, DE 19802  
**651-3440**

#### **KENT COUNTY**

Modern Maturity Center, Inc.  
1121 Forrest Ave.  
Dover, DE 19904  
**734-1200**

#### **SUSSEX COUNTY**

First State Community  
Action Agency  
P.O. Box 877  
Georgetown, DE 19947  
**856-7761**



A nation-wide service to help families and friends find information about community services for older people.

**elder** **care**  
LOCATOR

**1-800-677-1116**



# WOMEN'S VOCATIONAL SERVICES

Women's Vocational Services offers programs that are designed for women who have lost their main source of income due to separation, divorce, death or disability of their spouse.

Personal, career and educational counseling are provided. Funds for schooling are available to eligible persons. Job referral and placement assistance are provided, and referrals for other services are made. For more information, call:

## WILMINGTON/ NEW CASTLE COUNTY

Women's Vocational Services

4425 North Market Street

Wilmington, DE 19802 ..... 761-8085

## **FOSTER GRANDPARENT PROGRAM**

Senior citizens needed to strengthen our communities.

By assisting children in various programs, you can help create strong relationships between the generations.

*Age and income eligibility required. Qualified volunteers will earn a semi-monthly, tax-free stipend, transportation reimbursement, daily meal, on-going support and training, and leave time.*

### **New Castle County**

**255-9688 or  
255-9679**

### **Kent County**

**739-4569**

### **Sussex County**

**856-5262**



Division of State Service Centers  
State Office of Volunteerism  
DE Health & Social Services





### **Women's Vocational Services**

Suite 211, 225 Corporate Blvd.

Pencader Corporate Center

Newark, DE 19702 ..... 453-4350

### **KENT COUNTY**

#### **Women's Vocational Services**

1114 S. DuPont Hwy., Suite 104

Dover, DE 19901 ..... 739-5478

### **SUSSEX COUNTY**

#### **Women's Vocational Services**

600 N. DuPont Hwy. Suite 207

Georgetown, DE 19947-0548 ..... 856-5230

## ***CRAFT SHOPS***

Craft shops dedicated exclusively to the sale of items made by older persons are listed below. They accept items on consignment and may be contacted for additional information. Also, contact any senior center about placing items for sale in their gift shops.

### **WILMINGTON/NEW CASTLE COUNTY**

#### **The Golden Eagle**

Multiplex, 827 N. Market St.

Wilmington, DE 19801 ..... 778-4130

### **KENT COUNTY**

#### **Modern Maturity Center**

1121 Forrest Avenue

Dover, DE 19904 ..... 734-1200



# Financial Information & Assistance

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## **DEBT AND BUDGET COUNSELING**

The following are resources for debt counseling. The counseling is free and there are no income guidelines (except for Neighborhood House, Inc.). Persons must call for an appointment. Home visits can be arranged and some offices will negotiate with creditors. For more information, call:

### **CCCS**

Consumer Credit Counseling Services of  
Maryland & Delaware, Inc.  
757 Frederick Road  
Baltimore, MD 21228 ..... 1-800-642-CCCS

### **Catholic Charities**

4th & Greenhill Ave.  
P.O. Box 2610  
Wilmington, DE 19805 ..... 655-9624

### **Cooperative Extension Services**

69 Transportation Circle  
Dover, DE 19901 ..... 730-4000

### **First State Community Action Agency, Inc.**

P.O. Box 877  
308 N. Railroad Ave.  
Georgetown, DE 19947 .. 856-7761, 800-372-2240

### **Lutheran Community Services**

1304 North Rodney Street  
Wilmington, DE 19806 ..... 654-8886



## Financial Information & Assistance

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Neighborhood House, Inc.

1218 B Street

Wilmington, DE 19801 ..... 652-3928

Housing Counselor ..... 652-3978

(Housing problems, mortgage payments, pre-purchase  
counseling only)

### **ADOPT-A-FAMILY**

Grandparents who find themselves suddenly raising a grandchild and are in need of household goods such as a crib, car seat, bed, etc., should contact their closest State Service Center.

## **Our 10th Year Helping Seniors Preserve Their Independence**

---

- Health Care & Financial Planning
- Case Management Via
  - Guardianship
  - Durable Power of Attorney
  - Health Care Power of Attorney
  - Daily Money Management
- Consultation



**SENIOR PARTNER**

Financial and Health Care Management

*Call us today. We can help.*

*James R. Reynolds, LCSW*

**[www.seniorpartner.com](http://www.seniorpartner.com)**

**302 - 764 - 7880**



Ask for an appointment with a State Services Center social worker. For household goods such as those listed above, you will need a referral from the worker.

You can locate the State Service Center closest to you by referring to page 7 of this Guide or by calling the Delaware Helpline at 800-464-4357.

## ***DELAWARE CAREPLAN, INC.***

If you have a family member with special needs and are concerned about who will care for these needs when you are no longer able, Delaware CarePlan, a non-profit, non-governmental organization established in 1998, can provide lifetime assistance and planning for individuals with disabilities and their families. Family members meet

## **Delaware Money Management Program**

If you are a low-income senior or an adult  
age 18 or over with a physical  
disability and you are having difficulty  
managing your day-to-day finances,  
call **1-800-223-9074**  
to see if you qualify for the  
Delaware Money Management Program.



**DELAWARE HEALTH  
AND SOCIAL SERVICES**  
DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES

**AARP**  
Delaware



## **Financial Information & Assistance**

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with CarePlan professionals to design the care plan and designate the monies to be deposited in a pooled trust investment for your family member's use.

Delaware CarePlan, Inc.

1016 Centre Road,

Wilmington, DE 19805 ..... 633-4000

### DELAWARE MONEY MANAGEMENT PROGRAM

The Delaware Money Management Program is cosponsored by the Division of Services for the Aging and Adults with Physical Disabilities and AARP. This program offers money management services to help low-income seniors and adults with physical disabilities that have difficulty budgeting, paying routine bills and keeping track of financial matters. The program's goal is to promote and prolong independent living for individuals who are at risk of losing their independence due to inability to manage their financial affairs. The program uses volunteers to assist individuals who do not have friends or relatives able or willing to help.

255-9380 or 800-223-9074

## ***Read It On Line!***

Many publications are available for free on our web site, including the popular ***Guide to Services for Older Delawareans***. Visit the "Publications" section of our site for more information!

**[www.DSAAPD.com](http://www.DSAAPD.com)**



**DELAWARE HEALTH  
AND SOCIAL SERVICES**

**DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES**



# TAX INFORMATION

There are special tax exemptions, credits or deductions for anyone over the age of 65 at the federal, state and local levels. All three counties and many cities and towns offer some form of property tax relief to low income persons aged 65 or older. For more information, call:

**FEDERAL:**

Internal Revenue Service  
Federal Building  
9th and King Streets  
Wilmington, DE 19801  
**1-800-829-1040**  
(Forms) **1-800-829-FORM**

**STATE:**

Delaware State  
Division of Revenue  
Hours: 8:00 am to 4:30 pm

**WILMINGTON**

Carvel State Office Bldg.  
9th & French Streets  
Wilmington, DE 19801  
**800-292-7826** (in DE only)  
**577-8200** (Public Service Rep.)

**DOVER**

Thomas Collins Building  
Route 13, Dover, DE 19901  
**744-1085**

**GEORGETOWN**

418 N. DuPont Highway  
Georgetown, DE 19947  
**856-5358**

**NEW CASTLE COUNTY:**

New Castle County  
Assessment Division  
Government Center  
87 Reads Way  
New Castle, DE 19720  
**395-5522**

**KENT COUNTY:**

Kent County Board  
of Assessment  
Robert W. O'Brien  
Building  
414 Federal Street  
Dover, DE 19901  
**736-2141**

**SUSSEX COUNTY:**

Sussex County  
Treasury Division  
County Court House  
Georgetown, DE 19947  
**855-7720**

**LOCAL MUNICIPALITIES:**

Check with your local city/town  
offices for information.



# *Food* Programs

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## **CONGREGATE NUTRITION PROGRAM**

DHSS' Division of Services for Aging and Adults with Physical Disabilities congregate nutrition program serves thousands of Delawareans over the age of 60, their spouses, and disabled persons who meet eligibility criteria. The program provides a daily, nutritionally-sound and satisfying meal in a group setting or in the home when necessary. Nutrition counseling and nutrition education are also components of the program. Nutritional supplements are also available based on health needs.

The State of Delaware has four major nutrition projects (noted with

1703 West 10th Street  
Wilmington, DE 19805  
(302) 421-3734



Fax: (302) 421-3725  
cityfare@hotmail.com  
www.cityfare.org

### **New Castle County's Meals-on-Wheels and More**

- A nutritious lunch at locations throughout Wilmington
- Home-delivered meals to eligible seniors throughout New Castle County
- Healthy and delicious menus planned by a dietitian
- Nutrition education, screening, and counseling

*City Fare welcomes anyone 60+ regardless of  
race, creed, national origin, or handicap.*

*Administered by St. Anthony's Community Center, Inc.*



a \*) serving meals in a group setting. Within each project there are multiple sites where the meals are served.

## **WILMINGTON**

### **\*City Fare**

1703 W. 10th Street  
Wilmington, DE 19805  
**421-3734**

### **Centro Los Abuelos**

623 N. Harrison Street  
Wilmington, DE 19805  
**654-3130**

### **Claymore Senior Center**

504 S. Clayton Street  
Wilmington, DE 19805  
**428-3170**

### **Francis X. Norton**

#### **Senior Center**

922 Madison St.  
Wilmington, DE 19801  
**594-9455**

### **Graham Senior Center**

1709 Gilpin Avenue  
Wilmington, DE 19806  
**655-0266**

### **Jimmy Jenkins**

#### **Senior Center**

2300 Bowers Streets  
Wilmington, DE 19802  
**764-9022**

### **Latin American Community Center**

403 N. Van Buren Street  
Wilmington, DE 19805  
**655-7338**

### **People's Settlement Association Senior Center**

408 E. 8th Street  
Wilmington, DE 19801  
**658-4133**

### **Salvation Army Senior Center**

102 W. 5th Street  
Wilmington, DE 19801  
**658-0789, Ext. 25**

### **St. Anthony's Senior Center**

1703 W. 10th Street  
(1st Floor)  
Wilmington, DE 19805  
**421-3735**

### **St. Patrick's Center**

107 E. 14th Street  
Wilmington, DE 19801  
**652-6219**

### **St. Peter's Adult Center**

6th & Tatnall Streets  
Wilmington, DE 19801  
**571-8394**



## Food Programs

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### **WILMINGTON** *continued*

#### **South Wilmington Senior Adult Program**

Mt. Joy United  
Methodist Church  
451 Townsend Street  
Wilmington, DE 19801  
**655-7751**

#### **West Center City Adult Center**

501 N. Madison Street  
Wilmington, DE 19801  
**658-5332**

#### **Wilmington Senior Center**

1901 N. Market Street  
Wilmington, DE 19802  
**651-3400**

### **WILMINGTON HOUSING AUTHORITY (WHA) FACILITIES:**

(The following locations are available to WHA residents only)

#### **Compton Towers**

325 E. 5<sup>th</sup> Street  
Wilmington, DE 19801  
**429-6774**

#### **Parkview Apartments**

1800 N. Broom Street  
Wilmington, DE 19806  
**429-6701**

### **NEW CASTLE COUNTY**

#### **\*New Castle County Nutrition Program**

New Castle County  
Senior Services  
87 Reads Way  
New Castle, DE 19720  
**395-5650**

#### **Absalom Jones Senior Center**

310 Kiamensi Road  
Wilmington, DE 19804  
**998-0363**

#### **B'nai B'rith House**

8000 Society Drive  
Claymont, DE 19703  
**798-6846**

#### **Brandywine Senior Center**

Claymont  
Community Center  
3301 Green Street  
Claymont, DE 19703  
**798-5562**

#### **C & D Senior Center**

Liberty Terrace Apts.  
Community Room  
Freedom Road  
Newark, DE 19702  
**323-2630**



**De La Warr Senior Center**  
19 Lambson Lane  
New Castle, DE 19720  
**429-0581**

**Jewish Community Center**  
101 Garden of Eden Rd.  
Wilmington, DE 19803  
**478-5660**

**Mid-County Senior Center**  
First Regiment Road  
Wilmington, DE 19808  
**995-6555**

**M.O.T. Senior Center**  
300 South Scott St.  
Middletown, DE 19709  
**378-4758**

**New Castle Senior Center**  
304 Delaware Street  
New Castle, DE 19720  
**326-4209**

**Newark Senior Center**  
200 White Chapel Dr.  
Newark, DE 19713  
**737-2336**

**Oak Grove Senior Center**  
11 Poplar Avenue  
Elsmere, DE 19805  
**998-3319**

**Sellers Senior Center**  
500 Duncan Road  
Wilmington, DE 19809  
**762-2050**

**Woodlea Elderly  
Apartments**  
5500 Fairmont Drive  
Wilmington, DE 19808  
**737-5616**

## **KENT COUNTY**

**\*MANNA**  
Modern Maturity Center  
1121 Forrest Ave.  
Dover, DE 19904  
**734-1200**

**Harrington Senior Center**  
102 Fleming Street  
Harrington, DE 19952  
**398-4224**

**Luther Towers**  
430 Kings Highway  
Dover, DE 19901  
**674-0664**

**Mamie A. Warren  
Maturity Center**  
P.O. Box 42  
Kenton, DE 19955  
**653-4078**



## Food Programs

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### **KENT COUNTY** *continued*

#### **Milford Senior Center**

111 Park Ave.

Milford, DE 19963

**422-3385**

#### **Peach Circle**

900 Peach Circle

Smyrna, DE 19977

**653-4591**

### **SUSSEX COUNTY**

#### **\*CHEER**

**Sussex County**

**Senior Services**

546 S. Bedford Street

Georgetown, DE 19947

**856-5187**

#### **Bridgeville Senior Center**

414 Market Street

Bridgeville, DE 19933

**337-8771**

#### **Casa San Francisco**

P.O. Box 38

127 Broad Street

Milton, DE 19968

**684-8694**

#### **Georgetown**

#### **CHEER Center**

546 S. Bedford Street

Georgetown, DE 19947

**856-5187**

#### **Greenwood CHEER Center**

P.O. Box 341

Greenwood, DE 19950

**349-5237**

#### **Harbor Lights**

#### **CHEER Center**

34211 Woods Edge Drive

Lewes, DE 19958

**645-9239**

#### **Laurel Senior Center**

P.O. Box 64

113 N. Central Avenue

Laurel, DE 19956

**875-2536**

#### **Nanticoke Indian**

#### **Elder CHEER Center**

RD #4, Box 107A

Route 24

Millsboro, DE 19966

**945-7404**

#### **Oak Orchard**

#### **CHEER Center**

R.D. 4, Box 174-A

Millsboro, DE 19966

**945-3551**



**Ocean View Leisure and  
Resource Center**

Cedar Neck Rd.  
Ocean View, DE 19970  
**539-2671**

**Roxana CHEER Center**

R.D. #2, Box 281-1  
Pyle State Service Center  
Omar & Roxana Roads,  
Rd. 382  
Frankford, DE 19945  
**732-3662**

**Slaughter Neck  
CHEER Center**

Slaughter Neck  
Community Action Bldg.  
Road 215 off Route 14  
R.D. #1, P.O. Box 293  
Lincoln, DE 19960  
**684-4819**

***HOME-DELIVERED MEALS***

The home-delivered meals program provides nutritious meals to homebound individuals over age 60 and their spouses. Special diets are available from many sites. Contact the project below for additional information.

**WILMINGTON/New Castle County**

**City Fare**

1703 W. 10th Street, Wilmington, DE 19805  
**421-3734**

*Visit us on the web!*

**[www.DSAAPD.com](http://www.DSAAPD.com)**



**Division of Services for Aging  
and Adults with Physical Disabilities**



## ***Food Programs***

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Newark Senior Center  
200 White Chapel Dr.  
Newark, DE 19713  
**737-2336**

### **KENT COUNTY & LOWER NEW CASTLE COUNTY**

**MANNA**  
Modern Maturity Center  
1121 Forrest Ave.  
Dover, DE 19904  
**734-1200**

### **SUSSEX COUNTY**

**CHEER**  
Sussex County  
Senior Services, Inc.  
546 S. Bedford St.  
Georgetown, DE 19947  
**856-5187**

## ***FOOD STAMP PROGRAM***

The Food Stamp Program supplies persons meeting certain eligibility requirements with stamps that may be used to purchase food. The program is administered by DHSS' Division of Social Services. For more information, call:

Delaware Helpline ..... 1-800-464-4357

## **Meals-On-Wheels of Lewes and Rehoboth, Inc.**

32409 Lewes-  
Georgetown Highway  
Lewes, DE 19958

**645-7449**

(Call between 8:00  
a.m. and 3:00 p.m.)

**The 2004/2005  
Guide to Services for  
Older Delawareans  
is available in  
Spanish.**

**For a copy,  
call  
1-800-223-9074.**





# Homemaker/Home Health Care & Hospice

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Homemaker and home health care services help individuals function as independently as possible in their own homes. The services provided vary from agency to agency. An emergency response system may allow a person to remain at home alone with back-up emergency help available when needed. Homemaker services include household chores such as meal preparation, light housekeeping, laundry and shopping. Home health care involves personal care and medically-oriented care, ranging from assistance with personal care needs (supervised aide services) to skilled care such as dressing changes or physical therapy provided by a licensed professional.



## ELDERCARE is...



**A  
Hot Meal**

### **CARE AT HOME OR NURSING HOME**

- Personal Care
- Transportation
- Warm Bath
- Housekeeping



**Molter Associates, Inc., Home Health Services**  
**3203 Concord Pike, Suite 2, Wilmington**  
*Professionally Trained*

**Call Today: 479-5200**

**Home Health Care Licensed. 27 Years of Service.**



## ***Homemaker/Home Health Care & Hospice***

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Provided here is a list of home health agencies licensed in the state of Delaware. These organizations provide a variety of services and will accept different types of payment.

Hospice is a choice when recovery is no longer possible. Hospice focuses on care, not cure, ensuring that patients and their families receive the care, comfort and support they need. Pain and symptom management and emotional support are provided in the familiar surroundings of home, regardless of the ability to pay.

If you have a complaint regarding the care you receive from a licensed home health care or hospice agency, please call the office of Health Facilities Licensing and Certification at 1-800-942-7373.



**Celebrating  
20 Years of  
Caring!**

### ***GRISWOLD SPECIAL CARE***

**WE CARE FOR YOU IN YOUR HOME**

**Affordable Rates**

**Experienced Caregivers**

**Hourly, Overnight or Live-In Care Options**

**Serving New Castle, Kent & Sussex Counties**



[www.delawarespecialcare.com](http://www.delawarespecialcare.com)

**Toll Free 1-866-351-6988**





## ***EMERGENCY RESPONSE SYSTEMS (ERS)***

The following companies offer installation and monitoring of ERS systems in your home or apartment. There is a one time cost for installation and monthly costs to maintain the system. By pressing a button on a device worn on your wrist or around your neck, you can signal that you need emergency help and/or assistance from previously identified family members, neighbors or your local 911 response team. Call these companies for more specific information, including costs.

American Senior Safety Agency .... 1-888-473-2800

LifeAlert ..... 1-800-475-7402

LifeAssure ..... 1-800-685-5252

LifeLine ..... 1-800-543-3546

Link To Life ..... 1-800-338-4176

Med Alert ..... 1-800-985-4357

Sussex County Senior Services ..... 302-854-2896



# **Spare Hand**

**Move-Out Coordination Services**

- Coordinating your move out process from beginning to end.
- Organizing the removal of household and/or personal items.
- Focusing and addressing the special needs of seniors and caregivers of seniors.
- Servicing DE, PA and NJ.

**(267) 226-7591**

*Licensed and Bonded  
Free Consultation*

P.O. Box 8836, Elkins Park, PA 19027  
[www.sparehand2003.com](http://www.sparehand2003.com)



## ***FRIENDS LIFE CARE AT HOME***

A non-profit, non-sectarian life care plan for persons over age 60 who want to remain in their own homes even if their health should change. A care coordination team helps care for the person according to the life care plan that is developed.

### **Friends Life Care at Home**

1777 Sentry Parkway West

Suite 210, Dublin Hall

Blue Bell, PA 19422

(Delaware number) ..... (302) 426-1510



FRIENDS LIFE CARE AT HOME®  
1777 SENTRY PARKWAY WEST  
SUITE 210 DUBLIN HALL  
BLUE BELL, PA 19422  
(215) 628-8964 OR (302) 426-1510  
[www.friendslifecareathome.org](http://www.friendslifecareathome.org)

- A one-of-a-kind, comprehensive life care plan for individuals age 50-81 who wish to remain independent in their own homes for as long as possible.
- When you become a member, an OnCall Coordinator™ visits you in your home, gets to know you and establishes a relationship with you. Then, should you ever need help with anything covered by the Plan, you simply call the OnCall Coordinator, who is available 24 hours a day, seven days a week.

Created and operated in the Quaker tradition.



## **HOMEMAKER/HOME HEALTH/HOSPICE AGENCIES**

### **WILMINGTON/ NEW CASTLE COUNTY**

#### **ADDUS HealthCare**

260 Chapman Road,  
Suite 100B

Newark, DE 19702

**455-1550**

*Note: Addus acquired  
Preferred Health Mate  
in Feb. 2004. Call the  
above number for both  
agencies.*

#### **Bayada Nurses, Inc.**

3521 Silverside Road

Concord Plaza

Quillen Building

Suite 1-G

Wilmington, DE 19810

**477-0600**

#### **Bayada Nurses, Inc.**

1400 Peoples Plaza

Newark, DE 19702

**836-1000**

#### **Christiana Care/Visiting Nurse Association**

One Read's Way, Suite 100

New Castle

Corporate Commons

New Castle, DE 19720

**323-8200**

#### **Compassionate Care Hospice**

5610 Kirkwood Highway

Wilmington, DE 19808

**683-1000**

**1-800-219-0092**

## **I N D E P E N D E N C E**

**In the privacy of your own home**

#### **Affordable Non-Medical Care**

- Companionship
- Grocery Shopping
- Emergency Monitoring Systems
- Meal Preparation
- Transportation
- Respite Care
- House Keeping
- Laundry
- Errands

*Our friendly caregivers are fully screened, bonded & insured.*

For a Free Color Brochure or In-Home Consultation,

**Call: (302) 286-0100 • Fax: (302) 286-1015**

**[www.comfortkeepers.com](http://www.comfortkeepers.com)**



**Comfort  
Keepers**

*Each Office Independently  
Owned and Operated*



## *Homemaker/Home Health Care* & Hospice

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### **WILMINGTON/ NEW CASTLE COUNTY** *continued*

#### **Delaware Hospice, Inc. and Transitions**

(a new program to support and  
assist people in accessing  
community services)

3515 Silverside Road  
Wilmington, DE 19810  
**478-5707**  
**800-838-9800**

**Eldercare Convalescent**  
3203 Concord Pike  
Suite 2  
Wilmington, DE 19803  
**479-5200**

**Generations Home Care**  
103 Rogers Road  
Wilmington, DE 19801  
**658-6731**

**Heartland Hospice of  
Delaware Valley**  
431 South Walnut Street  
Kennett Square, PA 19398  
**800-311-3184**



*choice  
care  
comfort* 

## ***“We are Delaware’s Hospice”***

*The largest, most experienced nonprofit  
hospice in the area, with over 20 years  
of quality care.*

Joint Commission  
on Accreditation  
of Healthcare  
Organizations



# **DELAWARE HOSPICE**

*Since 1982*

**800-838-9800**  
**www.delawarehospice**

***When it matters most...choose Delaware Hospice***



**Home Health Corporation  
of America**

260 Chapman Road,  
Ste. 200  
Newark, DE 19702  
**738-9756**

**Home Health Services  
by T.L.C.**

287 Christiana Road  
New Castle, DE 19720  
**322-5510**

**Interim Health Care**

262 Chapman Rd.  
Suite 100  
Newark, DE 19702  
**283-4350**

**Life Force Elderly Services**

1203 Polly Drummond  
Office Park  
Newark, DE 19711  
**737-4400**

**Maxim Healthcare**

1409 Foulk Road  
Suite 203  
Wilmington, DE 19803  
**478-3434**

**Neuro Care/Total Care**

201 Ruthar Drive, Suite 5  
Newark, DE 19711  
**738-6400**



**(302) 479-7500**  
**Fax (302) 479-5720**  
**1407 Foulk Rd., Suite 200**  
**Wilmington, DE 19803**

Odyssey Healthcare provides services to terminally ill patients. Our first priority is our patients and their families. Odyssey staff provide support to caregivers and their families daily. Under the direction of the patient's primary physician, we coordinate the following services:

- Medications, equipment
- Social work services
- Expert nursing care
- Emotional care
- Dietary counseling
- Physical, speech & occupational therapy
- Chaplain (or other clergy support)
- Personal care
- Financial counseling
- Bereavement care & counseling
- Volunteer service & support



## **Homemaker/Home Health Care & Hospice**

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### **WILMINGTON/ NEW CASTLE COUNTY *continued***

**Odyssey Health Care**  
1407 Foulk Road  
Suite 200  
Wilmington, DE 19803  
**479-7500**

**Oncology Care  
Home Health**  
267 E. Main St.  
Newark, DE 19711  
**455-1500**

### **Jewish Family Service** Services are available to all

**WE HELP OLDER ADULTS  
GROW WITH DIGNITY  
AND INDEPENDENCE**

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- Assessments
  - In-Home Counseling
  - Frail Elderly Support Program
    - Care Management
  - Care Giver Consultations
  - Bereavement Group
- 

**302-478-9411**

Three convenient locations  
Wilmington • Newark • Claymont

e-mail: [jewishfamilyservice@comcast.net](mailto:jewishfamilyservice@comcast.net)

### **St. Francis Home Health Care**

7th and Clayton Streets  
Wilmington, DE 19805  
**575-8240**

### **KENT COUNTY**

**ADDUS Health Care**  
1003 Matlind Way  
Milford, DE 19963  
**424-4842**

**Bayhealth at Kent General  
Home Health Care**  
560 S. Governors Avenue  
Dover, DE 19904  
**744-7300**

**Bayhealth at Milford  
Memorial Home  
Health Care**  
104 N.E. Front Street  
Milford, DE 19963  
**424-5590**

**Christiana Care Visiting  
Nurse Association**  
2116 S. DuPont Highway  
Suite 2  
Camden, DE 19934  
**698-4300 or  
888-290-2800**

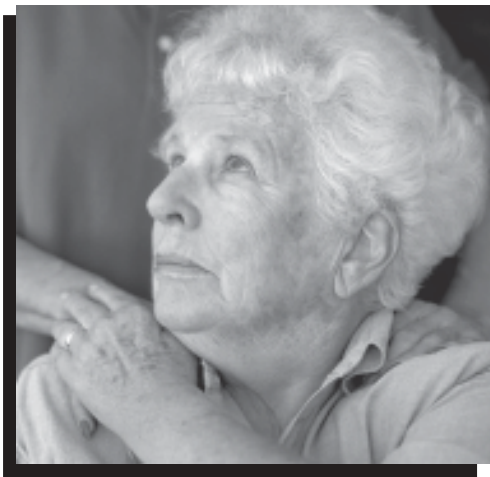


# Concerned about caring for your loved one?

Compassionate Care Hospice cares for people with life-limiting illnesses. We provide care in the home, nursing home, or assisted living facility. With our help, families enable their loved one to experience the best possible quality of life in the time they have remaining.

## Our Services Include:

- Nursing Care
- Home Health Aides
- Counseling and Support
- Hospice Medications and Supplies



*Serving Delaware Since 1993*  
*Call for Information: 1-800-219-0092*  
**[www.compassionatecare.info](http://www.compassionatecare.info)**

CHAP Accredited



**New Castle County**  
**(302) 683-1000**  
**(800) 219-0092**

**Kent County**  
**(302) 424-8230**  
**(800) 219-0092**

**Sussex County**  
**(302) 934-5900**  
**(800) 219-0092**



## Compassionate Care Hospice

*Committed to Quality of Life*



## Homemaker/Home Health Care & Hospice

### KENT COUNTY *continued*

#### Christiana Care Visiting Nurse Association

611 S. DuPont Highway  
Suite 101

Milford, DE 19963

422-2010 or

800-322-4428

#### Compassionate Care Hospice

201B W. DuPont Highway  
Millsboro, DE 19966

424-8230

#### Delaware Hospice

Dover Office

911 S. DuPont Hwy.

Dover, DE 19901

800-838-9800 or

678-4444

#### Generations Home Care, Inc.

753A Walker Road

Dover, DE 19901

734-7005

#### Home Health Corp. of America

2145 S. DuPont Highway

Dover, DE 19901

697-7125 or

800-655-9299

## Your Trusted *Non-medical* Eldercare Source.

**C**ompanionship is as important as health care when it enables seniors to remain independent and in their homes. Our **CAREGivers<sup>sm</sup>** provide help at home that includes:

- Companionship
- Light Housekeeping
- Errands
- Meal Preparation
- Medication Reminders
- Shopping

***Call for a Free,  
No-Obligation Appointment***

NEW CASTLE  
5716 Kennett Pike  
Centreville, DE 19807  
654-4003  
[bob.bird@homeinstead.com](mailto:bob.bird@homeinstead.com)

KENT/SUSSEX  
11550 Willow Grove Road  
Wyoming, DE 19934  
697-6435 or 888-272-0223  
[robert.ware@homeinstead.com](mailto:robert.ware@homeinstead.com)

**Home Instead<sup>®</sup>**  
**SENIOR CARE**

[www.homeinstead.com](http://www.homeinstead.com)

*Each Home Instead Senior Care office  
is independently owned and operated.*



**Home Health Services  
by TLC**

1241 College Park Drive  
Dover, DE 19904  
**1-800-560-0114**

**Interim Health Care**

907 S. Governors Avenue  
Dover, DE 19901  
**734-3131**

**SUSSEX COUNTY**

**Beebe Hospital Home  
Health Agency**

301 N. DuPont Highway  
Georgetown, DE 19947  
**854-5210**

**CHEER Home Services  
Sussex County Senior  
Services, Inc.**

20520 Sandhill Road  
Georgetown, DE 19947  
**854-9555**

**Christiana Care Visiting  
Nurse Association**

600 N. DuPont Hwy.  
Suite 203  
Georgetown, DE 19947  
**855-9700**

**Compassionate  
Care Hospice**

201B W.  
DuPont Highway  
Millsboro, DE 19966  
**934-5900**

**Delaware Hospice**

600 DuPont Hwy.  
Georgetown, DE 19947  
**800-219-0092**

**Generations  
Home Care, Inc.**

205 East Market Street  
Georgetown, DE 19947  
**856-7774**

***Senior Social Services, Inc.***

**ONE CALL DOES IT ALL!**

***Home care is less restrictive and more economical than institutionalization.***

- Assistance with Personal Care • Shopping • Hospice Companions • Transportation
- Outings • Laundry • Monitor Medications • Coordinate Medical Visits,  
All At Reasonable Rates

*Founded by Norma Hackney*

Member National Association of Professional Geriatric Care Managers • Insured & Bonded

**302-328-4485**





# CHEER

Sussex County Senior Services, Inc.

## In-Home Services

- Personal Home Health Care
- Housekeeping Services
- Companion Sitter Service
- Emergency Response System
- Medication Management
- Loaned Medical Equipment
- CHEERmobile
- "Grocery Store on Wheels"
- Caregiver Resource Center
- Home Meal Delivery

20520 Sand Hill Rd. Georgetown, DE  
302-854-9555 or 302-854-9562

34211 Woods Edge Dr. Lewes, DE  
302-644-8325

[www.scss.org](http://www.scss.org)

## *Homemaker/Home Health Care & Hospice*

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### SUSSEX COUNTY *continued*

Home Health  
Corporation of America  
208 N. Bedford Street  
Georgetown, DE 19947  
855-1220

Home Health  
Services by TLC  
311 W. 9<sup>th</sup> Street  
S. Bethany Beach, DE 19930  
1-800-560-0114

## *Read It On Line!*

Many publications are available for free on our web site, including the popular *Guide to Services for Older Delawareans*. Visit the "Publications" section of our site for more information!

[www.DSAAPD.com](http://www.DSAAPD.com)



**DELAWARE HEALTH  
AND SOCIAL SERVICES**

DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES



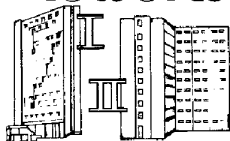
# Housing

Housing plays a major role in the life satisfaction of older persons. Housing options for older individuals range from the independent situations to more cooperative arrangements to skilled care supervision.

## **HOUSING DISCRIMINATION**

If you believe you have been denied housing because of your race, religion, a disability, or other factors, you may file a complaint with HUD (the federal Department of Housing and Urban Development) under the Fair Housing Act by calling the Delaware State Human Relations Commission or by calling HUD directly.

LUTHER  
TOWERS



1201 North  
Harrison

1420 North  
Franklin

LUTHERAN SENIOR SERVICES, INC.  
1201 North Harrison Street,  
WILMINGTON, DELAWARE 19806

### **THE VERY BEST IN AFFORDABLE LIVING FOR SENIORS**

Luther Towers in Wilmington, Delaware offers 370 spacious efficiency and one-bedroom apartments at the most affordable rents (utilities included) in Delaware. Support services include The Pineapple Restaurant, Mini-Mart convenience store, library, beauty salon, computer center and many social activities.

We offer 24-hour desk security, professional services coordination and transportation to banks, shopping and medical appointments. Our staff and volunteers are dedicated to making the Luther Towers community a unique living experience for seniors.

**Contact:** Susan Pugh, Admissions Director  
(302) 652-3737 x107  
e-mail: [susan@luthertowers.com](mailto:susan@luthertowers.com)





## State Human Relations Commission

New Castle County .....	577-5050
Kent County .....	739-4567
Sussex County .....	856-5331

## HUD Fair Housing Distribution Center

1-800-767-7468

## Other Housing agencies of interest:

### Delaware Housing Coalition

P.O. Box 1633, Dover, DE 19903

678-2286 • 1-888-335-7928

*Call to request their newsletter.*

### Housing Opportunities of Northern Delaware (HOND)

100 W. 10<sup>th</sup> Street, Wilmington, DE 19801

429-0794

*Offers Fair Housing Act training*

### HUD Veterans Resource Center

1-800-998-9999

### Statewide Association of Tenants

P.O. Box 397, Dover, DE 19903

678-2286 • 1-888-335-7928



## **HOME REPAIR**

Various programs throughout the state assist older Delawareans with home repair. The programs vary according to client eligibility and/or the type of repair required. For further information, contact the individual organizations and programs listed below.

### **COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM**

The Community Development Block Grant Program (CDBG) provides low-cost loans for repairs and renovations that will bring a home up to housing code standards. Examples include: plumbing, electrical, and structural renovations. For more information on CDBG monies for home repair contact the appropriate office listed below:

#### **WILMINGTON**

**Real Estate & Housing  
Department**

800 N. French Street  
Wilmington, DE 19801  
**576-3000**

#### **NEW CASTLE COUNTY**

**Department of  
Community Services**

87 Reads Way  
New Castle, DE 19720  
**395-5600**

**City of Newark Planning  
Department**

Municipal Building  
220 Elkton Road  
Newark, DE 19711  
**366-7030**

**Newark Senior Center  
Senior Home Repair  
Program**

200 White Chapel Dr.  
Newark, DE 19713  
**737-2336**  
(For homeowners  
age 60+ with Newark  
postal addresses)



## KENT COUNTY

### Kent County Department of Planning/Community Development

Robert O'Brien Building  
414 Federal Street  
Dover, DE 19901  
**744-2480**

City of Dover Department  
of Community Development  
15 E. Lookerman St.  
Dover, DE 19901  
**736-7175**

## City of Milford

201 S. Walnut Street  
Milford, DE 19963  
**422-6616**

## SUSSEX COUNTY

### Sussex County Community Development and Housing

P.O. Box 589  
8 N. Race Street  
Georgetown, DE 19947  
**855-7777**

## ***U.S.D.A. RURAL DEVELOPMENT***

FmHA loan and grant programs are available to homeowners in rural areas for health and safety-related repairs. Grants are available to persons 62 and older depending on funding. Loans have 1% interest. Applicants must own and occupy dwelling. Loans are made to very low income families regardless of age.

## KENT COUNTY/ NEW CASTLE COUNTY

### U.S.D.A. Rural Development

3500 S. DuPont Highway  
Dover, DE 19901 ..... **697-2600**

## SUSSEX COUNTY

### U.S.D.A. Rural Development

408A N. DuPont Highway  
Georgetown, DE 19947 ..... **856-3990**



## **HOUSING REHABILITATION PROGRAMS**

The Housing Rehabilitation Loan Program (HRLP) and the Community Development Block Grant Program (CDBG) provide financial assistance to qualified owner-occupants and to landlords who rent to low-income persons. Assistance applies to heating, electrical, plumbing, roofing and structural problems in addition to other safety and health hazards necessary to bring a property up to the standards of State and local housing codes. The money may also be used to finance the cost of making a unit handicapped-accessible. For more information, call:

### **WILMINGTON**

Real Estate and Housing  
Department  
800 N. French Street  
Wilmington, DE 19801  
**576-3000**

### **NEW CASTLE COUNTY**

Community Development  
and Housing  
Rehabilitation Program  
87 Reads Way  
New Castle, DE 19720  
**395-5618**

### **KENT COUNTY/DOVER**

Kent County Department  
of Planning  
Robert O'Brien Building  
414 Federal Street  
Dover, DE 19901  
**744-2480**

Downtown MILFORD  
Revitalization Fund Program  
**422-3344**

### **SUSSEX COUNTY**

Sussex County Community  
Development & Housing  
P.O. Box 589  
Georgetown, DE 19947  
**855-7777**

### **STATEWIDE**

Delaware State Housing  
Authority  
Neighborhood  
Revitalization Fund Program  
820 N. French Street  
Wilmington, DE 19801  
**577-5001**

18 The Green  
P.O. Box 1401  
Dover, DE 19901  
**739-4263**



## ***H.O.M.E. (Home Oriented Maintenance for the Elderly)***

Home Oriented Maintenance for the Elderly (H.O.M.E.) provides minor repairs and maintenance at reasonable fees for older persons seeking to continue independent living in their own homes. This program is available in the New Castle County area only. For more information, call:

### **Lutheran Community Services**

1304 N. Rodney Street

Wilmington, DE 19806-4242 ..... 654-8886

**New Castle County Minor Home Repairs Program....395-5618**

For Kent and Sussex County home repairs, contact:

**R, C and D (Resource Conservation and Development Council)**

1203 College Park Rd. Suite 101

Dover, DE 19904 ..... 697-9532 or 424-6744

## ***HOME WEATHERIZATION ASSISTANCE/ FURNACE RETROFIT PROGRAM***

Administered by the Department of Administrative Services, Division of State Service Centers, Office of Community Services, the Weatherization Program provides a variety of services including: caulking, storm window installation, insulation, etc.; and furnace retrofit, involving the installation of a “flame retention burner” for existing oil furnaces. Eligibility for the program is based on the same income eligibility guidelines as the fuel assistance program. For more information, call:



**NEW CASTLE COUNTY**

Neighborhood House Inc.

1218 B Street

Wilmington, DE 19801 ..... 652-3928

**KENT/SUSSEX COUNTY**

First State Community Action Agency, Inc.

P.O. Box 877

Georgetown, DE 19947 ..... 856-7761

907 S. Governor's Avenue

Dover, DE 19901 ..... 674-1355, 800-372-2240

**HOME OWNER ASSISTANCE**

The following programs provide seniors with information about saving money on energy assistance and conservation, and homeowner/renter financial assistance.

**Energy Assistance**

**DELAWARE ENERGY ASSISTANCE PROGRAM (DEAP)**

The Delaware Energy Assistance Program provides assistance for the payment of heating bills for low income households.

**NEW CASTLE COUNTY**

Catholic Charities

4th St. & Greenhill Ave., P.O. Box 2610

Wilmington, DE 19805 ..... 654-9295

**KENT COUNTY**

Catholic Charities

1155 West Walker Road

Dover, DE 19904 ..... 674-1782



## SUSSEX COUNTY

### Catholic Charities

406 S. Bedford Street, Suite 9

Georgetown, DE 19947 ..... 856-6310

## ***GOOD NEIGHBOR ENERGY FUND***

Conectiv has established the Good Neighbor Energy Fund, designed to help pay the electric and natural gas bills of persons who will lose these utilities without such aid. The Salvation Army administers the fund throughout the Delmarva Peninsula and makes all distribution decisions. For more information, call:

## NEW CASTLE COUNTY

### Salvation Army

400 N. Orange Street, P.O. Box 308

Wilmington, DE 19899 ..... 656-1696 or 472-0700

## KENT COUNTY

### Salvation Army

P.O. Box 123, 611 Forest St.

Dover, DE 19903 ..... 678-9551

## SUSSEX COUNTY

### Salvation Army

601 N. Dual Highway

Seaford, DE 19973 ..... 628-2020



## **FINANCIAL ASSISTANCE**

### **HOME EQUITY CONVERSION**

Home equity conversion is a financial arrangement in which an elderly person may access the equity in his/her home while continuing to live there. One form of home equity conversion, a reverse mortgage, is available to older persons in Delaware. In a reverse mortgage, the homeowner takes out a loan based on the equity in the house, the loan is advanced in increments to the borrower, and repayment is deferred until a future date, at which time the loan becomes due in full. HUD requires that anyone seeking a reverse mortgage must attend a housing counseling session offered by any of the following local agencies:

HUD Information Line ..... 888-466-3487

National Reverse Mortgage Lenders  
Association ..... 1-866-264-4466

#### **HUD Certified Counseling Agencies:**

Center for Homeownership (YWCA) ..... 888-7790

Community Housing Inc. .... 652-3991

Delaware Community Reinvestment

Action Council ..... 654-5024 or 1-877-825-0750

First State Community Action Agency ... ..... 856-7761

Interfaith Housing..... 995-7408

NCALL ..... 283-7505, 678-9400, 855-1370

Neighborhood House Inc. .... 652-3928

At the time of publication, these companies offered reverse mortgages to Delaware homeowners:

Academy Mortgage ..... 800-420-5515

Financial Freedom Mortgage

800-368-3254 or 302-984-0988

Wells Fargo Mortgage Company ..... 888-217-5700



## **PROPERTY TAX RELIEF**

All three counties and many cities and towns offer some form of property tax relief for low income persons aged 65 and older. Check the Financial Information and Assistance Chapter of the Guide for provider information.

## **RENTAL ASSISTANCE**

### **Section 8 Housing**

Low income families and single persons who are 62 or older or disabled may be eligible for Section 8 — Existing or Voucher assistance. For more information, call:

#### **WILMINGTON**

Wilmington Housing Authority  
Section 8  
400 Walnut Street  
Wilmington, DE 19801  
**429-6703**

#### **NEW CASTLE COUNTY**

Section 8  
87 Reads Way  
New Castle, DE 19720  
**395-5624**

Newark Housing Authority  
Section 8  
313 East Main Street  
Newark, DE 19711  
**366-0826**

#### **KENT/SUSSEX COUNTY**

Dover Housing Authority  
Section 8  
76 Stevenson Drive  
Dover, DE 19901  
**678-1965**

#### **Delaware State Housing Authority**

Section 8  
1289 Walker Rd.  
Dover, DE 19904  
**739-7416**  
**337-0219 (Satellite Waiting List Office)**



**HOUSING OPTIONS**

**ADULT FAMILY CARE HOMES/FOSTER CARE**

Private homes in the community, also known as Adult Family Care Homes or Foster Care Homes, provide a family living environment for older persons who need some supervision in their daily activities and can no longer live independently. An applicant must be ambulatory, continent and able to participate in the placement process. They must also be able to administer their own medications.

A special program exists to help pay for the foster care placement for individuals who meet certain medical and financial eligibility requirements.

For more information on foster care placement for persons 18 and over with a disability or over 60, call:

**DHSS Division of Services for Aging and  
Adults with Physical Disabilities**

New Castle County .....	453-3820
Kent/Sussex County .....	422-1386
Statewide Toll Free .....	1-800-223-9074

**MANUFACTURED HOUSING (MOBILE HOMES)**

Delaware Manufactured Home Owners Association  
4590 Highway One, PMB 112  
Rehoboth Beach, DE 19971 ..... 945-2122

Persons considering mobile homes as a retirement housing option may obtain information about types of mobile homes, mobile home parks and the availability of homes. Complaints about existing mobile homes can also be referred to this number.

First State Manufactured Housing Association  
P.O. Box 1829, Dover, DE 19903 ..... 674-5868



**RENT-ASSISTED HOUSING FOR ELDERLY/DISABLED**

All of the rental housing units listed below receive some type of federal assistance or support. Federal funding of these units requires that low income senior citizens, age 62 and over, pay no more than 30% of their income on rent (including utilities) in publicly-funded housing.

Each of the housing complexes listed must be contacted individually to determine the rental fee and receive additional information.

**WILMINGTON**

**Wilmington Housing Authority**

4th & Walnut Streets

Wilmington, DE 19801 ..... **429-6700**

The Wilmington Housing Authority office is the single point of contact for the following facilities:

**Baynard Apartments**

309 W. 18<sup>th</sup> St.

Wilmington, DE 19802

**Compton Towers**

325 E. 5<sup>th</sup> St.

Wilmington, DE 19801

**Crestview**

2700 N. Market St.

Wilmington, DE 19802

**Lincoln Towers**

1625 Gilpin Ave.

Wilmington, DE 19806

**Thomas J. Herlihy Jr.**

320 E. 5<sup>th</sup> St.

Wilmington, DE 19801

**1802 West**

1802 West St.

Wilmington, DE 19802

*Contact these complexes directly:*

**The Antonian**

1701 West 10th Street

Wilmington, DE 19805

**421-3757**



**Herring Manor**

2412 N. Market St.  
Wilmington, DE 19802  
**429-6776**

**Ingleside Apartments**

1005 Franklin Street  
Wilmington, DE 19806  
**575-0250**

**Latin American Community  
Center Development Corp.**

403 N. Van Buren St.  
Wilmington, DE 19805  
**421-5455**

**Luther Towers I**

1201 North Harrison St.  
Wilmington, DE 19806  
**652-3737**

**Luther Towers II**

1420 N. Franklin Street  
Wilmington, DE 19806  
**654-4490**

**Maplewood Housing  
for the Elderly**

501 S. Clayton Street  
Wilmington, DE 19805  
**421-9198**

**Parkview Apartments**

1800 N. Broom Street  
Wilmington, DE 19802  
**429-7288**

**Prestwyck Apartments**

2815 N. Market Street  
Wilmington, DE 19802  
**764-6450**

**Quaker Hill Place**

200 Washington Street  
Wilmington, DE 19801  
**571-0100**

**Rodney Court Apartments**

1100 Pennsylvania Ave.  
Wilmington, DE 19806  
**654-9113**

**Sacred Heart Village**

920 N. Monroe Street  
Wilmington, DE 19801  
**654-5407**

**Terry Apartments**

2400 North Broom Street  
Wilmington, DE 19802  
**655-6661**

**Windsor Apartments**

500 North Walnut Street  
Wilmington, DE 19801  
**656-1354**

**NEW CASTLE COUNTY****B'nai B'rith House**

8000 Society Drive  
Claymont, DE 19703  
**798-6846**



## **NEW CASTLE COUNTY *continued***

### **Carleton Court**

1900 Southway Drive  
Newark, DE 19713  
**454-1800**

### **Chelten Apartments**

431 Old Forge Road  
New Castle, DE 19720  
**322-6323**

### **Holly Square**

400 N. Broad Street  
Middletown, DE 19709  
**378-8926**

### **Liberty Terrace**

100 Liberty Terrace  
Newark, DE 19702  
**322-8953**

### **Main Towers**

330 East Main Street  
Newark, DE 19711  
**737-9574**

### **Manlove Manor**

301-379 Manlove Place  
Wilmington, DE 19804  
**652-4851**

### **Marrows Court Apartments**

100-A Witherspoon Lane  
Newark, DE 19713  
**453-9596**

### **Marydale Retirement Village**

135 Jeandell Drive  
Newark, DE 19713  
**368-2784**

### **Middletown Trace**

67 New Street  
Middletown, DE 19709  
**378-4611**

### **Newark Housing Authority**

Delaware Circle  
Newark, DE 19711  
**366-0826**

### **Spencer Apartments**

37 Fairhaven Court  
New Castle, DE 19720  
**322-2949**

### **Woodlea Apartments**

5500 Fairmont Drive  
Fairway Falls  
Wilmington, DE 19808  
**737-5616**



## **KENT COUNTY**

**Delaware State  
Housing Authority  
739-7416**

**Frazer Place I and II  
200 Goldsboro Way  
Smyrna, DE 19977  
653-1235**

**Luther Towers of  
Dover I - IV  
430 Kings Highway  
Dover, DE 19901  
674-1408**

**Owens Manor  
408 S. New Street  
Dover, DE 19904  
678-1965**

**Peach Circle Apartments  
900 Peach Circle  
Smyrna, DE 19977  
653-4591**

**Queen Manor Apartments  
411 S. Queen Street  
Dover, DE 19904  
678-1965**

**Silver Lake Estates  
5 Linstone Lane  
Milford, DE 19963  
422-0740**

**Villas at Milford Crossing  
806A Moyer East  
Milford, DE 19963  
422-4633**

**West St. Manor  
700 Mason Ave.  
Harrington, DE 19952  
398-9043**

## **SUSSEX COUNTY**

**Brandywine Village  
Apartments  
401 Monroe & Wilson Sts.  
Millsboro, DE 19966  
934-8289**

**Chandler Heights  
Apartments  
Eskridge Highway &  
Chandler Street  
Seaford, DE 19973  
629-6522**

**CHEER Apartments  
1121 Clark Drive  
Georgetown, DE 19947  
856-6676**

**Courts of Greenwood  
101 Courts of Greenwood  
Greenwood, DE 19950  
349-0150**



## **SUSSEX COUNTY *continued***

### **Delmar Crossing Apartments**

600 Magnolia Drive #601  
Delmar, DE 19940  
**846-3343**

### **Dunbarton Village Apartments and Oaks IV**

300 Dunbarton Street  
Georgetown, DE 19947  
**856-7719**

### **Georgetown Apartments**

200 Ingramtown Road  
Georgetown, DE 19947  
**856-3343**

### **Golden Meadows**

Golden Lane  
Delmar, DE 19940  
**846-9655**

### **Greenwood Acres**

Rt. 13,  
Greenwood, DE 19950  
**349-0124**

### **Heritage Manor**

131 W. Center Street  
Harrington, DE 19952  
**398-8125**

### **Huling Cove and Annex**

1142 Savannah Road,  
#306, Lewes, DE 19958  
**645-7630**

### **Luther Gardens and Annex**

1500 Luther Circle  
Milton, DE 19968  
**684-2906**

### **Luther Towers of Milton**

500 Palmer Street  
Milton, DE 19968  
**684-1668**

### **Market Street Apartments**

Market Street  
Bridgeville, DE 19933  
**337-3144**

### **Seaford Meadows Apartments**

122 Seaford Meadows Dr.,  
Seaford, DE 19973  
**629-6416**

### **Shadygrove II, III**

Rte. 398  
S. Main Street Extended  
Selbyville, DE 19975  
**436-9939**

### **Virginia Crest**

101 Independence Dr.  
Seaford, DE 19973  
**628-0212**



## **GROUP HOMES**

Group homes provide an opportunity for shared independent living for persons aged 60 and over. Generally, the homes feature private bedrooms with community social and dining areas. For more information, call:

St. Patrick's House  
115 East 14th St.  
Wilmington, DE 19801  
652-0743

## **RETIREMENT FACILITIES**

Retirement facilities, designed for older persons, provide recreational and social activities, as well as supportive services. Health care units are often attached. A substantial initial payment may be required in a retirement community. These facilities are often referred to as Continuing Care Retirement Communities (CCRC) or Life Care Communities. These facilities can be found under the **Nursing Home/Retirement Communities** heading in this Guide.

*Visit us on the web!*

**www.DSAAPD.com**



**DELAWARE HEALTH  
AND SOCIAL SERVICES**

DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES



# Information & Advocacy

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## ***DHSS DIVISION OF SERVICES FOR AGING AND ADULTS WITH PHYSICAL DISABILITIES***

DHSS' Division of Services for Aging and Adults with Physical Disabilities serves as the major information resource for the State of Delaware concerning the latest research, service availability, and trends in aging. In addition, a coordinated client-focused, centralized system assists older adults and their families in obtaining information and assistance in areas such as eldercare, caregiving and case-management. For more information, call:

### **DHSS Division of Services For Aging and Adults With Physical Disabilities**

New Castle County ..... 453-3820 or 255-9390  
Kent/Sussex County ..... 422-1386  
Statewide Toll Free ..... 1-800-223-9074  
E-Mail address ..... DSAAPDinfo@state.de.us

## ***AARP DELAWARE***

AARP is a nonprofit, nonpartisan membership organization dedicated to making life better for people 50 and over. AARP provides information and resources; engages in legislative, regulatory and legal advocacy; assists members in serving their communities and offers a wide range of unique benefits, special products and services for members. AARP Delaware provides support of the 140,000+ members in the state. For more information, visit [www.aarp.org/de](http://www.aarp.org/de) or call (302) 571-7891.



## ***"BETTER YEARS" NEWSPAPER***

"Better Years" is a monthly publication for the benefit of senior citizens, empty nesters and caregivers.

"Better Years" encourages individuals and groups to submit news and feature items. Deadlines are the 15th of each month. For more information, contact:

**"Better Years"**

P.O. Box 265

Hockessin, Delaware 19707 ..... 239-4644

## ***CAREVAN OF INGLESIDE HOMES, INC.***

The CareVan, a mobile information and referral office, serves as an outreach program for senior citizens, free of charge, visiting

### **Delaware Passport to Independence**

**Helping Delaware  
residents make  
informed choices about  
their long term care**



For additional information,  
contact: Project Manager,  
Delaware Passport to Independence,  
Division of Services for Aging and Adults with Physical  
Disabilities, (302) 255-9390, or  
1-800-223-9074, or by e-mail at  
[dsaapdinfo@state.de.us](mailto:dsaapdinfo@state.de.us).



**DELAWARE HEALTH  
AND SOCIAL SERVICES**  
DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES



## ***I***nformation & Advocacy

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neighborhoods throughout New Castle County. Trained volunteers link senior citizens with services they need to help them maintain their independence. Volunteers talk to senior citizens one-on-one, help determine their needs, and access the appropriate service provider that meets their needs. The CareVan office staff provide follow-up contacts as well. The CareVan houses a computer database of over 400 service providers offering an extensive array of services and has a mobile telephone and fax that aid the volunteers in immediately making the appropriate connection between need and service. To be visited by the CareVan, to inquire about available services, or to learn more about the program, call:

CareVan of Ingleside Homes, Inc.

1010 N. Broom St.

Wilmington, DE 19806 ..... 888-CARE (2273)

# ***Better Years***

**A MONTHLY NEWSPAPER  
DISTRIBUTED THROUGHOUT DELAWARE  
AND SERVING DELAWARE'S  
SENIORS, EMPTY NESTERS AND CAREGIVERS**

***Publishing News and Information  
for Delaware's Most Experienced Generation  
For More Than a Quarter Century***

**P.O. BOX 549  
HOCKESSIN, DE 19707  
302/239-4644**



## ***CHEER News and Views Newspaper***

The CHEER News and Views newspaper is a monthly publication distributed throughout Sussex County that brings information of particular interest to the mature population.

CHEER News and Views

Sussex County Senior Services, Inc.

546 S. Bedford St.

Georgetown, DE 19947 ..... 856-5187

## ***CITY OF WILMINGTON SENIOR CITIZEN COORDINATOR***

The City of Wilmington Senior Citizen Coordinator can assist older adults by making referrals to various community agencies and providing information on special activities and programs. Referrals

### **Not sure where to start in your search for services?**

**Start with The Family & Workplace Connection's  
free elder care referral service!**

#### **Referrals and information on:**

- ◆ Companion services
- ◆ Home health agencies
- ◆ Adult day care
- ◆ Assisted living
- ◆ Transportation
- ◆ Senior centers
- ◆ And more!

*More enhanced consultation  
and referral options available  
for a fee.*

**Save time.**

**Reduce stress.**

Request free referrals by  
phone or online:

**302-479-1679**

[www.familyandworkplace.org](http://www.familyandworkplace.org)

**The  
Family & Workplace  
Connection®**



## ***Information & Advocacy***

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can be made in the areas of housing, energy assistance, emergency home repair, and social services. For more information, call:

**City of Wilmington Senior Citizen Coordinator**

Mayor's Office of Customer Service

800 N. French Street, 7th Floor

Wilmington, DE 19801 ..... 576-2489

### ***DELAWARE COMMISSION ON VETERANS AFFAIRS***

802 Silver Lake Blvd., Suite 100

Dover, DE 19904 ..... 739-2792, 1-800-344-9900

### ***THE GOVERNOR'S ADVISORY COUNCIL ON SERVICES FOR AGING AND ADULTS WITH PHYSICAL DISABILITIES***

The Governor's Advisory Council on Services for Aging and Adults with Physical Disabilities serves in an advisory capacity to DHSS' Division of Services for Aging and Adults with Physical Disabilities. The Council seeks to protect, promote, and advocate for older Delawareans and adults with physical disabilities. Council members are appointed by the Governor and represent all geographic areas of Delaware. For more information, call:

**DHSS Division of Services for Aging and**

**Adults With Physical Disabilities**

New Castle County ..... 255-9390

Statewide Toll free ..... 1-800-223-9074

### ***HISPANIC OUTREACH PROGRAM***

The Hispanic Senior Advocacy Outreach Program, at the Latin



American Community Center, offers information about available services to older Hispanics and their families in New Castle County. The program also works with area service providers to improve access for older Hispanics.

For more information, contact: 655-7338

**KENT COUNTY COMMUNITY SERVICES DEPARTMENT**

The Community Services Department offers information and referral to Kent County residents seeking assistance.

For more information, contact: 698-6444

**NEW CASTLE COUNTY SENIOR SERVICES**

The New Castle County Department of Community Services administers programs and activities for New Castle County residents over the age of 50. The Senior Services Division oversees 5 senior centers, a congregate nutrition program and the WHEELS medical transportation program. The Sports Division runs Senior Sports programs, consisting of both fitness classes and sports leagues. Services are publicized in a quarterly program guide distributed through the News Journal and on the web at [www.co.new-castle.de.us](http://www.co.new-castle.de.us). For more information, call:

New Castle County Senior Services  
87 Reads Way  
New Castle, DE 19720

- Senior Services Division ..... 395-5650
- Senior Sports Division ..... 395-5625



**SUSSEX COUNTY SENIOR SERVICES**

CHEER, Sussex County Senior Services, Inc., is a private, non-profit agency administering congregate and homebound nutrition programs, transportation, home health services, and community resources.

CHEER  
Sussex County Senior Services, Inc.  
546 S. Bedford St.  
Georgetown, DE 19947 ..... 856-5187

**STATEWIDE INFORMATION AND REFERRAL SERVICE**

Delaware Helpline

Delaware Helpline is a toll free government information hotline and a referral and advocacy service for people in need of assistance. Helpline staff link callers with appropriate service providers. Hours of operation are 7:30 a.m. to 6:00 p.m., Monday through Friday.

(Voice and TDD accessible) ..... 1-800-464-4357  
Outside Delaware ..... 1-800-273-9500

**ELDERCARE LOCATOR**

The Eldercare Locator is a national toll-free service designed to help



identify community resources for seniors anywhere in the United States.

Whether your older person lives nearby or in another state, the Eldercare Locator can identify the most appropriate source of information and assistance in the older persons’s community.

Please have the following information available when calling:

- 1. The older person’s name and address, including zip code.
- 2. A brief, general description of the problem or type of assistance needed.

Eldercare Locator is a service of the National Association of Area Agencies on Aging.

Eldercare Locator ..... 1-800-677-1116

*Visit us on the web!*

Visit our user-friendly web site for information of interest to older persons, adults with physical disabilities, caregivers, service professionals, and others in Delaware.

**www.DSAAPD.com**



**DELAWARE HEALTH  
AND SOCIAL SERVICES**  
DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES



# Joining Generations



**Joining Generations** is a Division of Services for Aging and Adults with Physical Disabilities' intergenerational program whose goal is to provide technical assistance, services and advocacy to benefit older persons and youth.

## **FAMILY CIRCLES**

The **Family Circles** support and education program is for grandparents and relatives who are raising other relatives' children. Participants give and receive support from each other and the facilitator, and also learn from speakers on topics the caregivers have chosen. You can locate the nearest *Family Circles* site on the Division's web site, [www.DSAAPD.com](http://www.DSAAPD.com) by clicking on Intergenerational Programs. You may also call the Division at **1-800-223-9074**.

## **RESPIRE OPTIONS FOR GRANDPARENTS & RELATIVES RAISING OTHER RELATIVES' CHILDREN**

Respite programs provide safe options for caregivers to replenish themselves and for the child to experience supervised enrichment and recreational activities. Joining Generations offers three respite options for relative caregivers: Grand Time Off, the YMCA Summer Camp Respite, and the Holiday Camp Respite.

The **Grand Time Off** respite program is available through The Family & Workplace Connection (F&WPC). Eligible caregivers 50 years of age and older can enroll in the program and receive up to 100 hours of childcare from providers in their community. F&WPC provides counselors to assist the caregiver in locating providers enrolled in the program. Childcare may be available in the evening and overnight. For more information, contact The Family & Workplace Connection at **1-800-537-5557**. Joining Generations partners with the YMCA of Delaware to offer the children of eligible caregivers age 60 and older an opportunity to participate in a camping experience. The **Camp Respite** program provides one session of summer camp to the children being raised by eligible caregivers.

The YMCA Holiday Camp Respite is the same program available during the Winter and Spring school breaks.

Caregivers 60 years of age and older who are qualified pay a sliding scale fee for their children to participate. Camp Respite is offered at all YMCA branches. However, all branches do not offer Holiday Camp Respite. Interested caregivers should call their closest YMCA branch.

## **PUBLICATIONS**

- *Grandparents Raising and Nurturing Dependent Children* – available at [www.DSAAPD.com](http://www.DSAAPD.com)
- *State Services for Grandparents and Relative Caregivers Raising Others' Children*
- *Caregiver News You Can Use* - one-page descriptions on topics such as:
  - Caregivers' School Authorization
  - Caregivers' Medical Authorization
  - Kinship Care Program
- A legal resource book for grandparents and relative caregivers – will be available in 2004.
- On the web at [www.DSAAPD.com](http://www.DSAAPD.com), intergenerational programs.

For more information call Delaware Helpline at 1 (800) 464-4357, your closest State Service Center, or visit our web site at [www.DSAAPD.com](http://www.DSAAPD.com)



# Joining Generations



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## STATE SERVICES AVAILABLE FOR GRANDPARENTS AND RELATIVE CAREGIVERS RAISING OTHERS' CHILDREN

The following support services are available to grandparent and relative caregivers if they meet eligibility requirements. The locations and phone numbers of the Division of Social Services offices are on the reverse side of this brochure.

### **TEMPORARY ASSISTANCE FOR NEEDY FAMILIES (TANF):**

Temporary Assistance for Needy Families (TANF) is Delaware's main cash assistance program. You can apply for TANF in two different ways: 1) for yourself and the child you are raising; or 2) for the child only. You do not have to have custody or guardianship of the child, but you must be related to him or her. If you are applying for a child-only TANF grant, only the assets and income of the child are considered. For more information or to apply, please contact your local Division of Social Services office.

### **GENERAL ASSISTANCE:**

General Assistance (GA) is cash assistance that can be used for an unemployable adult, or used for people caring for unrelated children. Only the assets and income of the child are considered when you apply for GA. For more information or to apply, please contact your local Division of Social Services office.

### **RELATIVE CAREGIVERS' (NON-Parent) TRANSITIONAL RESOURCE PROGRAM**

The purpose of the Relative Caregivers' (Non-Parent) Transitional Resource Program is to assist caregivers during the ninety-day transition period when a child initially moves into the non-parent caregiver's home. The program assists caregivers in meeting the child's immediate need for clothing, shelter, health, safety, and educational supplies. For more information contact the Delaware Helpline (1-800-464-4357) or the State Service Center closest to you. The Delaware General Assembly provides funding for the Relative Caregivers' (Non-Parent) Transitional Resource program and it is limited to available state funds.

### **MEDICAID:**

Medicaid is medical insurance that pays for doctor's visits (including well child visits), in-patient and out patient hospital services, lab tests, behavioral health services, prescription medicines and over-the-counter medicines prescribed by your doctor. Eligibility for Medicaid is determined by income.

Almost any child whose parent is not in the home and who has little or no income of his or her own can get Medicaid health insurance coverage. Low-income children can get Medicaid even if they cannot get Temporary Assistance for Needy Families (TANF). If you or the child is eligible, Medicaid coverage may begin immediately. For more information or to apply, please contact your local Division of Social Services office.





## **DELAWARE HEALTHY CHILDREN PROGRAM:**

This is a health insurance program for uninsured children. If you have not been able to afford medical insurance for your child and you do not qualify for Medicaid, you may be able to purchase very low cost medical insurance through the State of Delaware. For more information or to apply, please contact your local Division of Social Services office or call 1-800-996-9969.

## **HELP PAYING YOUR MEDICARE PREMIUM:**

Low-income Medicare beneficiaries may be eligible for help with paying all or some of their Medicare premium and, in some cases, payment of Medicare coinsurance and deductibles. For more information or to apply, please contact your local Division of Social Services office.

## **FOOD STAMPS:**

Food stamps help single people and families with little or no income to buy the food they need for good health. A food stamp household consists of people who live together and buy food and prepare meals together. Spouses and children under the age of 22 who live with their parents must be included in the same food stamp household. The income of all the household members counts towards the food stamp income limit and determines how many food stamps they get. You may be eligible for food stamps even if you cannot get assistance from other programs. For more information or to apply, please contact the local Division of Social Services office.

## **CHILD SUPPORT:**

The Division of Child Support Enforcement is the State agency that helps custodial parents and caregivers to obtain child support. Services are free to those parents and caregivers who receive Temporary Assistance to Needy Families (TANF), Medicaid, or Foster Care services. For more information in New Castle County call (302) 577-7171; in Kent County call (302) 739-8299; and in Sussex County call (302) 856-5386.

## **CHILD CARE: (Also known as Purchase of Care)**

The purpose of the Division of Social Services Purchase of Care Childcare program is to provide support to families who need child care but who cannot pay for all or part of the cost. This service is available to parents, grandparents, or other related adults responsible for the child's care.

You may get help with childcare if you are working full-time or part-time and your income is low enough. If eligible, you will choose among the licensed childcare centers and childcare family or group homes that accept the Purchase of Care reimbursement rate. You may also create your own self-arranged childcare, with the help of your social worker. For more information or to apply, please contact your local Division of Social Services office.





## **PUBLIC HOUSING:**

Public housing in Delaware is provided by several different agencies, operating with different regulations. The waiting period for housing varies greatly from one housing agency to the other. You will need to meet income eligibility requirements. You may also be required to have custody of the child you are raising, even if he or she is a relative.

The Delaware State Housing Authority (DSHA) Community Relations staff can provide you with a list of affordable housing options in your area. They can also provide referral information for many services including assistance for one time rental help, security deposit help or help with energy bills. Call the Delaware State Housing Authority's Community Relations staff in Dover at (302) 739-4263, visit their website at [www2.state.de.us/dsha](http://www2.state.de.us/dsha) or call the Delaware Helpline at 1-800-464-4357.

## **MENTAL HEALTH SERVICES FOR CHILDREN:**

Behavioral health services (substance abuse and mental health treatment) are available for all children in Delaware. Private insurance and Medicaid providers can be located by calling the number on the insurance card. The Division of Child Mental Health Services (DCMHS) can serve uninsured children or those needing more than 30 units of outpatient services from Medicaid.

DCMHS provides a range of mental health and substance abuse treatment programs statewide beyond outpatient services, including a 24-hour crisis service. In northern New Castle county call 633-5128; in southern New Castle county call 1-800-969-4357; and in Kent and Sussex counties call 424-4357.

**All DCMHS referrals are voluntary and require parents or guardians to provide written consent. The Caregivers' Medical Authorization Law allows primary caretakers to provide this consent when a parent is unavailable. For further information contact DCMHS at (302) 633-2571 or 1-800-722-7710.**

## **PAPERS TO BRING WHEN APPLYING\***

- Birth certificates • Social security cards • Pregnancy verification • Utility bills
  - Motor vehicle registration
  - Proof of citizenship or lawful alien status • Pay stubs • Bank account verification
- \* Your worker will let you know if you need to bring other items.

## **DELAWARE HELPLINE!**

**1-800-464-4357 • Out of State: 1-800-273-9500**

**Got questions? Finding answers is our job!**

**7:30 AM – 6:00 PM • Monday through Friday**



# *L*egal Services

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## ***DELAWARE VOLUNTEER LEGAL SERVICES, INC. (DVLS)***

DVLS screens and refers low-income clients with civil cases to volunteer attorneys. Types of cases, depending on attorney availability, include landlord/tenant, wills, family law, foreclosures, consumer, government benefits, and personal injury defense. DVLS cannot accept fee-generating, criminal cases, DUI's, child support or medical or legal malpractice cases. Call for intake between 9 a.m. and 5 p.m. weekdays. Service is free.

Delaware Volunteer Legal Services, Inc.

P.O.Box 7306

Wilmington, DE 19803, 478-8850 or 1-800-773-0606

## ***ELDER LAW PROGRAM***

The Elder Law Program is operated statewide through the Community Legal Aid Society, Inc. It provides legal services to Delawareans who are 60 years of age and over in non-criminal and non-fee generating cases. Services include legal counseling and representation in appropriate court cases as well as the drafting of powers of attorney and advance health care directives. Assistance is also provided for consumer problems, problems associated with nursing home or long-term care facilities, and problems related to government benefits such as Social Security and Supplemental Security Income. The Elder Law Program will provide consultation in matters of insurance, or home ownership.

The Elder Law Program also provides a community education service through which presentations are made before groups about



Elder Law Program services and the potential legal problems older persons face. For a free copy of the “Legal Handbook for Older Delawareans”, call:

**WILMINGTON/NEW CASTLE COUNTY**

**Elder Law Program**

100 W. 10<sup>th</sup> Street, Suite 801  
Wilmington, DE 19801 ..... 575-0666

**KENT COUNTY**

**Elder Law Program**

840 Walker Rd., Dover, DE 19904 ..... 674-3684  
674-8500

**SUSSEX COUNTY**

**Elder Law Program**

144 E. Market St.  
Georgetown, DE 19947 .....856-0038

***LAWYER REFERRAL SERVICE***

A public service administered by the Delaware State Bar Association, the Lawyer Referral Service will locate an attorney who has experience in the area of law for which advice is sought. A fee is charged for the first half-hour of consultation and paid to the attorney. In many cases, the initial consultation solves the problem; however, if further legal service is necessary, an additional fee may be agreed upon between the attorney and client. For more information, call:

**Lawyer Referral Service**

Delaware State Bar Association  
1225 N. King St., 10th Floor  
Wilmington, DE 19801 478-8850 or 800-773-0606



***LEGAL SERVICES CORP. OF DELAWARE***

A federally funded program to provide free legal services to low income persons. Types of cases include consumer law, bankruptcy, landlord-tenant concerns, unemployment compensation.

100 W. 10<sup>th</sup> St.  
Wilmington, DE 19801 ..... 575-0408  
or  
2085 Governor's Ave.  
Dover, DE 19903 ..... 734-8820

***LEGAL HELPLINK***

Call this central intake number for the above legal service agencies.  
478-8850

***ADVANCE HEALTH CARE DIRECTIVE***

The Health Care Decisions Act allows adults “who are competent and of sound mind” to make a written declaration regarding health care they do or do not want; to direct the provision, withholding or withdrawal of life-sustaining procedures; or to name an agent who will make health care decisions for them when they are not able. For more information, call:

Division of Services for Aging and Adults  
with Physical Disabilities:

New Castle County ..... 255-9390  
Kent/Sussex County ..... 422-1386  
Statewide Toll Free ..... 1-800-223-9074



**OFFICE OF THE PUBLIC GUARDIAN**

In cases where persons appear incapable of managing themselves or their property, this office can provide a legal guardian to assume that responsibility. This would normally occur when an individual is without friends or family, or whose friends or family are not willing to assume guardianship. A court hearing must occur in order to determine the individual’s incapacity, and to establish the absence of willing private guardians. Once appointed, the guardian, under the direction of the Court, takes full responsibility for the management of the person, his/her property, or both. For more information, call:

**WILMINGTON/NEW CASTLE COUNTY**

**Office of the Public Guardian**

Elbert N. Carvel State Office Building

820 French Street, 11th Floor

Wilmington, DE 19801 .....577-8990

81, 856-5313,

875-6943, ext. 112

*Visit us on the web!*

Visit our user-friendly web site for information of interest to older persons, adults with physical disabilities, caregivers, service professionals, and others in Delaware.

**www.DSAAPD.com**



**DELAWARE HEALTH  
AND SOCIAL SERVICES**

DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES



# *L*ong Term Care Ombudsman Program

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DHSS' Long Term Care Ombudsman Program provides impartial fact-finders whose job it is to assure that adults in licensed institutions, nursing homes, assisted living and adult foster care homes receive fair treatment. The Ombudsman seeks to:

- Investigate and resolve complaints made by or on behalf of residents of long term care facilities regarding violations of patients rights.
- Train volunteers and others to participate in the Ombudsman Program.
- Advocate for improving the quality of life for residents of long term care facilities.
- Provide information and training to residents, families, and staff on topics such as patient rights, living wills, and patient abuse.

For more information, or to register a problem or complaint, call:

## DHSS Division of Services for Aging and Adults with Physical Disabilities

New Castle County .....	255-9390
Kent/Sussex County .....	422-1386
Statewide Toll Free .....	1-800-223-9074

## ***DHSS DIVISION OF LONG TERM CARE RESIDENTS PROTECTION***

The mission of the Division of Long Term Care Residents Protection is to (1) promote the quality of care, safety and security of people



living in long term care facilities and (2) to ensure facilities’ compliance with applicable state and federal laws and regulations designed to protect these residents. The Division:

- licenses long term care facilities and conducts annual, complaint driven and surprise inspections to determine compliance with federal and state statutes and regulations.
- enforces state statutes and regulations regarding the quality of care and quality of life of long term care residents, as well as conveys survey results regarding federally certified facilities to the federal government for enforcement.
- serves as a centralized location to which complaints regarding long term care may be directed and evaluated for appropriate referral.
- receives and investigates complaints of alleged crimes such as abuse, neglect and financial exploitation.
- implements and enforces the criminal background check law for applicants for long term care jobs and advises facilities of results disqualifying applicant(s) from employment.
- manages the Adult Abuse Registry and Certified Nursing Assistant Registry.

For more information or to  
make a complaint ..... 1-877-453-0012

**New Castle County**  
3 Mill Road, Suite 308  
Wilmington, DE 19806 ..... 577-6666

**Kent/Sussex County**  
The Windsor Building  
24 N.W. Front Street  
Milford, DE 19963 ..... 424-6377



# *M*edical/Health Care

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## **NEMOURS HEALTH CLINIC**

The Nemours Health Clinic offers dental care, eye care, eyeglasses, pharmaceutical assistance, and audiology services including hearing aids, to low income Delaware residents over the age of 65. Dental care, eyeglasses and associated examinations, and audiology services are provided at no out of pocket expense. The Clinic has a \$5.00 minimum charge for each prescription. For more detailed information concerning services, call Patient Services Department between the hours of 8:00 a.m. and 4:00 p.m., Monday through Friday (except holidays). The Pharmacy is open 8:30 a.m. to 4:30 p.m. Monday through Friday.

### **Nemours Health Clinic**

1801 Rockland Road  
Wilmington, DE 19803  
651-4405  
1-800-842-1900

### **Senior Blood Donors Needed**

Many people think that once they reach age 70, they are no longer eligible to give blood.

In most cases, that's not true.

Blood Bank of Delaware/Eastern Shore needs you to continue to help save lives.

Please call (302) 737-8400 today, and schedule an appointment to give blood.

Outside New Castle County,  
call toll free 1-888-825-6638



**BLOOD BANK**  
OF DELAWARE/EASTERN SHORE

[www.delmarvablood.org](http://www.delmarvablood.org)

Drop-off and pick-up of prescriptions from the pharmacy are also available at these locations:

### **NEW CASTLE COUNTY**

#### **Hudson State Service Center**

501 Ogletown Road  
Newark, DE 19711  
368-6700



M.O.T. Senior Center  
300 South Scott Street  
Middletown, DE 19709  
378-4758

## KENT COUNTY

Lillian Smith Senior Center  
P.O. Box 76  
410 Main Street  
Clayton, DE 19938  
653-6119

Milford State Service  
Center Annex  
13 S.W. Front St.  
Suite 105  
Milford, DE 19963  
422-1560

Williams State  
Service Center  
805 River Road  
Dover, DE 19901  
739-5301

## SUSSEX COUNTY

Bridgeville State  
Service Center  
400 Mill Street  
Bridgeville, DE 19933  
337-8261

Cape Henlopen  
Senior Center  
11 Christian Street  
Rehoboth, DE 19971  
227-2055

# So many reasons to trust your hearing to Miracle-Ear®

- Full line of digital hearing aids to fit your needs and budget;
- Our products are backed by some of the industry's best warranties;
- Full array of hearing services, including FREE hearing tests.

## **\$200 Off** Any Miracle-Ear® Hearing System

Present this coupon and save \$200 off the regular list price of any Miracle-Ear® digital hearing system (two instruments).

Good only from participating Miracle-Ear® representatives. One coupon good per purchase. No other offers or discounts apply. Discount does not apply to prior sales. Cash value 1/20 cents. Excludes AudioChoice® hearing aids. Coupon good through 12-31-05.

Call now and schedule an appointment at one of our convenient Delaware locations!

Sears Concord Mall  
Concord Pike  
Wilmington, DE  
(302) 477-1787

Sears Prices Corner  
Kirkwood Highway  
Wilmington, DE  
(302) 995-0722

Sears Dover Mall  
Rt. 13  
Dover, DE  
(302) 687-3280



## **Miracle-Ear®**



**SUSSEX COUNTY *continued***

Georgetown State  
Service Center  
546 S. Bedford Street  
Georgetown, DE 19947  
856-5574

Laurel Senior Center  
P.O.Box 64  
113 N. Central Avenue  
Laurel, DE 19956  
875-2536

Pyle State Service Center  
Route 2, Box 281-1  
Frankford, DE 19945  
732-9501

Shipley State Service Ctr.  
350 Virginia Avenue  
Seaford, DE 19973  
628-2000

**MEDICATION INFORMATION**

Older Delawareans with questions about their medications can call the Nemours Clinic Pharmacy and speak to a pharmacist or pharmacy assistant. There is no charge for the call and all conversations are confidential.

Nemours Clinic Pharmacy ..... 651-4405  
Statewide Toll free ..... 1-800-842-1900

**PRESCRIPTION ASSISTANCE PROGRAM**

The State of Delaware offers a prescription assistance program for qualified low-income adults with disabilities and seniors over the age of 65 who do not have prescription drug coverage as part of their health insurance. The plan covers up to \$2500/year and requires a \$5.00 or 25% co-pay based on the drug cost (whichever is higher).

Prescription Assistance Program, ..... 1-800-996-9969



## **FREE PRESCRIPTION MEDICINE AVAILABLE TO THOSE WHO QUALIFY**

Free Medicine Foundation ..... 1-888-812-5152  
[www.freemedicinefoundation.com](http://www.freemedicinefoundation.com)

Other web sites to check:  
[www.benefitscheckup.org](http://www.benefitscheckup.org)  
[www.helpingpatients.org](http://www.helpingpatients.org)  
[www.needymeds.com](http://www.needymeds.com)  
[www.phrma.org](http://www.phrma.org)  
[www.rxassist.org](http://www.rxassist.org)

## **HEALTH SCREENING**

DHSS' Division of Public Health offers health screening services by appointment in clinics located throughout the state to persons age 35

### **Your Next Pap Test, Mammogram and Colorectal Screening Could Be Free!**

Regular breast, cervical, and colorectal screenings can make all the difference in your health.

The **Screening for Life** program can help you get these important exams while covering all or part of your costs.

To find out more, call the Delaware Helpline at 1-800-464-HELP and ask for the **Screening for Life** program.

You can also call our program directly at 302-739-4651.



Delaware Health & Social Services  
Division of Public Health

Hay personal disponible que habla español



## *M*edical/Health Care

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and over. Call the Delaware Helpline at 1-800-464-4357 for a list of state service centers and the services available.

### Other Important Numbers:

Call A Nurse (Christiana Care) ..... 428-4100

or ..... 1-888-428-4100

Consumer Health Library of the Delaware Academy  
of Medicine ... 571-1101 or 1-800-287-0717 (K/S Co.)

Poison Control Center ..... 1-800-772-7112

## **HEALTH CLINICS**

### NEW CASTLE COUNTY

The following health clinics offer sliding scale fees for persons with minimal or no health insurance:

# Need a Doctor?

## Call 1-866-BAY-DOCS

Call Bayhealth's Physician Referral and Information Line for Kent General Hospital, Millford Memorial Hospital, Middletown Medical Center and the St. Jones Center for Behavioral Health. We'll match you with the physicians best suited to meet your needs. At Bayhealth, **we're here for life.**

Bayhealth offers a wide range of services to meet all of your healthcare needs. If you need a physician, call **1-866-BAY-DOCS**. To learn about joining the Bayhealth team, call **1- 866-305-5627**.



**Visit us on the web at [www.bayhealth.org](http://www.bayhealth.org)**



Center of Hope (St. Claire Medical Outreach) . 369-9370  
Claymont Family Health Services ..... 798-9755  
or ..... 798-2430

Christiana Care Breast Cancer

Special Needs Fund..... 623-4700

Delaware Tech. Dental Clinic ..... 571-5364

Henrietta Johnson Medical Center ..... 655-6190

or ..... 761-4610

Mammography of Delaware ..... 1-800-654-0606

Call to schedule an appointment or to check the van schedule.

Planned Parenthood ..... 731-7801 or 655-7293

or ..... 798-8000

or ..... 678-5200 or 645-2737

West Side Health Services ..... 655-5822

Wilmington Hospital Health Dept. .... 428-6436

We don't just add to your  
Medicare coverage.

**We provide you with  
peace of mind.**

To find out more about  
our Medigap-65 Plans,  
call toll free at  
**1.866.429.2487.**



**BlueCross BlueShield  
of Delaware**

**A CareFirst Company**

[bcbsde.com](http://bcbsde.com)

Blue Cross Blue Shield of Delaware and  
CareFirst, Inc., are independent licensees of the  
Blue Cross and Blue Shield Association.



## ***M***edical/Health Care ---

### KENT COUNTY

Hope Medical Center ..... 735-7551

For uninsured persons aged 18-64.

Call to schedule an appointment.

### ***DELAWARE MOBILE DENTISTRY***

Delaware Mobile Dentistry offers general dental care to residents of nursing homes, retirement communities and rehabilitation facilities in southern Delaware. They are accessible to persons using a wheelchair. If you live near Dover, they may be able to call on you at home. Charges are comparable to services in a dentist's private office.

Dr. Terry A. Bryan, D.M.D.

189 South Fairfield Drive, Dover, DE 19901 698-9901

### ***SCREENING FOR LIFE, Delaware Division of Public Health***

Screening for Life offers FREE pap smears, mammograms and colorectal screenings to eligible men and women.

Screening for Life ..... 739-4651 or 1- 800- 464- HELP

### **ASSISTIVE TECHNOLOGY**

#### ***DELAWARE ASSISTIVE TECHNOLOGY INITIATIVE***

The Delaware Assistive Technology Initiative (DATI) focuses on improving public awareness, public access to information, funding for assistive technology devices and services, training and technical assistance, and coordination of statewide activities. The project has established three barrier-free Assistive Technology Resource Centers



(ATRC's) that are open to the public of all ages. They house assistive technology devices and materials that are available for demonstration and short-term loan.

## NEW CASTLE COUNTY

### Easter Seal Society

61 Corporate Circle, New Castle, DE 19720

Voice ..... 328-ATRC

TDD ..... 328-2905

## KENT COUNTY

### Kent County ATRC

Easter Seal Society of Del-Mar

Kent County Comm. School

65 Carver Rd., Dover, DE 19904-2716

Voice ..... 739-6885

TDD ..... 739-6886



*Creating solutions. changing lives.*

## ***Your disability resource in Delaware and on Maryland's Eastern Shore***

### **Easter Seals programs and services:**

- Pediatric & Adult Occupational Therapy
- Pediatric & Adult Physical Therapy
- Pediatric & Adult Speech/Language Therapy
- Early Intervention for children with developmental delays
- Early Headstart programs for children
- Year-round residential respite and recreational camping
- Day programs for seniors and adults with disabilities
- Assistive Technology Services
- Support Groups
- Personal Attendant Services
- Specialized Transportation

**FOR MORE INFORMATION CALL  
(302) 324-4444 or (800) 677-3800  
[www.de.easter-seals.org](http://www.de.easter-seals.org)**

*Easter Seals is a proud recipient of United Way Support through designated contributions.*





## SUSSEX COUNTY

Sussex County ATRC

Easter Seal Society of Del-Mar

Delaware Technical and Community College

Rt. 18, P.O. Box 610, Arts and Science Bldg.,

Room 320, Georgetown, DE 19947

Voice..... 856-7946

TDD..... 856-6714

## CENTRAL SITE

Center for Applied Science and Engineering

University of Delaware and duPont Hospital for Children

P.O. Box 269, Wilmington, DE 19899

1-800-870-DATI

651-6790

TDD ..... 651-6794

## **REHABILITATION**

### **DELAWARE CURATIVE PHYSICAL THERAPY AND REHABILITATION CENTERS**

Delaware Curative is a non-profit, private rehabilitation center providing a wide range of services to persons of all ages. Services include medical consultation; occupational, speech and physical therapy; psychological and social services; rehabilitation nursing; and a vocational evaluation program.

Placement in a program is by physician referral. For more information, call the facility closest to you:



Delaware Curative Physical Therapy and Rehab. Centers  
1600 Washington St.  
Wilmington, DE 19802 .... 656-2521 (Wilmington)  
529-7750 (North Wilmington)  
738-3110 (Newark)  
836-5670 (Bear)  
376-7670 (Middletown)  
744-9691 (Dover)

## ***DHSS DIVISION FOR THE VISUALLY IMPAIRED (DVI)***

DHSS' Division of Visually Impaired provides comprehensive services to the blind and severely visually impaired in the home or in the DVI training center. Some services are based on financial eligibility. DVI also offers a special program, VIP 55, for persons aged 55 and over. VIP services include training, services in the home, and the provision of aids and appliances. For more information, call:

NEW CASTLE COUNTY ..... 255-9854  
KENT and SUSSEX COUNTIES ..... 422-1570



PHYSICAL THERAPY  
OCCUPATIONAL THERAPY  
AQUATIC THERAPY  
SPEECH THERAPY

FREE TRANSPORTATION



**DELAWARE  
CURATIVE**

PHYSICAL THERAPY &  
REHABILITATION  
CENTERS

NORTH WILMINGTON • 302.529.7750  
WILMINGTON • 302.656.2521  
NEWARK • 302.738.3110  
BEAR • 302.836.5670  
MIDDLETOWN • 302.376.7670  
DOVER • 302.744.9691

almost  
**60**  
years



## ***DHSS DIVISION OF DEVELOPMENTAL DISABILITIES SERVICES***

DHSS' Division of Developmental Disabilities Services helps Delaware citizens with mental retardation realize their developmental potential through specialized services in residential and habilitative settings, services to families, consultation, and prevention activities. For more information, call:

NEW CASTLE COUNTY .....	369-2180
KENT COUNTY .....	739-5524
SUSSEX COUNTY .....	934-8031

## ***ELDER HEALTH CENTER***

The Health Center provides a variety of health promotion, disease management services by advanced practice nurses, in collaboration with physicians from Westside Health Services and the University of Delaware.

### **The Health Center**

200 White Chapel Drive

Newark, DE 19713 ..... 831-0001

## ***MEDICAL SOCIETY OF DELAWARE***

The Medical Society of Delaware responds to questions concerning the medical profession and will help individuals in search of a physician by making referrals to private physicians throughout the state. For more information, call:

### **Medical Society of Delaware**

1925 Lovering Avenue

Wilmington, DE 19806 ..... 658-7596



**STATE BOARD OF PHARMACY**

The State Board of Pharmacy can be of assistance if you believe your prescriptions have been inadvertently switched, the directions on your prescription are incorrect, or the pharmacist has misfiled the record of your prescriptions. The Board also investigates incidents of prescription fraud.

If you believe you have one of the above problems concerning your prescription(s), call:

State Board of Pharmacy  
Jesse Cooper Bldg., Room 205,  
Federal and Water Streets  
Dover, DE 19901 ..... 744-4547



***GET A GRIP ON OUR HEALTHY AGING  
OUTREACH PROGRAM***

Planning a health fair, conference or community event? Ask us about our healthy aging outreach program for mature adults. Table top displays. Health and wellness information. Speakers. And more.

Our message: *It's never too late to take charge of your health!*



**DELAWARE HEALTH  
AND SOCIAL SERVICES**  
DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES

**1-800-223-9074**



## **TEL-MED INFORMATION**

General information on more than 240 medical, dental and other health-related topics can be obtained by calling TEL-MED. The service, sponsored by the Delaware Academy of Medicine, may be reached by checking the listing of subjects in the Blue Pages of the telephone book. Do not use TEL-MED in an emergency to decide if you have a health problem, or to replace your doctor. For more information, call:

TEL-MED .....571-1010 or 1-800-794-6565

## **VETERANS AFFAIRS**

For questions on benefits or general information, call:

NEW CASTLE COUNTY 633-5322, 633-5212, 633-5556

KENT/SUSSEX COUNTY ..... 1-800-827-1000

For counseling services, call:

Wilmington Veterans' Center

1601 Kirkwood Highway

Wilmington, DE 19805 ..... , 994-1660

1-800-461-8262, ext.5360

Women Veterans' Coordinator ..... 633-5234

## **HOSPITALS**

### **NEW CASTLE COUNTY**

Christiana Care

Christiana Hospital

4755 Stanton Ogletown Road

Newark, DE 19713

Wilmington Hospital

501 W. 14<sup>th</sup> Street

Wilmington, DE 19802

733-1000



## **MeadowWood**

### **Behavioral Health System**

575 S. DuPont Highway  
New Castle, DE 19720  
**328-3330**

### **Rockford Center**

100 Rockford Dr.  
Newark, DE 19713  
**996-5480**

### **St. Francis Hospital**

7th & Clayton Sts.  
P.O. Box 2500  
Wilmington, DE 19805  
**421-4100**

### **Veterans Administration Medical Center**

1601 Kirkwood Hwy.  
Wilmington, DE 19805  
**994-2511**

## **KENT COUNTY**

### **Bayhealth at Kent General Hospital**

640 S. State St.  
Dover, DE 19901  
**744-7135 or  
1-877-453-7107**

## **SUSSEX COUNTY**

### **Bayhealth at Milford Memorial Hospital**

P.O. Box 199  
21 W. Clarke Ave.  
Milford, DE 19963  
**422-3311**

### **Beebe Medical Center**

424 Savannah Rd.  
Lewes, DE 19958  
**645-3300**

### **Nanticoke Memorial Hospital**

801 Middleford Rd.  
Seaford, DE 19973  
**629-6611**



A nation-wide service to help families  
and friends find information about  
community services for older people.

**elder** **care**  
LOCATOR

**1-800-677-1116**



# *M*edicare & Medicaid/ Health Insurance Counseling

## **MEDICARE**

Medicare is a federal health insurance program for people aged 65 and older, qualified disabled persons, and persons with chronic kidney disease. Local Social Security Administration offices take applications for Medicare and provide information about the program. See the Social Security and Supplemental Security Income section of this guide. For more information, call 1-800-MEDICARE or [www.medicare.gov](http://www.medicare.gov).

### **Delaware Contacts**

#### **Part A**

Empire Medicare Service ..... 1-800-442-8430



*Take  
Good  
Care*

### ***Medicare Questions? We're Here, So You Can Take Good Care***

*If you want information about the quality of your health care or your preventive Medicare benefits, call Quality Insights of Delaware at 1-800-422-8804 or 1-800-MEDICARE or visit [www.qide.org](http://www.qide.org).*

 **Quality Insights**  
Quality Insights of Delaware

**DEDICATED TO IMPROVING THE HEALTH OF THE PEOPLE WE SERVE.**



## PART B

TrailBlazer Health Enterprises, Inc .. 1-800-444-4606

### Home Health & Hospice

Cahaba ..... 515-246-0126

### Durable Medical Equipment

HealthNow N.Y. .... 1-800-842-2052

### Quality of Care Issues

Quality Insights ..... 1-800-422-8804  
or 475-8100

## MEDICAID

DHSS' Division of Social Services administers the Medicaid Program (also known as Medical Assistance or Title XIX of the Social Security Act). This is a federal/state insurance program which



# Don't Mess with Maggie.

She's a real spitfire when it comes to Medicare fraud and abuse. Maggie knows how to spot it, and report it. She learned how from the Delaware Medicare Fraud Alert Program. And she's just one of thousands of Delaware seniors who won't be conned.

### Protect yourself from Medicare Fraud and Abuse.

Call the Delaware Medicare Fraud Alert Hotline – and join Maggie in showing abusers that it doesn't pay to mess with Delaware seniors.

## 1-800-223-9074

This message was funded, in part, by a grant from the Administration on Aging, Department of Health and Human Services. The expressed views are solely those of the Delaware Division of Services for Aging and Adults with Physical Disabilities.





## **Medicare & Medicaid/ Health Insurance Counseling**

covers specified medical expenses for the low income aged, blind, and disabled. There are distinct eligibility criteria for participation in the program. For more information call:

New Castle County ..... 368-6610  
Kent/Sussex County ..... 422-1520 or 1-800-372-2022

### ***MEDICAID WAIVER FOR THE ELDERLY AND DISABLED***

The Medicaid Home and Community-Based Services Waiver Program allows low-income disabled and elderly persons to remain in their own homes rather than going into an institutional setting. A person who is eligible for this program can receive all regular



## **GRANDPARENTS & RELATIVES RAISING OTHERS' CHILDREN**

Contact

**JOINING GENERATIONS**

at **255-9390 or 1-800-223-9074**

for information on the statewide *Family Circles*  
support & education group program, Grand Time Off and  
Camp Respite School Break/Summer Camps.



**DELAWARE HEALTH  
AND SOCIAL SERVICES**

DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES



Medicaid services and, as needed, case management, homemaker, respite care (both home and institutional), an emergency response system and day care. For eligibility information, call the Division of Social Services:

New Castle County ..... 368-6610  
Kent/Sussex County ..... 422-1416

For program information call DHSS Division of Services for Aging and Adults with Physical Disabilities at:

New Castle County ..... 453-3820  
Kent/Sussex Counties ..... 422-1386  
Toll free ..... 1-800-223-9074



# ELDERinfo

**Health Insurance Counseling for People with Medicare**

*A public service providing help with and information about:*

**MEDICARE • MEDICARE SUPPLEMENT INSURANCE  
MEDICAID • LONG TERM CARE INSURANCE  
MEDICARE + CHOICE**

**1 • 800 • 336 • 9500**

**[www.state.de.us/inscom/eldindex.htm](http://www.state.de.us/inscom/eldindex.htm)**

*A Public Service of the State of Delaware Insurance Department and funded in part by a grant from the Centers for Medicare and Medicaid Services.*



## ***HEALTH INSURANCE COUNSELING***

**ELDERinfo** is a program designed to help Medicare beneficiaries in Delaware deal with the complex and often confusing health insurance system. ELDERinfo provides information, counseling, and assistance on matters related to Medicare, Medicaid, Medicare supplement insurance, Medicare+Choice, long term care insurance, and other types of health insurance. ELDERinfo is a public service provided by the Delaware Insurance Department. ELDERinfo services are provided free of charge.

For more information, contact:

ELDERinfo,  
Delaware Insurance Department  
1-800-336-9500

## ***DELAWARE MEDICARE FRAUD ALERT***

Delaware Medicare Fraud Alert is a federally funded project offered through the Delaware Division of Services for Aging and Adults with Physical Disabilities to teach Medicare beneficiaries to be better health care consumers. Beneficiaries are recruited and trained to lead sessions for other beneficiaries about how to identify and report possible health care fraud. Call to speak with the project director about volunteering, to request a speaker, a brochure or to discuss health care payment issues.

Delaware Medicare Fraud Alert..... 1-800-223-9074  
Hispanic Hotline..... 453-3838



# Mental Health/Counseling

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There is a wide range of counseling and mental health services, both public and private, in Delaware. Private providers can be located in the yellow pages of the phone book. Below is a partial listing of community-based services funded through DHSS' Division of Substance Abuse and Mental Health and other public programs specifically targeting the elderly with mental health problems. For more information, call:

Division of Substance Abuse and Mental Health

Telephone. .... 1-800-652-2929

## ***ADVOCACY/SELF-HELP GROUPS***

For information on advocacy/self-help groups across Delaware representing the interests of the chemically dependent and mentally ill and their families, call:

Division of Substance Abuse

and Mental Health ..... 1-800-652-2929

Alcoholics Anonymous . 655-5113, 736-1567, 856-6452

Delaware Association of Children of

Alcoholics (DACOA) ..... 656-5554 or 736-6619  
or 856-6477

Delaware Council on Gambling Problems, Inc.

100 W. 10<sup>th</sup> St., Suite 303

Wilmington, DE 19801 . 655-3261 or 888-850-8888

Delmarva Rural Ministries Hispanic

Outreach Social Services ..... 678-2000

Gambler's Anonymous ..... 984-2277 or 761-9100



## ***M*ental Health/Counseling**

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Narcotics Anonymous ..... 777-0597

New Directions meets monthly and offers educational sessions and support group meetings ..... 731-8166

### ***ALCOHOLISM SERVICES***

For information on publicly-funded agencies providing help to older persons who are experiencing problems with alcoholic substances and other drugs, call:

Division of Substance Abuse and Mental Health  
1-800-652-2929

### ***COMMUNITY MENTAL HEALTH CENTERS***

Community mental health centers provide a range of mental health services, including diagnosis, evaluation, individual, group, and family therapy, outreach/case management, chemotherapy and medication management, consultation, and referral services. The centers listed below serve as primary contact points in each county. Personnel in these centers can then link callers to the community mental health center nearest them. For more information, call:

#### **NEW CASTLE COUNTY**

Addictions Coalition of Delaware

100 W. 10<sup>th</sup> St.

Wilmington, DE 19801 ..... 984-2322

New Castle County Community Mental Health Center

14 Central Avenue

New Castle, De 19720 ..... 255-9450



**SODAT-Delaware, Inc.**

625 Orange St., Wilmington, DE 19801

Phone & Fax ..... 656-4044

**KENT/SUSSEX COUNTY**

Kent/Sussex Community Mental Health Center

805 River Road, Dover, DE 19901 ..... 739-4170

***EMERGENCY/CRISIS INTERVENTION SERVICES***

Program providing 24 hour telephone services, and face-to-face intervention, as needed, for mental health emergencies.

NEW CASTLE COUNTY..... 577-2484

KENT/SUSSEX COUNTY ..... 1-800-652-2929

MOBILE CRISIS UNIT ..... 1-800-652-2929

CONTACT DELAWARE ..... 761-9100

***PARTIAL HOSPITAL TREATMENT CENTER***

The center offers an intensive outpatient program to patients with psychotic and non-psychotic illnesses including patients with concurrent medical conditions. Length of stay ranges from 2 to 8 weeks. The program meets 5 days/week from 9 a.m – 3 p.m. The program does not provide treatment for those with primary substance abuse or moderate to severe mental retardation or dementia.

Wilmington Hospital

P.O. Box 1668, 501 W. 14th Street

Wilmington, DE 19899 ..... 428-2357

***CONNECTIONS CSP PROGRAM***

Connections CSP is a program for adults with psychiatric problems who live in supervised group homes.

834-8400



# Nursing Homes and Retirement Communities

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The term “nursing home” generally refers to a long term care facility which provides services to clients who are no longer able to live independently in the community. Below is a list of licensed nursing homes in Delaware. See [www.medicare.gov](http://www.medicare.gov) for a list of nursing homes and for inspection survey results.

## WILMINGTON

### Gilpin Hall

1101 Gilpin Ave.  
Wilmington, DE 19806  
654-4486

### Hillside Center

810 S. Broom Street  
Wilmington, DE 19805  
652-1181

### Kentmere Nursing Care Center

1900 Lovering Avenue  
Wilmington, DE 19806  
652-3311

### Parkview Nursing and Rehab Center

2801 W. 6th Street  
Wilmington, DE 19805  
655-6135



**DHCFA**

## ***DELAWARE HEALTH CARE FACILITIES ASSOCIATION***

*“Advocates for quality care for Delaware’s elder community since 1963”*

726 Loveville Road, Suite 3000  
Hockessin, DE 19707-1536

Phone: 302-235-6895

Fax: 302-235-6899

E-Mail: [DHCFA@aol.com](mailto:DHCFA@aol.com)

Web: [DHCFA.net](http://DHCFA.net)

Yrene E. Waldron, NHA  
Executive Director



# A mission to *Care.*

When you're choosing an eldercare center for someone you love, it can be hard to see what's really different about each place you consider. But at Franciscan Care Center at Brackenville, there's a difference you can feel. Because we're not-for-profit, our focus is on our Catholic mission of compassion, rather than a bottom line of income. Led by spiritual values, our hallmarks are a caring attitude, friendliness, and cleanliness. There's also peace of mind in knowing that we're backed by the sophisticated care of St. Francis Hospital. No wonder so many of our staff members stay for so many years — a reflection of just how unique our caring environment is.



*24-hour registered nursing care, in a family-like setting.*

Our Brackenville location offers the medical, emotional, and spiritual support that residents and their families deserve.

- Professional and skilled nursing care to meet complex medical needs
- Individualized care plans tailored to each resident's needs
- Three meals a day, plus snacks, created to provide variety and meet any special dietary needs
- Rehabilitation services
- Restorative, respite, and hospice care
- A wide range of activities, services, events, and excursions
- A specially-designed unit for Alzheimer's and related disorders

*Feel the difference our mission makes; call or visit today.*



**Brackenville**  
**302-234-5420**  
100 St. Claire Drive  
Hockessin, Delaware





**Go home a winner.**

At all the Genesis ElderCare Communities in Delaware it is our hope to get you back into the swing of things. We offer the finest specialized rehabilitation and post-hospital care. Our focus is on helping you attain the best possible outcome.

**To learn more about our wonderful services call one of our local communities today.**

**CHURCHMAN VILLAGE**

Newark, Delaware  
**302-998-6900**

**HILLSIDE CENTER**

Wilmington, Delaware  
**302-652-1181**

**MILFORD CENTER**

Milford, Delaware  
**302-422-3303**

**SEAFORD CENTER**

Seaford, Delaware  
**302-629-3575**

**SILVER LAKE CENTER**

Dover, Delaware  
**302-734-5990**

**TTY 800-232-5460**



**Genesis** ElderCare® Network



## *N***ursing Homes and Retirement Communities**

### **NEW CASTLE COUNTY** *continued*

#### **Riverside Long Term and Transitional Care**

700 Lea Blvd.  
Wilmington, DE 19802  
**765-4400**

#### **Tilton Terrace**

801 N. Broom Street  
Wilmington, DE 19806  
**652-3861**

### **NEW CASTLE COUNTY**

#### **Accord Health Service at Brandywine**

505 Greenbank Road  
Wilmington, DE 19808  
**998-0101**

#### **Arbors at New Castle**

32 Buena Vista Drive  
New Castle, DE 19720  
**328-2580**

#### **Brock's Rest**

#### **Residential Home**

4150 Millcreek Road  
Hockessin, DE 19707  
**239-3548**



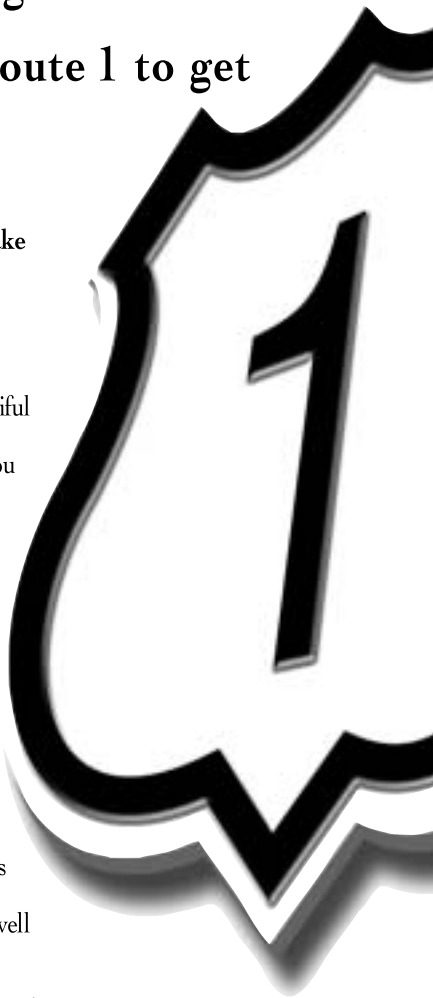
# Why are people driving 7 miles west of Kennett Square on Route 1 to get to Jenner's Pond?

Because it's worth the extra ten minutes to make sure you get the whole nine yards.

With every imaginable living option, a home that appreciates in value, and 88 rolling acres of beautiful Pennsylvania countryside, Jenner's Pond offers you more, period.

As a Continuing Care Retirement Community (CCRC), we provide superb assisted living and skilled nursing care if you ever need it. And the fun of meeting easygoing and bright people in our casual dining rooms, along our walking trails, and on countless outings and events. And a Wellness Director whose only goal is making sure you stay well enough to enjoy the whole nine yards!

Call for your appointment today



2000 Greenbriar Lane • West Grove, PA 19390  
888-536-6377 • 610-869-6801 • [www.jennerspond.org](http://www.jennerspond.org)



## *N*ursing Homes and Retirement Communities

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### **NEW CASTLE COUNTY** *continued*

#### **Churchman Village**

4949 Ogletown-Stanton Rd.  
Newark, DE 19713  
**998-6900**

#### **Cokesbury Village**

726 Loveville Road  
Hockessin, DE 19707  
**234-4444**

#### **Delaware Psychiatric Center (DHSS)**

Carvel Building  
1901 N. DuPont Hwy.  
New Castle DE 19720  
**255-2700**

**Emily P. Bissell Hospital (DHSS)**  
3000 Newport Gap Pike  
Wilmington, DE 19808  
**995-8434**

#### **Forwood Manor**

1912 Marsh Road  
Wilmington, DE 19810  
**529-1600**

#### **Foulk Manor North**

1212 Foulk Road  
Wilmington, DE 19803  
**478-4296**

#### **Foulk Manor South**

407 Foulk Road  
Wilmington, DE 19803  
**655-6249**

## *Kentmere*

### **NURSING CARE CENTER**

**Established 1901**

Kentmere is a nonprofit organization that promotes excellence, compassion and life with dignity.

A warm comfortable homelike atmosphere for short or long term stays specializing in Rehabilitation and Alzheimer's care.

*For more information  
or to arrange a visit,*

**Call 302-652-3311**

**[www.kentmerenursing.com](http://www.kentmerenursing.com)**

**1900 Lovering Avenue  
Wilmington, Delaware 19806**

## **K**

### **THE KUTZ HOME**

A Medicare and Medicaid certified skilled nursing facility and rehabilitation center dedicated to caring for our elders with the reverence they deserve.

**For more information about  
the Kutz Home, please call  
Sheila Mensch at (302) 764-7000.**

**The Milton & Hattie Kutz Home, Inc.**  
704 River Road  
Wilmington, DE 19809  
[www.kutzhome.org](http://www.kutzhome.org)





INDEPENDENT LIVING  
ASSISTED LIVING  
MEMORY ENHANCEMENT CARE

**Methodist Country House**  
4830 Kennett Pike  
Wilmington, DE 19807-1899  
302-426-8112

**Cokesbury Village**  
726 Loveville Road  
Hockessin, DE 19707-1519  
302- 235-6031

**Methodist Manor House**  
1001 Middleford Road  
Seaford, DE 19973-3697  
302- 628-5604

**Heron Point**  
501 E. Campus Avenue  
Chestertown, MD 21620-1682  
410-778-8327

# Life is full of CHOICES

If you are looking for independent living, assisted living or memory enhancement care look to the leader in retirement living.

PUMH offers a choice of four fully-accredited continuing care retirement communities, each with a personality as unique as you are. For over 40 years, we have been redefining retirement by providing the highest quality amenities in environments that nurture the body and spirit.

Choose a PUMH community and experience the joys of retirement...PUMH style





## **Nursing Homes and Retirement Communities**

### **NEW CASTLE COUNTY** *continued*

#### **Governor Bacon Health Center (DHSS)**

Tilton Building  
P.O. Box 559  
Delaware City, DE 19706  
**836-2550**

#### **Hockessin Hills**

6525 Lancaster Pike  
Hockessin, DE 19707  
**998-0181**

**Jeanne Jugan Residence**  
185 Salem Church Road  
Newark, DE 19713  
**368-5886**

#### **Kutz Home, Inc.**

704 River Road  
Wilmington, DE 19809  
**764-7000**

#### **Manor Care Pike Creek Health Services**

5651 Limestone Road  
Wilmington, DE 19808  
**239-8583**



**Quality Nursing Care**

- Alzheimer's & Dementia Care
- Licensed Nurses  
24 hrs a day
- Physical Therapy  
Speech Therapy &  
Occupational Therapy
- Long - Term Nursing Care
- LTC Insurance Accepted
- Hospice Care

**Newark Manor**  
*Short-Term Respite Stays Welcome!*  
**(302) 731-5576**  
254 West Main Street, Newark, DE 19711  
[www.newarkmanor.com](http://www.newarkmanor.com)



**Manor Care Wilmington  
Health Services**  
700 Foulk Rd.  
Wilmington, DE 19803  
**764-0181**

**Mary Campbell Center**  
4641 Weldin Road  
Wilmington, DE 19803  
**762-6025**

**Masonic Home of  
Delaware, Inc.**  
4800 Lancaster Pike  
Wilmington, DE 19807  
**994-4434**

**Methodist Country House**  
4830 Kennett Pike  
Wilmington, DE 19807  
**654-5101**

**Millcroft**  
255 Possum Park Road  
Newark, DE. 19711  
**366-0160**

**Newark Manor Nursing  
Center**  
254 W. Main Street  
Newark, DE 19711  
**731-5576**



*F*or over a century and a half, with changes in name, location and services, there has been one constant purpose which is as strong today as it was in 1824 — to provide a high quality of care for members of our community.

The need has never been greater, nor have those who receive Gilpin Hall's services ever have been more appreciative.

Gilpin Hall's residents benefit from a wide range of professional services offered in a setting that is attractive, friendly and comfortable. From tasty meals in a sunny dining room to a choice of activities...



**There is variety in a Gilpin day!**

**A Private Non-Profit Facility**

**ADULT DAY PROGRAM • PERSONAL CARE • NURSING AND RESPITE CARE**

**Call (302) 654-4486 to learn more about Gilpin Hall.**



## **Nursing Homes and Retirement Communities**

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### **NEW CASTLE COUNTY *continued***

#### **St. Francis Care Center at Brackenville**

100 St. Clair Drive  
Hockessin, DE 19707  
234-5420

#### **St. Francis Skilled Nursing Facility**

7<sup>th</sup> and Clayton Streets  
Wilmington, DE 19805  
421-4694

#### **Shipley Manor Health Center**

2723 Shipley Road  
Wilmington, DE 19810  
479-0111

#### **Stonegates**

4031 Kennett Pike  
Greenville, DE. 19807  
658-6200

### **KENT COUNTY**

#### **Capitol Healthcare Services**

1225 Walker Road  
Dover, DE 19904  
734-1199

## **Delaware Cares About Your Well-Being**

We're here to help you make informed decisions about assisted living and nursing homes.

Our *How to Select Long Term Care* publication is designed to make it easier for you to assess your loved one's needs, review nursing home options and make choices. A listing of all Delaware nursing homes and assisted living facilities with comparative information on costs and services is included.

For your free copy, call us at 1-800-223-9074.



### ***DELAWARE HEALTH AND SOCIAL SERVICES***

DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES



### **Courtland Manor**

889 S. Little Creek Road  
Dover, DE 19901  
**674-0566**

### **Delaware Hospital for the Chronically Ill (DHSS)**

100 Sunnyside Road  
Smyrna, DE 19977  
**653-8556**

### **Green Valley Pavilion**

3034 South DuPont Blvd.  
Smyrna, DE 19977  
**653-5085**

### **Silver Lake Center**

1080 Silver Lake Blvd.  
Dover, DE 19901  
**734-5990**

### **Westminster Village Health Center**

1175 McKee Rd.  
Dover, DE 19904  
**674-8030**

## **SUSSEX COUNTY**

### **Chancellor Care Center of Delmar, Inc.**

101 E. Delaware Avenue  
Delmar, DE 19940  
**846-3077**

### **Country Rest Home**

Route 2, P.O. Box 25  
Greenwood, DE 19950  
**349-4114**

### **Green Valley Terrace**

231 S. Washington Street  
P.O. Box 909  
Millsboro, DE 19966  
**934-7300**

### **Harbor Healthcare & Rehabilitation Center**

301 OceanView Blvd.  
Lewes, DE 19958  
**645-4664**



**Green Valley Pavilion**  
REHABILITATION • NURSING

*Family Owned & Operated*

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3034 S. DuPont Blvd.  
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**302.653.5085**

302.653.3988 fax  
gvpadmit@gahsi.com  
[www.gahsi.com](http://www.gahsi.com)



*A proud member of Greenacres Health Systems.*

EOE



## **Nursing Homes and Retirement Communities**

### **SUSSEX COUNTY *continued***

#### **Harrison House of Georgetown**

110 W. North Street  
Georgetown, DE 19948  
**856-4574**

#### **Lewes Convalescent Center**

440 Market Street  
Lewes, De 19958  
**645-6606**

#### **Lifecare at Lofland Park**

712 King Street  
Seaford, DE 19973  
**628-3000**

#### **Methodist Manor House**

1001 Middleford Road  
Seaford, DE 19973  
**800-775-4593**

#### **Milford Center Genesis Healthcare**

700 Marvel Road  
Milford, DE 19963  
**422-3303**

#### **Seaford Center**

1100 Norman Eskridge  
Highway  
Seaford, DE 19973  
**629-3575**

#### **Yoder's Care Center**

Rt. 1, Box 119  
Milford, DE 19963  
**424-4944**



### ***Family Owned & Operated***

*Nursing and Rehabilitation Care*

*Short & Long Term Care*

*Hospice & Respite*

#### **Green Valley Terrace**

231 South Washington St.  
Millsboro, DE 19966

**302.934.7300**

302.934.9399 fax  
gvtadmit@gahsi.com  
[www.gahsi.com](http://www.gahsi.com)



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E.O.E

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**www.DSAAPD.com**



### ***DELAWARE HEALTH AND SOCIAL SERVICES***

**DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES**



## ***Delaware Passport to Independence***

This is a federally funded pilot project led by DHSS' Division of Services for Aging and Adults with Physical Disabilities. The project reflects the Division's long-standing commitment to fostering self-determination among older persons and persons with disabilities. The overall goal of the project is to identify, inform and assist nursing home residents, especially those who are Medicaid-eligible, who want to move to a new home. DSAAPD offers individualized case management to accomplish this goal. Call 255-9390 or 1-800-223-9074 and ask for the Project Manager to request a needs assessment application.

### **Delaware Passport to Independence**

**Helping Delaware  
residents make  
informed choices about  
their long term care**



For additional information,  
contact: Project Manager,  
Delaware Passport to Independence,  
Division of Services for Aging and Adults with Physical Disabilities, (302) 255-9390, or 1-800-223-9074, or by e-mail at [dsaapdinfo@state.de.us](mailto:dsaapdinfo@state.de.us).



**DELAWARE HEALTH  
AND SOCIAL SERVICES**  
DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES



# rganizations (Senior Citizen)

The organizations listed below offer a variety of resources, information and educational materials. If an older Delaware resident, caregiver or family member is interested in finding out more about these groups, please call the following numbers.

## **ALZHEIMER'S DISEASE AND RELATED DISORDERS ASSOCIATION, INC. (ADRD)**

Delaware Chapter

2306 Kirkwood Highway,

Wilmington, DE 19805 ..... 633-4420

Kent/Sussex Toll free ..... 800-272-3900

Caring for an older friend or relative?

# RELAX.

*It's o.k. to take time  
for yourself.*



If you're responsible for the care of an older friend or relative, it's important to relax and take a break once in a while. It's the best way to protect your own health and well being.

CARE Delaware serves the needs and interests of caregivers through information, referral, support and education. We can help you find time for yourself—by assessing your needs and connecting you with resources, local services, support groups, and training. With our support, you'll be better able to take care while you give care.

Stop, and get a fresh start by calling the Delaware HelpLine at **1-800-464-HELP**.  
Or visit: **[www.DSAAPD.com](http://www.DSAAPD.com)**

**CAREDelaware**  
Caregiver Assistance-Respite-Education



**Delaware Health  
and Social Services**  
Division of Services for Aging and  
Adults with Physical Disabilities



## **AARP DELAWARE**

Statewide  
1-800-424-3410  
or 571-8791

## **AMERICAN CANCER SOCIETY**

1-800-ACS-2345

### **New Castle County**

New Castle Corporate  
Commons  
92 Read's Way,  
Suite 205  
New Castle, DE 19720  
324-4227

### **Kent County**

707 Walker Road  
Dover, DE 19904  
734-7431 or  
1-800-304-0779

## **AMERICAN DIABETES ASSOCIATION**

### **Del. Affiliate**

100 W. 10<sup>th</sup> Street  
Suite 1002  
Wilmington, DE 19801  
656-0030

Working to  
Ensure Quality  
of Life and  
Dignity in Aging  
for Delaware  
Seniors.

**AARP**<sup>®</sup> Delaware

***The power to make it better.™***



**[www.aarp.org/de](http://www.aarp.org/de)**



## rganizations (Senior Citizen)

### **AMERICAN HEART ASSOCIATION**

#### New Castle County

1096 Old Churchman's Rd.

Newark, DE 19713-2137 ..... 633-0200

#### Kent County

625 S. State Street, Dover, DE 19903 ... 734-9321

#### Sussex County

Georgetown Professional Park

Suite 201A, 600 DuPont Highway

Georgetown, DE 19947 ..... 856-7386



## **GRANDPARENTS & RELATIVES RAISING OTHERS' CHILDREN**

Contact

**JOINING GENERATIONS**

at **255-9390** or **1-800-223-9074**

for information on the statewide *Family Circles*  
support & education group program, Grand Time Off and  
Camp Respite School Break/Summer Camps.



**DELAWARE HEALTH  
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DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES



**AMERICAN LIVER FOUNDATION** ..... 1-800-223-0179

**AMERICAN LUNG ASSOCIATION OF DELAWARE**

1021 Gilpin Avenue, Suite 202  
Wilmington, DE 19806 ..... 655-7258  
1-800-LUNG-USA

**ARTHRITIS FOUNDATION INFO LINE**.....1-800-283-7800 or 777-1841

**CONTACT DELAWARE**

24-hour Helpline and Rape Crisis Service 761-9100  
TTY ..... 761-9700  
Kent and Sussex Toll free ..... 800-262-9800

***Fitness...Fellowship...Fun***



Free membership is open to all  
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Stay active and healthy in our year-round  
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**1121 Forrest Avenue  
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**Phone (302) 736-5698 Fax 736-5977**

**Toll Free 888-881-6128**

**E-mail [info@delawareseniorolympics.org](mailto:info@delawareseniorolympics.org)  
Website: [www.delawareseniorolympics.org](http://www.delawareseniorolympics.org)**



## **Organizations (Senior Citizen)**

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### **CREATIVE GRANDPARENTING, INC**

100 W. 10<sup>th</sup> Street, Suite 1007  
Wilmington, DE 19801 ..... 656-2122

### **DELAWARE ASSOCIATION OF HOMES & SERVICES FOR THE AGING (DAHSA)**

103 DeWalt Road  
Newark, DE 19711 ..... 454-7715

### **DELAWARE ASSOCIATION OF PROGRAMS FOR THE AGING (DAPA)**

107 E. 14th Street  
Wilmington, DE 19801-3209 ..... 652-6219

### **DELAWARE BREAST CANCER COALITION**

778-1102, 744-6529, 866-312-DBCC

### **DELAWARE CANCER PAIN INITIATIVE**

292-1616

### **DELAWARE EPILEPSY ASSOCIATION**

240 N. James Street, Suite 203  
Wilmington, DE 19804 ..... 999-9313

### **DELAWARE HEALTHCARE FACILITIES ASSOCIATION (DHCFA)**

235-6895

### **DELAWARE INTERFAITH COALITION ON AGING (DICA)**

11 Spring Water Way  
Newark, DE 19711 ..... 731-5636

### **DELAWARE KIDNEY FUND**

888-1817



### **DELAWARE - MARYLAND PARALYZED VETERANS ASSOCIATION**

28 Peddler's Row, Peddler's Village  
Christiana, DE 19702 ..... 368-4898  
Toll free ..... 1-800-786-2039

### **DELAWARE RETIRED WORKERS, UAW**

1005 North Point Blvd., Suite 701  
Baltimore, MD 21224 ..... 410-284-1500

### **DELAWARE SENIOR OLYMPICS**

1121 Forrest Ave.  
Dover, DE 19904 ..... 736-5698 or 1-888-881-6128

### **DISABLED AMERICAN VETERANS**

Department of Veterans Affairs  
1601 Kirkwood Highway  
Wilmington, DE 19805 ..... 994-2511  
1-800-827-1000  
Wilmington Vet Center ..... 994-1660  
Women Vets Health Clinic ..... 633-5500

### **DELAWARE COALITION AGAINST DOMESTIC VIOLENCE**

800-701-0456

### **GRANDPARENT RESOURCE CENTER**

Wilmington Senior Center  
1901 N. Market St.  
Wilmington, DE 19801 ..... 651-3420

Grandparents United Delaware...791-7715, 234-0360



## **Organizations (Senior Citizen)**

### ***KIMMEL/SPILLER JEWISH HEALING CENTER***

101 Garden of Eden Rd.  
Wilmington, DE 19803 ..... 478-9411

### ***LEUKEMIA AND LYMPHOMA SOCIETY of DELAWARE***

100 W. 10th St.  
Wilmington, DE 19801 ..... 661-7300

### ***MANCUS FOUNDATION***

New Castle County  
29th & Jessup Sts.  
Wilmington, DE 19802 ..... 652-7187

### ***MULTIPLE SCLEROSIS SOCIETY***

New Castle County  
2 Mill Rd., Suite 106  
Wilmington, DE 19806  
655-5610

Kent/Sussex Counties  
PNC Bank Building  
3-5 The Plaza, Suite 212  
Dover, DE 19901  
734-4318  
1-800-FIGHT MS

### ***NATIONAL CANCER INSTITUTE CANCER INFORMATION SERVICE***

1-800-4-CANCER

### ***NATIONAL EYE CARE PROJECT***

1-800-222-EYES (eye care for low-income senior citizens)  
1-800-391-EYES (info. and referral for people at risk for glaucoma)



**NATIONAL FAMILY CAREGIVERS ASSOCIATION**

10400 Connecticut Avenue, Suite 500  
Kensington, MD 20895 ..... 800-896-3650

**SERVICE CORPS OF RETIRED EXECUTIVES (SCORE)**

824 Market Street, Suite 610  
Wilmington, DE 19801 ..... 573-6552

**SELF-HELP FOR THE HARD OF HEARING OF DELAWARE, INC.**

656-4882, 888-280-3330  
TTY 656-4885

**SISTERS ON A MISSION (For African Americans with breast cancer)**

475-0687

**THE LIGHTHOUSE, INC.** (for persons with visual problems)

111 East 59<sup>th</sup> St.  
New York, NY 10022 ..... 800-334-5497

*Visit us on the web!*

Visit our user-friendly web site for information of interest to older persons, adults with physical disabilities, caregivers, service professionals, and others in Delaware.

**[www.DSAAPD.com](http://www.DSAAPD.com)**



**DELAWARE HEALTH  
AND SOCIAL SERVICES**

**DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES**



# Pre-Admission Screening Program

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The Pre-Admission Screening Program, run by DHSS' Division of Social Services, is designed primarily for older persons who are applying for admission to a nursing home or any of the state-operated long term care facilities.

The program seeks: to avoid unnecessary institutionalization of any individual; to provide appropriate care in the least restrictive setting; and to assure that all resources in the community are considered in the plan of care for an individual.

A team of health professionals evaluates the health and social needs of a person, either in the home or in the client's current location. This information is used to make recommendations to the individual and family on what services are available to meet the needs of the client. Referrals for services are also made to the appropriate agencies as needed. For more information, call:

NEW CASTLE COUNTY ..... 368-6610  
KENT/SUSSEX COUNTY ..... 1-800-422-1416

## Questions About Advance Directives?

*We've got Answers.*

Many people have questions about Advance Directives (also known as Living Wills). Visit our web site for information about advance directives and how they work. While you're there, you can also download a copy of Delaware's Advance Directive Form.

**[www.DSAAPD.com](http://www.DSAAPD.com)**



**DELAWARE HEALTH  
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DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES



# Respite Care

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Respite provides an interval of rest and relief to families that care for an impaired older person. Respite services can be provided in the home or in an institutional setting. Personal care respite services in the home are provided by licensed home health agencies. A trained worker remains with the older person for a specified period of time, performing daily tasks as needed. Nursing homes and hospitals also make accommodations for short, respite periods.

The programs listed below vary in type of service provided (in-home or institutional). Contact the individual service providers for more information.

Caring for an older friend or relative?

*When you care  
too much, you need*

## **RELIEF.**



If you're caring for an older loved one, relief from stress and fatigue is not always easy to find. But, for your own health and well being, it's important to take a break once in a while.

CARE Delaware serves the needs and interests of caregivers through information, referral, support and education. We can help you find relief—by assessing your needs and connecting you with resources, local services, support groups, and training. With our support, you'll be better able to take care while you give care.

Stop, and get a fresh start by calling the Delaware HelpLine at **1-800-464-HELP**.  
Or visit: **[www.DSAAPD.com](http://www.DSAAPD.com)**

**CAREDelaware**  
Caregiver Assistance-Respite-Education

 **Delaware Health  
and Social Services**  
Division of Services for Aging and  
Adults with Physical Disabilities



## **WILMINGTON/NEW CASTLE COUNTY**

### **Addus Health Care**

Wilmington, DE 19808 ..... 998-1111

### **Arbors at New Castle**

32 Buena Vista Dr.  
New Castle, DE 19720 ..... 328-2580

### **Christiana Care**

#### **Visiting Nurse Association**

One Read's Way, Suite 100  
New Castle Corporate Commons  
New Castle, DE 19720 ..... 323-8200

### **Generations Home Care**

103 Rogers Road  
Wilmington, DE 19801 ..... 658-6731

### **Home Health Services by TLC**

287 Christiana Road  
New Castle, DE 19720 ..... 322-5510

### **Methodist Country House**

4830 Kennett Pike  
Wilmington, DE 19807 ..... 654-5101

### **Neuro Care/Total Care**

201 Ruthar Drive, Suite 5  
Newark, DE 19711 ..... 738-6400



**Riverside Extended Care Pavilion**  
700 Lea Blvd.  
Wilmington, DE 19802 ..... 733-1000

**KENT COUNTY**

**Christiana Care**  
**Visiting Nurse Association**  
2116 S. DuPont Highway, Suite 2  
Camden, DE 19934 ..... 698-4300

**Christiana Care**  
**Visiting Nurse Association**  
611 S. DuPont Highway  
Milford, DE 19963 ..... 422-2010

**Generations Home Care**  
753A Walker Road  
Dover, DE 19901 ..... 734-7005

**Home Health Services by TLC**  
1241 College Park Drive  
Dover, DE 19904 ..... 1-800-560-0114

**SUSSEX COUNTY**

**Christiana Care**  
**Visiting Nurse Association**  
Georgetown Professional Park  
600 DuPont Hwy., Suite 203  
Georgetown, DE 19947 ..... 855-9700  
1-800-322-4436



## *Respite Care*

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### CHEER Home Services

20520 Sandhill Road

Georgetown, DE 19947 ..... 856-5186

### Generations Home Care

205 East Market Street

Georgetown, DE 19947 ..... 856-7774

### Home Health Services by TLC

311 W. 9<sup>th</sup> Street

S. Bethany Beach, DE 19930 ..... 1-800-560-0114

## ***RESPITE CARE FINANCIAL ASSISTANCE PROGRAM***

Financial assistance grants to caregivers to provide respite care for diagnosed Alzheimer's victims. Eligibility determined by need and financial criteria. Contact:

### Alzheimer's Association, Delaware Chapter

2306 Kirkwood Highway

Wilmington, DE 19805 ..... 633-4420

## **Questions About Advance Directives?**

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Many people have questions about Advance Directives (also known as Living Wills). Visit our web site for information about advance directives and how they work. While you're there, you can also download a copy of Delaware's Advance Directive Form.

**[www.DSAAPD.com](http://www.DSAAPD.com)**



***DELAWARE HEALTH  
AND SOCIAL SERVICES***

***DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES***



# Senior Centers

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A senior center is a “community focal point on aging where older persons as individuals or in groups come together for services and activities which enhance their dignity, support their independence and encourage their involvement in and with the community” (National Council on Aging, 1978).

Senior centers that are open at least three days a week are listed below.

## WILMINGTON

### Centro Los Abuelos

623 N. Harrison St.  
Wilmington, DE 19805  
654-3130

### Claymore Senior Center

504 S. Clayton St.  
Wilmington, DE 19805  
428-3170

### Fraim Senior Center

#### For Active Adults

669 S. Union Street  
Wilmington, DE 19805  
658-8420

### Graham Senior Center

1709 Gilpin Avenue  
Wilmington, DE 19806  
655-0266

## Newark Senior Center

200 White Chapel Drive, Newark, De 19713 (off Marrows Road)

**302-737-2336**

*Accredited by National Institute of Senior Centers-First in Delaware*

Lecture Series • Fitness Center • Heated Pool • Fitness Programs

Day & Extended Trips • Computer Classes • Support Groups

Meals on Wheels • Games • Evening pool and fitness center hours

Cafeteria style lunch offers many selections

Visit our website [www.newarkseniorcenter.com](http://www.newarkseniorcenter.com)



## **S**enior Centers

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### **NEW CASTLE COUNTY** *continued*

**Jimmy Jenkins**

**Senior Center**

2300 Bowers Street  
Wilmington, DE 19802  
**764-9022**

**Latin American**

**Community Center**

403 N. Van Buren Street  
Wilmington, DE 19805  
**655-7338**

**People's Settlement**

**Association Senior Center**

408 E. 8th Street  
Wilmington, DE 19801  
**658-4133**

**Salvation Army**

**Senior Center**

102 W. 5th Street  
Wilmington, DE 19801  
**656-1696**

**St. Anthony's**

**Senior Center**

1703 W. 10th St.  
(1st floor)  
Wilmington, DE 19805  
**421-3735**

**St. Patrick's Center**

107 East 14th Street  
Wilmington, DE 19801  
**652-6219**

**St. Peter's Adult Center**

523 Tatnall Street  
Wilmington, DE 19801  
**571-8394**

**St. Thomas' Senior Center**

200 Woodlawn Avenue  
Wilmington, DE 19805  
**426-1738**

**West Center City**

**Senior Adult Center**

501 N. Madison Street  
Wilmington, DE 19801  
**658-5332**

**Wilmington Senior Center**

1901 N. Market Street  
Wilmington, DE 19802  
**651-3400**

### **NEW CASTLE COUNTY**

**Absalom Jones**

**Senior Center**

310 Kiamensi Road  
Wilmington, DE 19804  
**998-0363**



**Brandywine Senior Center**  
Claymont Community  
Center  
3301 Green Street  
Claymont, DE 19703  
**798-5562**

**C & D Senior Center**  
Liberty Terrace Apts.  
Community Room  
Freedom Rd.  
Newark, DE 19702  
**323-2630**

**Cornerstone Senior Center**  
3135 Summit Bridge Road  
Bear, DE 19701  
**836-6463**

**De La Warr Senior Center**  
19 Lambson Lane  
New Castle, DE 19720  
**429-0581**

**Howard Weston  
Senior Center**  
1 Bassett Ave.  
Manor Park  
New Castle, DE 19720  
**328-6094 or 328-6626**

**Jewish Community Center**  
101 Garden of Eden Road  
Wilmington, DE 19803  
**478-5660**

**Mid-County Senior Center**  
First Regiment Road  
Wilmington, DE 19808  
**995-6555**

**M.O.T. Senior Center**  
300 South Scott St.  
Middletown, DE 19709  
**378-3041 or 378-4758**

**New Castle Senior Center**  
304 Delaware Street  
New Castle, DE 19720  
**326-4209**

**Newark Senior Center**  
200 White Chapel Drive  
Newark, DE 19713  
**737-2336**

**Oak Grove Senior Center**  
11 Poplar Avenue  
Wilmington, DE 19805  
**998-3310 or 998-3319**

**Sellers Senior Center**  
500 Duncan Road  
Wilmington, DE 19809  
**762-2050**



# **Senior Centers**

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## **KENT COUNTY**

### **First State Senior Center**

Kent/Sussex Industry Bldg.  
Southern Wing  
291 N. Rehoboth Blvd.  
Milford, DE 19963

**422-1510**

**422-1511**

### **Frederica Adult Center**

201 S. Market Street  
Frederica, DE 19946  
**335-4555**

### **Harrington Senior Center**

102 Fleming Street  
Harrington, DE 19952  
**398-4224**

### **Harvest Years Senior Center**

21 Saulsbury Road  
Dover, DE 19904  
**734-3329**  
(24 hr. answering machine)

### **Mamie A. Warren**

### **Maturity Center**

1775 Wheatley Pond Road  
Kenton, DE 19955  
**653-4078**

### **Milford Senior Center**

111 Park Avenue  
Milford, DE 19963  
**422-3385**

### **Modern Maturity Center**

1121 Forrest Avenue  
Dover, DE 19904  
**734-1200**

### **Lillian Smith Senior Center**

P.O. Box 76  
410 Main Street  
Clayton, DE 19938  
**653-6119**

## **SUSSEX COUNTY**

### **Adult Plus+ Program**

DTCC, Jack F. Owens  
Campus  
P.O. Box 610  
Georgetown, DE 19947  
**856-5618**

### **Bridgeville Senior Center**

414 Market Street  
Bridgeville, DE 19933  
**337-8771**

### **Cape Henlopen Senior Center**

11 Christian Street  
Rehoboth, DE 19971  
**227-2055**





# THE MODERN MATURITY CENTER, INC.

1121 FORREST AVE., DOVER, DE

PLANNING  
TODAY  
TO MEET THE  
CHANGING NEEDS OF  
TOMORROW'S  
OLDER ADULTS

302-734-1200

The Modern Maturity Center offers social, recreational, nutritional, educational, health and fitness opportunities for adults age 50 and older.

For a membership package or information, call 734-1200  
Or - stop by for a tour. We are open Monday through Thursday  
8:30 a.m. to 4:30 p.m. and Friday 8:30 a.m. to 4 p.m.



## ***S*enior Centers**

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### **SUSSEX COUNTY *continued***

**Georgetown CHEER Center**  
20520 Sand Hill Road  
Georgetown, DE 19947  
**854-9555**

**Greenwood CHEER Center**  
P.O. Box 341  
Greenwood, DE 19950  
**349-5237**

**Harbor Lights  
CHEER Center**  
34211 Woods  
Edge Drive  
Lewes, DE 19956  
**644-8325**

**Indian River Senior Center**  
322A Wilson Highway  
Millsboro, DE 19966  
**934-8839**

**Laurel Senior Center**  
P.O. Box 64  
13 N. Central Ave.  
Laurel, DE 19956  
**875-2536**

**Lewes Senior Center**  
310 Nassau Park Road  
Lewes, DE 19958  
**645-9293**

**Nanticoke Senior Center**  
310 Virginia Avenue  
Seaford, DE 19973  
**629-4939**

**Oak Orchard  
CHEER Center**  
R.D.4, Box 174-A  
Millsboro, DE 19966  
**945-3551**

**Ocean View Leisure  
and Resource Center**  
P.O. Box 637  
Ocean View, DE 19970  
**539-2671**

**Roxana CHEER Center**  
Pyle State Service Center  
R.D. #4, Box 281-1  
Omar & Roxana Rds.,  
Rd. 382  
Frankford, DE 19945  
**732-3662**

**Slaughter Neck  
CHEER Center**  
Slaughter Neck  
Community Action Bldg.  
Road 215 off Route 14  
22942 Slaughter  
Neck Road  
Lincoln, DE 19960  
**684-4819**



# ocial Security & Supplemental Security Income (SSI)

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The Social Security Administration manages the Social Security and Supplemental Security Income programs. Eligibility and benefits for Social Security depend upon one's employment history. Benefits are also payable to spouses, widow/widowers, and minor or disabled children of retired, disabled, or deceased workers.

The federal guaranteed income program for the elderly, blind and disabled, Supplemental Security Income, provides a guaranteed minimum income for individuals whose incomes are below a certain level.

The Social Security Administration also processes applications for Medicare, and forwards applications for Medicaid to appropriate agencies. For more information about Medicare and Medicaid, refer to the Medicare and Medicaid chapters of this guide.

For more information, call:

## **WILMINGTON/NEW CASTLE COUNTY**

New Castle Corporate Commons  
92 Reads Way, Suite 200  
New Castle, DE 19720 ..... 323-0304  
Toll Free ..... 1-800-772-1213

## **KENT COUNTY**

300 S. New Street, Room 1003  
Dover, DE 19904 ..... 674-5162  
Toll Free ..... 1-800-772-1213



## **Social Security & Supplemental Security Income (SSI)**

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### **SUSSEX COUNTY**

Georgetown Professional Park

600 N. DuPont Highway, Suite 202

Georgetown, DE 19947 ..... 856-9620

Toll Free ..... 1-800-772-1213

# *Visit us on the web!*

Visit our user-friendly web site for information of interest to older persons, adults with physical disabilities, caregivers, service professionals, and others in Delaware.

## **www.DSAAPD.com**



***DELAWARE HEALTH  
AND SOCIAL SERVICES***

***DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES***

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# Support Groups

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Support groups provide an environment for caregivers, family members, and loved ones to talk, share experiences, and learn about resources in the community. Call the agencies listed for a schedule of support group meetings that they offer in the community.

AIDS Delaware  
652-6776

Alliance for the Mentally  
Ill in Delaware (AMID)  
427-0787

Alzheimers Association of  
Delaware  
633-4420 or  
800-272-3900

American Cancer Society  
324-4227 or  
800-304-0779

Caring for an older friend or relative?

**HOPE.**  
*It's a phone call away.*



When caring for a loved one becomes overwhelming, it's easy to lose hope. Take care of yourself with help from CARE Delaware.

CARE Delaware serves the needs and interests of caregivers through information, referral, support and education. We can help you find renewed hope—by assessing your needs and connecting you with resources, local services, support groups, and training. With our support, you'll be better able to take care while you give care.

Stop, and get a fresh start by calling the Delaware HelpLine at **1-800-464-HELP**.  
Or visit: **[www.DSAAPD.com](http://www.DSAAPD.com)**

**CAREDelaware**  
Caregiver Assistance-Respite-Education



**Delaware Health  
and Social Services**  
Division of Services for Aging and  
Adults with Physical Disabilities



## **Support Groups**

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American Diabetes  
Association

656-0030 or  
888-DIABETES

American Lung Association  
655-7258

Arthritis Foundation

777-1841 or  
800-292-9599

Caregiver Support Group

(for persons caring for  
elderly relatives)

478-2575

Compassionate Care Hospice

1-800-219-0092

Compassionate Friends

(when a loved one has died)

376-0300 or 734-9422 or  
645-2168

Delaware Hospice

800-838-9800

Epilepsy Foundation

999-9313

“Going On After Loss”

grief support

478-7100

HIV Support Groups

654-5471

(Call for a copy of the  
HIV AIDS Resource  
Guide)

Joining Generations:

Family Circles

For grandparents and  
relatives raising others’  
children.

1-800-223-9074

“Life Times”

(Senior peer sharing  
program offering  
discussion groups in  
several locations)

575-0250 or 368-5886 or  
652-3737

Lupus Foundation

622-8700

Mental Health Mutual Help

Support Groups

654-6833



Multiple Sclerosis Society  
655-5610 or  
1-800-FIGHT MS

Parkinson's Support Group  
764-6172 or 998-4098

"Pathways Through Grief"  
grief support  
368-5738

Stroke Club  
324-4444

Stroke Support Group  
731-4421

VIP's (Visually Impaired  
Persons) Support Group  
995-7001, 547-1930, 629-  
6204

Wellness Community  
(To help people with cancer  
and their families fight for  
their recovery with free  
psycho-social support to  
complement conventional  
medical treatment)  
995-2850

"You Are Not Alone"  
grief support  
655-9624

## ***Read It On Line!***

Many publications are available for free on our web site, including the popular ***Guide to Services for Older Delawareans***. Visit the "Publications" section of our site for more information!

**[www.DSAAPD.com](http://www.DSAAPD.com)**



**DELAWARE HEALTH  
AND SOCIAL SERVICES**

DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES



# ransportation

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## **AMTRAK**

Amtrak provides rail passenger services to destinations throughout the United States. Approximately seventy Amtrak trains per day stop in Wilmington Station. The station can be reached from New Castle County, Dover, Smyrna, and many other locations by the statewide transit services known as DART First State. Discounted fares are available for senior citizens. For information on Amtrak trains and connections, call:

AMTRAK..... 1-800-USA-RAIL

## ***CHEER TRANSPORTATION (Sussex County)***

CHEER Transportation provides transportation to and from nutrition sites and the Bridgeville Senior Center. Services also include transportation for weekly shopping, recreational activities and some medical facilities.

CHEER Transportation can also arrange for transportation to medical appointments.

CHEER Transportation ..... 856-4909/5187/5641

## ***DART First State***

DART First State is the statewide transit service of the Delaware Transit Corporation (DTC), a subsidiary of the Delaware Department of Transportation, which provides both fixed route and intercounty



bus service, as well as a paratransit bus service, throughout the State of Delaware.

***FIXED ROUTE SERVICE***

DART First State provides fixed route services in both New Castle County and in the greater Dover area. A seasonal fixed route service is provided in the Rehoboth, Lewes and Dewey Beach area. DART First State also provides a free shuttle which loops downtown Wilmington.

***INTERCOUNTY BUS SERVICE***

DART First State’s intercounty bus service provides transportation to, from, and within all three counties in Delaware. Its routes operate between Wilmington, Dover, and Rehoboth Beach and Newark, Dover, and Rehoboth Beach with several stops in between.

DART First State offers reduced fares for both fixed route and intercounty service to senior citizens and persons with disabilities. Seniors are required to show a Medicare card when boarding the bus. Persons with disabilities must apply to be certified as being eligible for the reduced fare program. Once certified, a reduced fare identification card will be issued which must be presented when paying a reduced fare. Cash fares are accepted at the time of boarding; however, a discounted reduced fare card may be purchased in advance at any of our DTC sales outlet. Please call the number below for a list of locations.

Statewide Transit Information ..... 1-800-652-DART  
If calling within New Castle County ..... 652-DART



## **PARATRANSIT SERVICE**

DART First State also includes a paratransit service which provides door-to-door transportation for eligible disabled individuals and senior citizens. This service operates statewide Monday through Saturday service. Reservations must be made 24 hours in advance. After 1:00 p.m., reservations for the following day will not be accepted unless the traveler is determined to be eligible under the Americans with Disabilities Act (ADA). ADA eligible persons may make reservations up to 4:30 p.m. for service the following day.

Paratransit Reservations/  
Information ..... 1-800-553-DART

## **FISH of Northern Delaware**

FISH, a volunteer organization, provides transportation to appointments for ambulatory individuals north of the C&D Canal when all other potential means of transportation have been exhausted and as volunteers are available. This is not an emergency service. Notify FISH one week in advance of the appointment. For more information, call:

FISH of Northern Delaware ..... 658-2954

## **GENERATIONS HOME CARE**

(New Castle and Sussex Counties)

Medical transport is provided to and from medical treatment for ambulatory persons. 48-hour notice required. Fee-for-service or Medicaid.

New Castle County ..... 658-6731  
Sussex County ..... 856-7774



## ***OTHER TRANSPORTATION PROVIDERS***

(these agencies charge a fee to provide transportation)

AD Transportation.....	777-4277
Care First .....	832-2100
DEW .....	653-3928 or 1-800-582-9241
Dunn Transportation .....	652-7971
Easter Seals .....	324-4444 or 678-3353 or 934-9801
Eastern Shore Transportation.....	1-800-452-0404
Express Medical Transport .....	266-8278 or 1-888-413-4925
Matthew Smith Medical Transportation .....	734-5217
MOT Senior Center .....	378-4758
Muni .....	1-800-966-6864
Preferred Transport .....	323-0828
Prime Care Transportation .....	422-0900 or 1-888-873-0900
Raichle's Transport .....	378-3356
Reliable .....	438-0862
Right Transport .....	326-9434
Superior Medical .....	426-7770
Yellow Cab .....	658-4321

## ***ACCESSIBLE VAN RENTAL***

To rent a wheelchair accessible vehicle by the day or week, call:

Accessible Vans of America .....	1-888-AVA-VANS
Wheelchair Getaways .....	1-800-642-2042



## **RED CROSS TRANSPORTATION**

Red Cross volunteers provide transportation in Red Cross-owned vehicles to medical/health appointments for ambulatory older persons in cases where no other means of transportation can be found. Appointments must be made through a doctor, nurse, medical clinic or community agency. For information, call:

### **Wilmington/New Castle County**

100 W. 10<sup>th</sup> Street

Wilmington, DE 19801 ..... 656-6620

### **Kent/Sussex County**

1973 Bay Road, Milford, DE 19963 ..... 335-5031

## ***SCAT (Senior Citizen Affordable Taxi)***

Sponsored by the State of Delaware's Department of Transportation, SCAT provides half-price taxi service for persons aged 60 and over and qualified disabled persons. The service is offered seven days a week, including holidays. Call 1-800-355-8080 for an application.

SCAT ticket books contain \$10.00 worth of tickets and may be purchased for \$5.00 at locations throughout the State. For an application, call 1-800-355-8080.

DART First State ..... 1-800-652-DART

If calling within New Castle County ..... 652-DART

## **SEPTA**

SEPTA commuter trains run from Newark, Churchmans Crossing and Wilmington to Delaware County, Pennsylvania, Philadelphia



International Airport and Center City with connections to SEPTA trains and transit routes serving the entire Philadelphia metropolitan region. Convenient, economical connections to New York City via New Jersey Transit are also available. Wilmington Station can be reached from New Castle County, Dover, Smyrna, and many other locations by the statewide transit services known as DART First State. SEPTA offers discounts for senior citizens over age 65. For information on SEPTA and Blue Diamond routes and schedules, call:

- SEPTA..... 1-215-580-7800
- DART First State ..... 1-800-652-DART

**UNI-CITY – Newark Area**

Uni-City is a transportation service that operates in the University/ Newark area. Buses operate along 3 loops. There is no charge for the service. Handicapped accessible buses available. For more information, call:

- UNI-CITY ..... 831-1187

**WHEELS PROGRAM**

New Castle County Only (outside City of Wilmington)

WHEELS offers transportation to health care appointments for persons over 60 years of age who live within New Castle County, but outside the City limits of Wilmington. In order to qualify, participants must have no other means of transportation to get to physicians, clinics, or other health care facilities throughout New Castle County. Call at least one week in advance of your medical appointment.

- WHEELS ..... 395-5660



# *V*olunteerism

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Most of the agencies listed in this guide welcome volunteers. The following are some volunteer programs for older persons which are not listed elsewhere in the Guide.

## ***FOSTER GRANDPARENT PROGRAM***

The Foster Grandparent Program, administered by DHSS' Division of State Service Centers, provides the opportunity for eligible low-income persons age 60 and above to provide direct services to children and families with special needs.

Participants serve children on a one-to-one basis 20 hours per week in designated institutions, schools, day care programs, and families by pre-arranged agreements. Continuous guidance and training are provided.

Participants receive a monthly stipend, a daily meal, transportation assistance, preservice and annual physical examinations, counseling, and referrals. For more information, call:

### **NEW CASTLE COUNTY**

Carvel Building, Second Floor, 820 French Street  
Wilmington, DE 19801 ..... **577-3808 or 577-3809**

### **KENT COUNTY**

Williams State Service Center, 805 River Road  
Dover, DE 19903-0637 .... **739-4456/4545/4569**

### **SUSSEX COUNTY**

Georgetown State Service Center  
546 S. Bedford St., Georgetown, DE 19947  
**856-5228 or 856-5262 or 856-5822**



## **HOME DELIVERED MEALS**

The statewide Home Delivered Meals Program provides hot, nutritious meals primarily to individuals age 60 and over who are homebound by illness or incapacitating disability. Individuals interested in volunteering to deliver meals may do so by calling one of the projects listed below:

### **WILMINGTON**

#### **City Fare**

1703 W. 10<sup>th</sup> St.  
Wilmington, DE 19805  
**421-3733**

### **NEW CASTLE COUNTY**

#### **Generations Home Care, Inc.**

103 Rogers Road  
Wilmington, DE 19801  
**658-6731**

### **KENT COUNTY**

#### **MANNA**

#### **Modern Maturity Center**

1121 Forrest Avenue  
Dover, DE 19904  
**734-1200**

### **SUSSEX COUNTY**

#### **Sussex County**

#### **Senior Services**

546 S. Bedford Street  
Georgetown, DE 19947  
**856-5187**

#### **Meals-On-Wheels of Lewes & Rehoboth, Inc.**

32409 Lewes  
Georgetown Highway,  
Lewes, DE 19558  
**645-7449**

## **JOINING GENERATIONS**

DHSS' Division of Services for Aging and Adults with Physical Disabilities operates the intergenerational program called Joining Generations. Joining Generations works to stimulate involvement between older Delawareans and youth. Currently, the program is



focusing on the issue of grandparents and relatives raising others' children. "Family Circles", a discussion group program for these relative caregivers, is operating throughout the state. To locate the "Family Circles" program nearest you and to receive the free resource book, "Grandparents Raising and Nurturing Dependent Children", call:

DHSS Division of Services for Aging and Adults with  
Physical Disabilities

New Castle County ..... 255-9390

Statewide Toll Free ..... 1-800-223-9074

**FOSTER GRANDPARENT PROGRAM**

Senior citizens needed to strengthen our communities.  
By assisting children in various programs, you can help  
create strong relationships between the generations.

*Age and income eligibility required. Qualified volunteers will earn a semi-monthly, tax-free stipend, transportation reimbursement, daily meal, on-going support and training, and leave time.*

**New Castle County**  
**255-9688 or**  
**255-9679**

**Kent County**  
**739-4569**

**Sussex County**  
**856-5262**



Division of State Service Centers  
State Office of Volunteerism  
DE Health & Social Services



# NEIGHBOR TO NEIGHBOR

Neighbor to Neighbor is a greater Dover and Milford area service exchange, which enables members to exchange non-medical support services with other members. Exchange services include friendly visiting, telephone reassurance and respite care transportation, light housekeeping and light grocery shopping. The focus of the program is on building relationships by helping neighbors. Since the method of payment is in exchange credits, there is no dollar fee for services.

640 S. State Street  
Dover, DE 19901 ..... 744-7466

21 West Clark Avenue  
Milford, DE 19963 ..... 430-5432

Once, he ran a  
**business.**  
Now, he could use a little company.

***You can help as a Friendly Visitor.***

Looking for a volunteer opportunity that takes just a little time, but offers a big reward? Friendly Visitors visit Delaware seniors who are living in nursing homes. As a Friendly Visitor, you'll be trained in how to be a voice for those who may not be able to speak up for themselves. Most of all, you'll be a friend who will be appreciated and treasured.

If you can open your heart for just a few hours a week, you can be a VIP to someone who knows that in the business of life, nothing is more valued than people who care.

**For information, contact Yvonne Akers,  
(302) 422-1386, Ext. 233, or 1-800-223-9074.  
Or, email her at: [yvonne.akers@state.de.us](mailto:yvonne.akers@state.de.us)**



**Delaware Health  
and Social Services**  
Division of Services for Aging and  
Adults with Physical Disabilities





## ***RETIRED AND SENIOR VOLUNTEER PROGRAM (RSVP)***

The Retired and Senior Volunteer Program is a program which makes volunteering easy and rewarding for anyone over the age of 55. Seniors use their skills and talents, and find volunteer assignments at non-profit agencies and organizations, schools, hospitals, museums, senior centers, and many other sites. RSVP provides all volunteers with insurance, help with transportation, and special recognition. There are no dues, no fees, and no income requirements.

If you would like more information about the hundreds of volunteer opportunities available for seniors, or would like to involve senior volunteers in your organization, call:

### **NEW CASTLE COUNTY**

#### **Holloway Campus**

Debnam Bldg., 1901 N. DuPont Highway  
New Castle, DE 19720 ..... **255-9748**

### **KENT COUNTY**

#### **RSVP**

Modern Maturity Center, 1121 Forrest Avenue  
Dover, DE 19901 ..... **734-1200**

### **SUSSEX COUNTY**

#### **RSVP**

546 S. Bedford Street  
Georgetown, DE 19947 ..... **856-5815**



## ***SERVICE CORPS OF RETIRED EXECUTIVES (SCORE)***

Sponsored by the Small Business Administration, SCORE provides an opportunity for retired persons to lend their expertise to new or existing small businesses. The program links the experience and expertise of retired executives to the needs of small businesses and community organizations.

Retired executives who wish to join SCORE, and managers who could use the services SCORE offers, should contact the Small Business Administration. Counselors are available throughout the state. For more information, call:

**SCORE**

824 Market Street, Suite 610

Wilmington, DE 19801 ..... 573-6552

**The 2004/2005  
Guide to Services for  
Older Delawareans  
is available in**

**Spanish.**

**For a copy,  
call**

**1-800-223-9074.**



**Looking for a  
Lunch that's Good  
for your Heart?**

**Volunteer for  
Meals on Wheels  
Delaware!**

**Call**

**1-800-62-MEALS**

**1-800-62-63257**



***VOLUNTEER Resource Center***

The Volunteer Resource Center matches adults of all ages with community agencies in need of volunteers. Volunteers with almost every type of interest and skill can be “linked” with agencies that can put them to work. For more information about the Volunteer Resource Center, call:

Volunteer Resource Center	
New Castle County .....	255-9748
Kent/Sussex County .....	1-800-815-5465

***VOLUNTEER OMBUDSMAN PROGRAM***

Delaware Health and Social Services’ Long-Term Care Ombudsman volunteers act as friendly visitors and advocates for residents of the state’s long-term care facilities.

All new volunteers receive training and support, transportation reimbursement and ongoing education in the area of aging and long-term care.

Anyone wishing to volunteer 3-5 hours per week assisting residents of long-term care facilities should call a volunteer coordinator at the numbers listed below.

DHHS Division of Services for Aging and Adults with Physical Disabilities .....		1-800-223-9074
Kent and Sussex Counties .....		422-1386
New Castle County .....		255-9390



# Web Sites

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Here is a sampling of some helpful Delaware and national web sites for older persons. The Division of Services for Aging and Adults with Physical Disabilities has its own web site ([www.dssapd.com](http://www.dssapd.com)) with many links to other aging and disability issues sites.

<a href="http://www.aarp.org">www.aarp.org</a> .....	AARP
<a href="http://www.aoa.gov">www.aoa.gov</a> .....	Administration on Aging
<a href="http://www.aidsdelaware.org">www.aidsdelaware.org</a> .....	AIDS Delaware
<a href="http://www.alz.org">www.alz.org</a> .....	Alzheimer's Association
<a href="http://www.alade.org">www.alade.org</a> .....	American Lung Association
<a href="http://www.arthritis.org">www.arthritis.org</a> .....	Arthritis Foundation
<a href="http://www.cancer.org">www.cancer.org</a> .....	American Cancer Society
<a href="http://www.bayhealth.org">www.bayhealth.org</a> .....	Bayhealth Medical Center
<a href="http://www.delmarvablood.org">www.delmarvablood.org</a> .....	Blood Bank of DE
<a href="http://www.contactdelaware.org">www.contactdelaware.org</a> .....	Contact Delaware
<a href="http://www.declasi.org">www.declasi.org</a> .....	Community Legal Aid Society of Delaware
<a href="http://www.contactdelaware.org">www.contactdelaware.org</a> .....	Contact Delaware
<a href="http://www.asel.udel.edu/dati">www.asel.udel.edu/dati</a> .....	Delaware Assistive Technology Initiative
<a href="http://www.delawarenonprofit.org">www.delawarenonprofit.org</a> .....	Delaware Association of Non-Profit Agencies
<a href="http://www.dcgpc.org">www.dcgpc.org</a> .....	Delaware Council on Gambling Problems



## *Web Sites*

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<a href="http://www.delcure.com">www.delcure.com</a> .....	Delaware Curative Workshop
<a href="http://www.dsaapd.com">www.dsaapd.com</a> .....	Delaware Division of Services for Aging and Adults with Physical Disabilities
<a href="http://www.delawarehelpline.org">www.delawarehelpline.org</a> .....	Delaware Helpline
<a href="http://www.delawarehospice.org">www.delawarehospice.org</a> .....	Delaware Hospice
<a href="http://www.delawareseniorolympics.org">www.delawareseniorolympics.org</a> ...	Delaware Senior Olympics
<a href="http://www.dsc.edu">www.dsc.edu</a> .....	Delaware State University
<a href="http://www.dtcc.edu">www.dtcc.edu</a> .....	Delaware Technical and Community College
<a href="http://www.easter-seals.org">www.easter-seals.org</a> .....	Easter Seals
<a href="http://www.diabetes.org">www.diabetes.org</a> .....	American Diabetes Association
<a href="http://www.familyandworkplace.org">www.familyandworkplace.org</a>	Family and Workplace Connection
<a href="http://www.gu.org">www.gu.org</a> .....	Generations United (intergenerational programs)
<a href="http://www.wilmingtonseniorcenter.org/grc">www.wilmingtonsenior center.org/grc</a> .....	Grandparent Resource Center, Wilmington Senior Center
<a href="http://www.inglesidehomes.org">www.inglesidehomes.org</a> .....	Ingleside Homes
<a href="http://www.jccdelaware.org">www.jccdelaware.org</a> .....	Jewish Community Center
<a href="http://www.co-kent.de.us">www.co-kent.de.us</a> .....	Kent County Government
<a href="http://www.delawareontheweb.com/community/associations/clubs">www.delawareontheweb.com/ community/associations/clubs</a> ..	Latin American Community Center
<a href="http://www.mealsonwheelsde.org">www.mealsonwheelsde.org</a> .....	Meals on Wheels Delaware



<a href="http://www.medicare.gov">www.medicare.gov</a> .....	Medicare
<a href="http://www.mhainde.org">www.mhainde.org</a> .....	Mental Health Association of Delaware
<a href="http://www.pumh.org">www.pumh.org</a> .....	Methodist Country House
<a href="http://www.msdelaware.org">www.msdelaware.org</a> .....	Multiple Sclerosis Society of Delaware
<a href="http://www.nfcacares.org">www.nfcacares.org</a> .....	National Family Caregivers Association
<a href="http://www.stroke.org">www.stroke.org</a> .....	National Stroke Association
<a href="http://www.co.new-castle.de.us">www.co.new-castle.de.us</a> .....	New Castle County Government
<a href="http://www.del.net/nsc">www.del.net/nsc</a> .....	Newark Senior Center
<a href="http://www.shhh.org">www.shhh.org</a> .....	Self Help for the Hard of Hearing
<a href="http://www.ssa.gov">www.ssa.gov</a> .....	Social Security Administration
<a href="http://www.state.de.us">www.state.de.us</a> .....	State of Delaware
<a href="http://www.scss.org">www.scss.org</a> .....	Sussex County Senior Services
<a href="http://www.uwde.org">www.uwde.org</a> .....	United Way of Delaware
<a href="http://www.udel.edu">www.udel.edu</a> .....	University of Delaware
<a href="http://www.volunteerway.org">www.volunteerway.org</a> .....	The Volunteer Res. Center
<a href="http://www.wellnessdelaware.org">www.wellnessdelaware.org</a> .....	The Wellness Community
<a href="http://www.vba.va.gov">www.vba.va.gov</a> .....	Veterans benefits
<a href="http://www.westsidehealth.org">www.westsidehealth.org</a> .....	Westside Health Center



# Index

---

1802 West ..... 84

## **A**

AARP Delaware ..... 90, 143  
Absalom Jones Senior Center ..... 56, 156  
Academy of Lifelong Learning ..... 41  
Addictions Coalition of Delaware ..... 128  
ADDUS Health Care ..... 65, 68  
Adopt-A-Family ..... 50  
Adult Day Care ..... 8  
Adult Family Care Homes/Foster Care ..... 83  
Adult Plus + ..... 42, 158  
Adult Protective Services Program ..... 11  
Advance Health Care Directive ..... 104  
Advocacy/Self-Help Groups ..... 127  
Age Well Consulting ..... 28  
AIDS Delaware ..... 163  
Alcoholics Anonymous ..... 127  
Alcoholism Services ..... 128  
Alliance for the Mentally Ill in Delaware (AMID) ..... 163  
Alzheimers Association, Delaware Chapter ..... 12, 154, 163, 142  
American Cancer Society ..... 143, 163  
American Diabetes Association ..... 164  
American Heart Association ..... 144  
American Liver Foundation ..... 145  
American Lung Association of Delaware ..... 145, 164  
American Senior Safety Agency ..... 63  
Amtrak ..... 166  
Appoquinimink Community Library ..... 22  
Arbors at New Castle ..... 132, 152  
Arden Courts Manor Care ..... 13  
Arthritis Foundation ..... 145, 164  
Assisted Living Facilities ..... 13  
Assistive Technology ..... 114

## **B**

Bayada Nurses, Inc. .... 65  
Bayhealth at Kent General Home Health Care ..... 68  
Bayhealth at Milford Memorial Home Health Care ..... 68



Bayhealth at Milford Memorial Hospital .....	121
Baynard Apartments .....	84
Bear Public Library .....	22
Beebe Medical Center .....	121
Beebe Medical Center Home Health Agency .....	71
Better Business Bureau of Delaware, Inc. ....	33
Better Years .....	92
Bnai Brith House .....	56, 85
Books By Mail .....	42
Brandywine Assisted Living at Seaside Pointe .....	19
Brandywine Senior Center .....	56, 157
Brandywine Village Apartments .....	87
Bridgeville Senior Center .....	24, 58, 158
Bridgeville State Service Center .....	109
Brock's Rest Residential Home .....	132

## C

C & D Senior Center .....	56, 157
Cape Henlopen Senior Center .....	109, 158
Capitol Healthcare Services .....	138
Captain's Deck .....	13
CARE Delaware .....	22
Caregiver Support Group .....	164
Carevan of Ingleside Homes, Inc. ....	91
Carleton Court .....	86
Casa San Francisco .....	58
Catholic Charities .....	49, 79, 80
Center for Applied Science and Engineering .....	116
Center for Homeownership (YWCA) .....	81
Center of Hope .....	113
Centro Los Abuelos .....	55, 155
Chancellor Care Center of Delmar, Inc. ....	139
Chandler Heights Apartments .....	87
CHEER .....	58, 60
CHEER Apartments .....	87
CHEER Home Services .....	71, 154
CHEER News and Views Newspaper .....	93
CHEER Transportation .....	166
Chelten Apartments .....	86
Christiana Care Breast Cancer .....	113
Christiana Care Christiana Hospital .....	120
Christiana Care Visiting Nurse Association .....	65, 68, 71, 152, 153
Churchman Village .....	134
City Fare .....	55, 59, 173



# ***Index***

---

City of Dover Department of Community Services .....	76
City of Milford .....	76
City of Newark Planning Department .....	75
City of Wilmington Senior Citizen Coordinator .....	93
Claymont Family Health Services .....	113
Claymore Senior Center .....	55, 155
Cokesbury Village .....	134
Community Development Block Grant Program (CDBG) .....	75
Community Development and Housing Rehabilitation .....	77
Community Housing Inc. ....	81
Community Mental Health Centers .....	128
Community Services Program .....	27
Compassionate Care Hospice .....	65, 70, 71, 164
Compassionate Friends .....	164
Compton Towers .....	56, 84
Congregate Nutrition Program .....	54
Connections CSP Program .....	129
Consumer Credit Counseling Services of Maryland .....	49
CONTACT Delaware, Inc. - Reassurance Program .....	31
Cooperative Extension Services .....	49
Corbit-Calloway Memorial Library .....	22
Cornerstone Senior Center .....	157
Country Rest Home .....	139
Courtland Manor Nursing & Convalescent Home .....	139
Courts of Greenwood .....	87
Craft Shops .....	48
Creative Grandparenting, Inc. ....	145
Crestview .....	84

## **D**

DART First State .....	166
Daybreak Mature Adult Care Center .....	9
De La Warr Senior Center .....	57, 157
DEAF CONTACT .....	146
Debt and Budget Counseling .....	49
Delaware-Maryland Paralyzed Veterans Association .....	147
Delaware Assistive Technology Initiative (DATI) .....	114
Delaware Association of Children of Alcoholics .....	127
Delaware Association of Homes & Services for the Aging .....	146
Delaware Association of Programs for the Aging (DAPA) .....	146
Delaware CarePlan, Inc. ....	52



Delaware Center for Justice Inc. ....	38
Delaware Coalition Against Domestic Violence .....	147
Delaware Commission on Veterans Affairs .....	94
Delaware Community Reinvestment Action Council .....	81
Delaware Council on Gambling Problems, Inc. ....	127
Delaware Crime Stoppers, Inc. ....	38
Delaware Curative Workshop, Inc. ....	117
Delaware Department of Labor .....	45
Delaware Division of Libraries .....	42
Delaware Ecumenical Council .....	31
Delaware Energy Assistance Program .....	79
Delaware Epilepsy Association .....	146
Delaware Healthcare Facilities Association (DHCFA) .....	146
Delaware Helpline .....	96
Delaware Hospice .....	65, 70, 71, 164
Delaware Hospital for the Chronically Ill .....	139
Delaware Housing Coalition .....	74
Delaware Insurance Department .....	126
Delaware Interfaith Coalition on Aging (DICA) .....	146
Delaware Manufactured Housing Association .....	83
Delaware Medicare Fraud Alert .....	126
Delaware Mobile Dentistry .....	114
Delaware Money Management Program .....	52
Delaware Passport to Independence .....	141
Delaware Psychiatric Center .....	134
Delaware Retired Workers, UAW .....	147
Delaware Senior Olympics .....	147
Delaware State Housing Authority .....	77, 82, 87
Delaware State University .....	43
Delaware State Division of Revenue .....	53
Delaware Tech. Dental Clinic .....	113
Delaware Technical and Community College .....	42, 44
Delaware Volunteer Legal Services, Inc. ....	102, 103
Delmar Crossing Apartments .....	88
Delmar Public Library .....	24
Delmarva Rural Ministries Hispanic Outreach Social .....	127
Department of Administrative Services .....	34
Department of Community Development & Housing .....	75
Department of Justice - Victim/Witness Assistance .....	39
Department of Justice Consumer Protection Unit .....	34, 36
Department of Labor .....	45
DHSS Division for the Visually Impaired (DVI) .....	117
DHSS Division of Developmental Disabilities Services .....	118



DHSS Division of Services For Aging and Adults	
with Physical Disabilities .....	11, 28, 83, 90, 94, 104, 106
DHSS Division of Social Services .....	124
Division of Substance Abuse and Mental Health .....	127, 128
Dover Housing Authority .....	82
Downtown MILFORD Revitalization Fund Program .....	77
Dunbarton Village Apartments .....	88

## **E**

Easter Seals Adult Day Care .....	8
Easter Seals Delaware and Maryland's Eastern Shore .....	8, 10, 115
Eastside Senior Center .....	55, 156
Eden Rock .....	9, 14
Elder Health Center .....	118
Eldercare Home HealthCare/Molter Associates, Inc. ....	66
Eldercare Locator .....	96, 97
ELDERinfo .....	126
Elderly Crime Victim Service .....	38
Emergency Response Systems (ERS) .....	63
Emergency/Crisis Intervention Services .....	129
Emily P. Bissell Hospital (DHSS) .....	134
Energy Assistance .....	79
Epilepsy Foundation .....	164
Evergreen Center Alzheimer Day Treatment .....	9, 26
Evergreen Center for Alzheimer Day Treatment II .....	10

## **F**

Financial Assistance .....	81
First Choice Professional Home Health Care, Inc. ....	71
First State Community Action Agency .....	24, 46, 49, 79, 81
First State Senior Center .....	158
FISH of Northern Delaware .....	168
Fixed Route Service .....	167
Food Stamp Program .....	60
Forwood Manor .....	134
Forwood Manor Assisted Living .....	14
Foster Grandparent Program .....	172
Foulk Manor North .....	14, 134
Foulk Manor South .....	14, 134
Fraim Senior Center For Active Adults .....	155
Francis X. Norton Senior Center .....	55



Frazer Place I and II .....	87
Frederica Adult Center .....	158
Friendly Visiting Program .....	30
Friends Life Care at Home .....	64

## G

Gambler's Anonymous .....	127
Gardens at White Chapel .....	14
Generations Home Care, Inc. ....	70, 152, 173
Georgetown Apartments .....	88
Georgetown CHEER Center .....	58, 160
Georgetown CHEER Community Center .....	24
Georgetown State Service Center .....	110
Geriatric Services .....	153, 154
Geriatric Services of Delaware, Inc. ....	31, 66, 138
Gilpin Hall .....	130
Gilpin Hall Adult Day Program .....	8
"Going On After Loss" .....	164
Golden Meadows .....	88
Good Neighbor Energy Fund .....	80
Governor Bacon Health Center (DHSS) .....	136
Governors Advisory Council on Services For Aging .....	94
Graham Senior Center .....	22, 55, 155
Grandparent Resource Center .....	147
Green Meadows at Dover .....	18
Green Valley Terrace .....	139
Greenwood CHEER Center .....	58, 160
Greenwood Elderly Apartments .....	88
Greenwood Public Library .....	24
Group homes .....	89
GULL House (Geriatric Unit for Living and Learning) .....	10, 28, 29

## H

H.O.M.E. (Home Oriented Maintenance for the Elderly) .....	78
Harbor Healthcare & Rehabilitation Center .....	139
Harbor Lights CHEER Center .....	160
Harrington Senior Center .....	57, 158
Harrison House of Georgetown .....	140
Harvest Years Senior Center .....	158
Health Insurance Counseling .....	37 126
Health Screening .....	111
Healthy Aging Outreach Program .....	119
Heartland Hospice of Delaware Valley .....	66
Henrietta Johnson Medical Center .....	113



# Index

---

Heritage at Dover Assisted Living Community .....	19
Heritage at Milford .....	19
Herring Manor .....	85
Hillside House .....	130
Hispanic Outreach Program .....	94
HIV Support Groups .....	164
Hockessin Hills .....	136
Hockessin Public Library .....	23
Holly Square .....	86
Home Builders Association of Delaware .....	34
Home Delivered Meals Program .....	173
Home Equity Conversion .....	81
Home Health Corporation of America .....	66, 70, 72
Home Health Services by TLC .....	66, 70, 72, 152, 153, 154
Home Oriented Maintenance for the Elderly .....	78
Home Owner Assistance .....	79
Home Repair .....	75
Home Weatherization Assistance/Furnace Retrofit Program .....	78
Home-Delivered Meals .....	59, 173
Homemaker and Home Health Care Services .....	61
Hope Medical Clinic .....	114
Housing Discrimination .....	73
Housing Opportunities of Northern Delaware (HOND) .....	74
Housing Options .....	83
Housing Rehabilitation Loan Program (HRLP) .....	77
Howard Weston Senior Center .....	23, 157
HUD Fair Housing Distribution Center .....	74
HUD Information Line .....	81
HUD Veterans Resource Center .....	74
Hudson StateService Center .....	108
Huling Cove and Annex .....	88
Huling Cove Cheer Center .....	24, 58

## I

IHS of Delaware at Kent .....	139
IKOR Quality Care Consultants .....	28
Indian River Senior Center .....	160
Insurance Department .....	37
Intercounty Bus Service .....	167
Interfaith Housing .....	81
Interfaith Volunteer Caregivers .....	31



Interim Health Care .....	67, 71
Internal Revenue Service .....	53

## J

Jeanne Jugan Residence .....	136
Jewish Community Center .....	57, 157
Jimmy Jenkins Senior Center .....	55, 156
Joining Generations: Family Circles .....	164

## K

Kent County ATRC .....	115
Kent County Board of Assessment .....	53
Kent County Department of Planning .....	76, 77
Kent General Hospital .....	121
Kent/Sussex Community Mental Health Center .....	129
Kentmere, Nursing Care Center .....	130
Kenton Senior Center .....	57
Kimmel/Spiller Jewish Healing Center .....	148
Kirkwood Highway Library .....	23
Kutz Home, Inc. ....	136

## L

Latin American Community Center .....	55, 156
Latin American Community Center Development Co. ....	85
Laurel Adult Day Care Program .....	10
Laurel Senior Center .....	24, 58, 110, 160
Laurel Senior Center - Adult Day Care Program .....	10
Leader Nursing and Rehabilitation Center of Pike Creek .....	136
Legal Helplink .....	104
Legal Services Corp. of Delaware .....	104
Leukemia and Lymphoma Society of Delaware .....	148
Lewes Convalescent Center .....	140
Lewes Senior Center .....	160
Liberty Terrace .....	86
Library for the Blind and Physically Handicapped .....	43
Life Force Elderly Services .....	67
"Life Times" .....	164
LifeAlert .....	63
LifeAssure .....	63
Lifecare at Lofland Park .....	140
LifeLine .....	63
Lillian Smith Senior Center .....	109, 158
Lincoln Towers .....	84
Link To Life .....	63



# ***Index***

---

Long Term Care Ombudsman Program .....	106
Lupus Foundation .....	164
Luther Gardens and Annex .....	88
Luther Towers .....	57
Luther Towers I .....	85
Luther Towers II .....	85
Luther Towers of Dover .....	87
Lutheran Community Services .....	49, 78

## **M**

M.O.T. Senior Center .....	57, 109, 157
Main Towers .....	86
Mamie A. Warren Maturity Center .....	158
Mammography of Delaware .....	113
Mancus Foundation .....	148
Manlove Manor .....	86
MANNA .....	57, 60
Manor Care Wilmington Health Services .....	137
Manufactured Housing (Mobile Homes) .....	83
Maplewood Housing for the Elderly .....	85
Marrows Court Apartments .....	86
Mary Campbell Center .....	137
Marydale Retirement Village .....	86
Masonic Home of Delaware, Inc. ....	137
Maxim Healthcare .....	67
MeadowWood Behavioral Health System .....	121
Meals-On-Wheels of Lewes & Rehoboth, Inc. ....	60, 173
Med Alert .....	63
Medicaid Program .....	123
Medicaid Waiver for the Elderly and Disabled .....	124
Medical Adult Day Care .....	10
Medical Society of Delaware .....	118
Medicare .....	122
Medication Information .....	110
Mental Health Mutual Help Support Groups .....	164
Methodist Country House .....	137, 152
Methodist Manor House .....	140
Mid-County Senior Center .....	23, 57, 157
Middletown Trace .....	86, 88
Milford Manor .....	140
Milford Senior Center .....	25, 58, 158



Milford State Service Center Annex .....	109
Millcroft .....	137
Millcroft Assisted Living .....	16
Millsboro Public Library .....	25
Milton Public Library .....	25
Modern Maturity Center .....	24, 31, 46, 48, 158, 173
Modern Maturity Center - Adult Day Care .....	9
Multiple Sclerosis Society .....	148, 165

## N

Nanticoke Indian Elder Center .....	58
Nanticoke Memorial Hospital.....	121
Nanticoke Senior Center.....	25, 160
Narcotics Anonymous .....	128
National Cancer Institute Cancer Information Services.....	148
National Eye Care Project .....	148
National Reverse Mortgage Lenders Association .....	81
Neighbor to Neighbor @ Kent General Hospital.....	175
Neighborhood House, Inc. ....	50, 79, 81
Neighborhood Revitalization Fund Program .....	77
Nemours Clinic Pharmacy .....	110
Nemours Health Clinic .....	108
Neuro Care/Total Care .....	67, 152
New Castle County - Nutrition Program .....	56
New Castle County Assessment Division .....	53
New Castle County Community Mental Health Center .....	128
New Castle County Department of Community Services .....	95
New Castle County Minor Home Repairs Program.....	78
New Castle County Senior Services .....	95
New Castle Senior Center .....	57, 157
New Directions .....	128
Newark Active Day Center .....	9
Newark Housing Authority .....	82, 86
Newark Manor Nursing Home, Inc. ....	137
Newark Senior Center .....	23, 57, 60, 75, 157
Nursing Homes .....	90

## O

Oak Grove Senior Center .....	57, 157
Oak Orchard CHEER Center .....	58, 160
Ocean View Leisure and Resource Center .....	59, 160
Odyssey Health Care .....	67
Office of the Insurance Commissioner .....	37



# *I*ndex

---

Office of the Public Advocate .....	36
Office of the Public Guardian .....	105
Oncology Care Home Health .....	67
Owens Manor .....	87

## **P**

Paratransit Service .....	168
Parkinson's Support Group .....	165
Parkview Apartments .....	56, 85
Parkview Nursing Center .....	130
Partial Hospital Treatment Center .....	129
"Pathways Through Grief" .....	165
Peach Circle Apartments .....	58, 87
Planned Parenthood .....	113
Police Victims Assistance Program .....	39
Pre-Admission Screening Program .....	150
Preferred Health Mate of Delaware .....	68, 152
Prescription Assistance Program .....	110
Prestwyck Apartments .....	85
Property Tax Relief .....	82
Pyle State Service Center .....	110

## **Q**

Quaker Hill Place .....	85
Queen Manor Apartments .....	87

## **R**

R, C and D (Resource Conservation and Development) .....	78
Real Estate & Housing Department .....	75, 77
Red Cross Transportation .....	170
Rehoboth Beach Public Library .....	25
Rent Assisted Housing for Elderly/Handicapped .....	84
Rental Assistance .....	82
Respite Care Financial Assistance Program .....	154
Retired Senior Volunteer Program .....	176
Retirement facilities .....	89
Riverside Extended Care Pavilion .....	132, 153
Riverside Health Care Center .....	8
Rockford Center .....	121
Rockland Place .....	16



Rodney Court Apartments .....	85
Roxana CHEER Center .....	59, 160
RSVP .....	176
 S	
Sacred Heart Village .....	85
Salvation Army .....	80
Salvation Army Senior Center .....	55, 156
SCAT (Senior Citizen Affordable Taxi) .....	170
SCORE .....	177
Screening for Life .....	114
Seaford Center .....	19, 140
Seaford District Library .....	25
Seaford Meadows Apartments .....	88
Section 8 Housing .....	82
Self-Help for the Hard of Hearing of Delaware, Inc. ....	149
Sellers Senior Center .....	57, 157
Senior Adult Day Program .....	8
Senior Centers .....	155
Senior Citizens Legal Assistance Program (SCLAP) .....	37, 102
Senior Community Service Employment Program .....	46
Senior Companion Program .....	24, 30
Senior Employment Services .....	46
Senior Partner, Inc. ....	29
Senior RollCall Lifeline .....	31
SEPTA .....	170
Service Corps of Retired Executives (SCORE) .....	149, 177
Shadygrove II, III .....	88
Shipley Manor Assisted Living .....	18
Shipley Manor Health Center .....	138
Shipley State Service Center .....	110
Silver Lake Estates .....	87
Silver Lake Nursing and Rehabilitation Center .....	139
Sisters on a Mission (For African Americans with breast cancer) .....	149
Slaughter Neck CHEER Center .....	59, 160
Social Security Administration .....	161
SODAT-Delaware, Inc. ....	129
Somerford .....	18
South Coastal Library .....	25
South Wilmington Senior Adult Program .....	56
Special Needs Fund .....	113
St. Anthony's Senior Center .....	23, 55, 156
St. Francis Care Center at Brackenville .....	138



St. Francis HomeHealth Care .....	68
St. Francis Hospital .....	121
St. Francis Skilled Nursing Facility .....	138
St. Patricks Center .....	55, 156
St. Patricks House .....	89
St. Patricks Senior Center .....	156
St. Peters Adult Center .....	55, 156
St. Thomas Senior Center .....	156
State Board of Pharmacy .....	119
State Human Relations Commission .....	74
State Street Assisted Living .....	19
Statewide Association of Tenants .....	74
Statewide Information and Referral Service .....	96
Statewide Transit Information .....	167
Stonegates .....	138
Stroke Club .....	165
Stroke Support Group .....	165
Sunrise Assisted Living of Wilmington .....	18
Sussex County ATRC .....	116
Sussex County CommunityDevelopment & Housing .....	77
Sussex County Community Development Office .....	76
Sussex County Senior Services .....	58, 63, 96
Sussex CountyTreasury Division .....	53

## **T**

Tax Information .....	53
Tel-Med Information .....	120
Telephone Reassurance Program .....	31
Terry Apartments .....	85
The Academy of Lifelong Learning .....	42
The Antonian .....	84
The Family and Workplace Connection .....	29
The Golden Eagle .....	48
The Lawyer Referral Service .....	103
The Lighthouse, Inc. ....	149
The Lorelton .....	16
Thomas J. Herlihy Jr. ....	84
Tilton Terrace .....	132



## U

U.S.D.A. Rural Economic and Community Development .....	76
UNI-CITY Newark Area .....	171
University of Delaware .....	44
University of Delaware Active Day Center .....	9
University of Delaware Cooperative Extension Services .....	43

## V

Veterans Administration .....	120
Veterans Affairs Medical Center .....	121
Villas at Milford Crossing .....	87
Violent Crimes Compensation Board .....	40
VIP's (Visually Impaired Persons) Support Group .....	165
Virginia Crest .....	88
Visiting Friends .....	30
Volunteer Link .....	178
Volunteer Ombudsman Program .....	178

## W

Wellness Community .....	165
West Center City Adult Center .....	56, 156
West Side Health Services .....	113
West St. Manor .....	87
Westminster Village .....	19, 139
WHEELS Program .....	171
Widener University .....	44
Williams State Service Center .....	109
Wilmington Hospital .....	120, 129
Wilmington Hospital Health Dept. ....	113
Wilmington Housing Authority .....	82, 84
Wilmington Housing Authority (WHA) Facilities .....	56
Wilmington Senior Center .....	24, 46, 56, 156
Wilmington Veterans' Center .....	120
Windsor Apartments .....	85
Windsor Place .....	18
Women Veterans' Coordinator .....	120
Women's Resource Center .....	24
Women's Vocational Services .....	47, 48
Woodlea Elderly Apartments .....	57, 86

## Y

Yoder's Care Center .....	140
"You Are Not Alone" .....	165



# Index of Advertisers

---

AARP Delaware .....	143
AstraZeneca .....	2
Arden Courts .....	13
Bayhealth Medical Center .....	112
Better Years .....	41, 92
Blair Catalog Outlet .....	35
Blood Bank .....	108
Blue Cross Blue Shield of Delaware .....	113
Brandywine Assisted Living at Seaside Pointe .....	19
CARE Delaware .....	23, 142, 151, 163
Chandler Funeral Homes .....	33
City Fare .....	54
Comfort Keepers .....	65
Compassionate Care Hospice .....	69
Conectiv .....	4
Delaware Cares .....	175
Delaware Curative .....	117
Delaware Elwyn .....	9
Delaware Health Care Facilities Association .....	130
Delaware Hospice .....	66
Delaware Medicare Fraud Alert .....	34, 123
Delaware Money Management Program .....	51
Delaware Passport to Independence .....	91, 141
Delaware Senior Olympics .....	145
DSAAPD Outreach Program .....	119
Easter Seals .....	115
Eden Rock .....	16
ELDERinfo .....	125
Elder Option Planners .....	28
Family & Workplace Connection .....	93
Foster Grandparent Program .....	47, 174
Franciscan Care Center .....	131
Friends Lifecare at Home .....	64
Gardens at Whitechapel .....	17



Generations Home Care, Inc. ....	Inside Front
Genesise Assisted Living Communities .....	15
Genesis ElderCare Communities .....	132
Gilpin Hall .....	137
Green Valley Pavilion .....	139
Green Valley Terrace .....	140
Green Valley Village .....	20
Griswold Special Care .....	62
Heritage at Dover/Heritage at Milford .....	21
Home Instead Senior Care .....	70
IKOR Incorporated .....	27
Jenner's Pond .....	133
Jewish Family Services .....	68
Joining Generations: Family Circles .....	25, 124, 144
Kentmere Nursing Care Center .....	134
The Kutz Home .....	134
Long Term Care Ombudsman Program .....	Inside Back
The Lorelton .....	16
Luthern Senior Services, Inc. ....	73
Meals on Wheels .....	177
Miracle Ear .....	109
Modern Maturity Center .....	159
Molter Associates, Inc. ....	61
Newark Manor Nursing Center .....	136
Newark Senior Center .....	155
Odyssey Health Care .....	67
Peninsula United Methodist Homes, Inc. ....	135
Quality Insights of Delaware .....	122
Rockland Place .....	20
Screening for Life .....	111
Senior Partner, Inc. ....	50
Senior Social Services .....	71
Somerford .....	21
Spare Hand .....	63
State Street Assisted Living .....	18
Sunrise Senior Living .....	Back Page
Sussex County Senior Services, Inc. (CHEER) .....	72
Windsor Place .....	14





## ***DELAWARE HEALTH AND SOCIAL SERVICES***

**DIVISION OF SERVICES FOR AGING AND  
ADULTS WITH PHYSICAL DISABILITIES**

# **Guide To Services For Older Delawareans**

**2004-2005 Edition**

***Guide to Services for Older Delawareans,***  
the most complete directory of statewide services  
for older citizens, is published by:

Delaware Health and Social Services  
Division of Services for Aging and Adults  
With Physical Disabilities  
1901 N. DuPont Highway  
New Castle, Delaware 19720

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***DELAWARE HEALTH  
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DIVISION OF SERVICES FOR AGING AND  
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## NOTES



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**Wish you had a guardian angel to guide you in long-term care issues?** For nursing home residents and their families an “angel” is always available through the Delaware Long Term Care Ombudsman Program (LTCOP).

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